May 1-31, 2024





Q-Mixers (selected varieties)

25.4 oz



Alden's Organic Ice Cream

(selected varieties)

1.5 qts



Savor the savings on delicious snacks

Perfect Bar Organic Protein Bar (selected varieties)

2.3-2.5 oz



Panda Licorice (selected varieties)

7 oz



Simple Mills **Almond Flour Crackers**

(selected varieties)

4.25 oz



Health-Ade Organic Kombucha (selected varieties)

16 oz

8 oz



Santa Cruz Organic Organic Lemonade (selected varieties)

\$2/\$5

32 oz



Lakewood **Organic Pure Pineapple Juice**

32 oz



Beyond Meat Beyond Burger





Food For Life

(selected varieties)

24 oz





Bubbies Sauerkraut



Annie's **Organic Mac & Cheese** (selected varieties)



Lotus Foods Organic Rice Ramen (selected varieties)

\$429

10 oz



Banza **Chickpea Pasta** (selected varieties)

8 oz

Imagine

Organic Broth

(selected varieties)



Wild Planet Wild Skipjack Tuna (selected varieties)



Ancient Harvest Organic Polenta (selected varieties)

18 oz



32 oz

Bionaturae



5 oz

Westbrae **Organic Lentil Beans**

15 oz



Garden of Eatin' **Taco Shells** (selected varieties)

5.5 oz



Organic Tomato Paste

7 oz





Level up your grilling game with Primal Kitchen®. Our Organic Unsweetened Ketchup and Mayo with Avocado Oil deliver bold, classic flavor without compromise. No gluten, dairy, or artificial sweeteners—just real ingredients that make real food taste better.





Primal Kitchen Organic Ketchup Mayo with Avocado Oil (selected varieties)

Primal Kitchen

(selected varieties)

11.3 oz





6 oz



Rao's Homemade **Pasta Sauce** (selected varieties)



Bachans Japanese Barbecue Sauce (selected varieties)

16-17 oz

San-J **Organic Reduced Sodium Tamari Soy Sauce**

\$499

10 oz



Napa Valley Naturals Organic Extra Virgin Olive Oil

25.4 oz



Spectrum Organic Extra Virgin



Woodstock **Organic Sweet Relish**

Stacy's **Pita Chips** (selected varieties)

7.33 oz



25.4 oz

4.4 oz

SkinnyPop **Popcorn**

Late July Tortilla Chips (Jalapeno Lime & Nacho)

7.8 oz

16 oz



The Good Crisp Company Potato Crisps

(selected varieties)



5.6 oz

≝GRAIN FREE ≥ Tortilla Chips STAIN FREE SCINNAMON CHIPS Segsālt

> Siete **Tortilla Chips** (selected varieties)



5 oz



Siete Grain Free Taco Shells

5.5 oz



Siete is a Mexican-American food brand, rooted in family, that makes delicious products with thoughtfully selected ingredients. Siete shares heritage-inspired favorites like tortilla chips, churro strips, and taco shells for the whole familia to enjoy—because ¡Juntos es Mejor!

Kettle **Potato Chips** (selected varieties)



From The Ground Up **Tortilla Chips**

Milton's **Organic Crackers** (selected varieties)



Crunchmaster **Multi-Seed Crackers** (selected varieties)



gimMe Organic **Organic Roasted Seaweed Snacks** (selected varieties)

.32-.35 oz

Solely **Organic Fruit Jerky** (selected varieties)



.8 oz



Made in Nature Organic Dried Fruit (selected varieties)



Theo **Organic Chocolate Bar** (selected varieties)

3 oz



Chocolove **Chocolate Bar** (selected varieties)

2.9-3.2 oz



3-7 oz

4 oz





INGREDIENTS

4 mandarin oranges, peeled and segmented

2 ounces chocolate

1 ½ teaspoons avocado oil

Flake sea salt

DIRECTIONS

- 1 Place chocolate and avocado oil in a microwave-safe bowl and heat at 30 second intervals until melted, stirring frequently.
- 2 Dip orange segments in melted chocolate and place on parchment paper.
- **3** Sprinkle flake sea salt over chocolate and chill in refrigerator for 10 minutes.



Endangered Species Chocolate Bar (selected varieties)





TCHO Organic Chocolate Bar (selected varieties)





2.5 oz

Bobo's **Oat Bar** (selected varieties)



Newman's Own Sandwich Cremes (selected varieties)



13 oz

nutpods **Dairy-Free Creamer** (selected varieties)

11.2 oz





Dr. Bronner's **Organic Toothpaste** (selected varieties)

5 oz



Dr. Bronner's **Organic Coconut** Oil

14 oz



Dr. Bronner's makes socially and environmentally responsible products of the highest quality, while dedicating profits to help make a better world. We are proud to source Regenerative Organic Certified® ingredients for our Virgin Coconut Oil, the highest standard for climate-friendly farming!





1.6-1.7 oz

Larabar



Once Upon A Farm

(selected varieties)

Organic Baby Food Pouch

8-9 oz



Tate's Bake Shop

(selected varieties)

Cookies



Crofter's Organic Organic Premium Fruit Spread

(selected varieties)

16.5 oz



Friendly Grains Crunchy Rollers (selected varieties)

2.6 oz







3.2-4 oz

San Pellegrino Sparkling Water



Essentia Alkaline Water



OWYN Plant Based Pro-Protein (Chocolate & Vanilla)

12 oz



Vita Coco **Organic Coconut Water**



Harmless Harvest Organic Coconut Water

Aura Bora Herbal Sparkling Water (selected varieties)



DREAM Organic Rice Drink (selected varieties)





32 oz

1 Lt





12 oz

R.W. Knudsen **Organic Just Tart Cherry Juice**

32 oz



WESTSOY Organic Soymilk (selected varieties)



32 oz

16 oz



(selected varieties)

4/12 oz

Reed's

Ginger Brew



Waterloo **Sparkling Water** (selected varieties)



12/12 oz



Zevia **Zero Calorie Soda** (selected varieties)

12 oz



Uncle Matt's Organic Organic Orange Juice

(selected varieties)

52 oz



GT's **Alive Ancient Mushroom Elixir** (select varieties)



Frozen Fruit Yogurt Bark

3 HRS 20 MIN • SERVES 6-8 • VEGETARIAN

INGREDIENTS

18 ounces plain yogurt 2/3 cup honey 1 teaspoon vanilla extract ¼ teaspoon sea salt

6 ounces blackberries, halved

2 large ripe peaches, sliced ½ cup granola ½ teaspoon chia seeds

DIRECTIONS

- 1 Line a small baking sheet with parchment paper and
- 2 In a mixing bowl combine yogurt, honey, and salt; whisk until thoroughly combined.
- **3** Spread mixture evenly into the prepared baking sheet.
- 4 Top with fruit, granola, and chia seeds. Tap pan a few times to set the toppings.
- **5** Freeze for two to three hours, or until firm.
- **6** Cut into pieces and serve. Store in freezer.

De La Calle! **Organic Tepache** (selected varieties)



ALMONDMILK

Wildwonder **Organic Sparkling Drink** (selected varieties)



12 oz

Sown **Oat Creamer** (selected varieties)



32 oz



Califia Farms **Organic Almond Milk**



\$449

Force of Nature

Bison Sausage

Jalapeno Cheddar

48 oz



32 oz



Forager Project Organic Cashewmilk Yogurt (selected varieties)

24 oz



Organic Valley Organic Shredded Cheese

(selected varieties)



10 oz



6 oz



Wildbrine Sauerkraut & Kimchi (selected varieties)





Dr. Praeger's **Veggie Burgers** (selected varieties)



Vital Farms Pasture Raised Large Eggs **Tofurky Plant-Based Deli Slices** (selected varieties)







12 ct

Field Roast Plant-Based Sausages (selected varieties)



Organic Dairy-Free Frozen Pops







8-11 oz

12.95 oz

5.5 oz

GoodPop

Mid-Day Square Chocolate Bar

(selected varieties)



(selected varieties)



(selected varieties)



1.16 oz

4.4 oz







Looking to up your protein intake? How about support for hair, skin, nails, and joints? Garden of Life offers just what you're looking for with clean, nutritious, and delicious protein and collagen choices tailored to your needs.



Garden of Life Grass Fed Collagen Peptides

280 g

Garden of Life

Grass Fed Collagen

Peptides

Garden of Life Organic Creamy Plant Protein with Oatmilk (selected varieties)

860-920 g





Nuun Hydration Sport Hydration Tablets (selected varieties)



Vibrant Health Green Vibrance



Floravital
Iron + Herbs

Aura Cacia Lavender Essential Oil



.5 oz

10 ct

Natural Factors



WellBetX® Berberine 500 mg

60 vcap

RADIUS Floss (selected varieties)

55 yd

DERMA E Vitamin C Concentrated Serum



11.68 oz

Floradix Floravital Iron & Herbs

8.5 oz

Oregon's Wild Harvest Organic Ashwagandha

90 ct

Andalou Naturals Age Defying Resveratrol Q10 Night Repair Cream

1.7 oz

NIGHT REPAIR CREAM

EO **Shower Gel** (selected varieties)

16 oz



JASON Toothpaste (selected varieties)

4.2 oz



Giovanni **Natural Mousse**



7 oz



Ecos Cleaner Spray (selected varieties)



Alaffia EveryDay Coconut Shampoo or Conditioner

everyday

Products with everyday low prices.

Pick up these perfect pairings!



Organic Peanut Butter

16 oz



Organic Preserves (selected varieties)

11-13 oz









Prices may vary by location



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As part of the Independent Natural Food Retailers Association, we're able to provide you with savings on the food you love as well as collaborate to achieve important goals of increasing sustainability and addressing climate change.



