



INTEGRATIVE MEDICINE

CBH Wellness Policy

Termination

Because of the time, scope and nature of the work, the initial contract is for three (3) months of coaching. Thereafter, the work is done on a month-to-month basis. If possible, I ask that you let me know one month in advance if you would like to terminate our work together. Payment made for the current (ending) month will be considered payment in full unless there is an unpaid balance. In the event of fees owed at the time of cancellation, full payment is due.

Confidential

I recognize that in the course of our work, you may give me the following: future plans, health information, financial information, job information, goals, personal information, and other proprietary information. I will not at any time, either directly or indirectly, use any information for my own personal benefit, disclose, or communicate in any manner any information to any third party. I will not divulge that you and I are in a coaching relationship without your permission. I will hold everything that we say and do confidential unless you present a physical danger to yourself or others. In this case, I will inform legal authorities so that protective measures can be taken. In addition, you should know that unlike a physician or a lawyer our confidentiality agreement is not protected by law. Should it ever happen, I cannot claim in court to be unable to divulge the contents of our conversations.

Nature of the relationship

You are aware that the coaching relationship is in no way to be construed as psychological counseling or psychotherapy. In the event that you feel the need for professional therapy, it is your responsibility to seek a licensed professional, or one can be referred to you. Coaching results are not guaranteed, just like any other Professional Service. You enter into coaching with the understanding that you are responsible for creating your own results with my guidance.

ClientWaiver

Simply stated, you understand that I am an Integrative Health Coach. I cannot be held liable for any advice, suggestions or guidance that I provide during our work together. Client has read and agrees to the parameters of the coaching practice which have been outlined on the previous pages:

Client Signature:_____

Date:_____

Coach Signature:_____.

Date:_____