

NEW BEHAVIORAL/MENTAL HEALTH INTAKE

Today's Date: _____

Patient's Name: _____

DOB: _____

1. Who is filling out this form? Self Other _____

2. Please list reason for today's visit: _____

3. Do you have any allergies to medications? No Yes Please describe below if any

4. CURRENT MEDICATIONS:

Please list your current medications:

| | | |
|------------------|-------------|------------------|
| Drug Name: _____ | Dose: _____ | Frequency: _____ |
| Drug Name: _____ | Dose: _____ | Frequency: _____ |
| Drug Name: _____ | Dose: _____ | Frequency: _____ |
| Drug Name: _____ | Dose: _____ | Frequency: _____ |
| Drug Name: _____ | Dose: _____ | Frequency: _____ |

5. Previous Psychiatrist/Therapist:

| | | |
|-------------------|-----------------|------------------|
| Name of Clinician | Address/Phone#: | Treatment Dates: |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

Describe the problems for which you have sought therapy in the past:

Your experience with previous therapy: Positive Neutral Limited Negative

6. Have you ever been hospitalized for psychiatric or substance abuse problems?

No Yes

| | | |
|------------------|---------------|----------------|
| Facility: | Dates: | Reason: |
| _____ | _____ | _____ |
| _____ | _____ | _____ |

7. Do you have a history of suicidal attempts or history of assault? No Yes

If yes, please describe: _____

8. Social/Occupational/Family Functioning

- Your social network: No close friends One close friend Few friends Many friends
- How often do you make contact with your friends? Regularly Occasionally Rarely Never
- Are you currently in a romantic relationship?
 No Yes it is: Generally positive Neutral Problematic

- Are you able to talk to others about the concerns that bring you into therapy?
 No Yes
 - What is your current living situation?
 I live alone I live with others, with whom? _____
 - How do you feel about work/school?
 Pleased Mostly satisfied Mixed Mostly dissatisfied Unhappy
- Any major dissatisfaction with: Work School Other, please explain: _____
- Please describe any hobbies or recreational activities that you enjoy: _____

9. Please circle if you had any of the following in the past 1 week:

- | | | |
|------------------------------|----------------|----------------------|
| Fever | Chills | Fatigue |
| Headaches | Ear problems | Hoarseness |
| Chest pain | Fainting | Irregular heartbeat |
| Heartburn | Vomiting | Abdominal pain |
| Wheezing | Cough | Difficulty breathing |
| Seizures | Dizziness | Stroke |
| Skin rash | Hives | Itchy skin |
| Joint pains | Joint swelling | Joint redness |
| Depression | Anxiety | Insomnia |
| Anemia | Low iron | Blood disorders |
| Other medical problems _____ | | |

10. Please list any previous medical problems: _____

11. Please list any previous surgeries: _____

12. FAMILY HISTORY: List family members who have any of the following:

- Obesity _____
- High Blood Pressure _____
- Sleep Apnea _____
- Diabetes _____
- Heart Disease _____
- Psychiatric Disease _____

13. SOCIAL HISTORY:

Please list if you consume any of the following along with amount:

- Caffeine _____
- Tobacco _____
- Alcoholic Beverages _____
- Recreational Drugs _____

FOR OFFICE USE ONLY

Vitals:

BP: _____ / _____ Pulse: _____ O₂: _____ Ht: _____ Wt: _____

HPI:

Exam:

- General Appearance Normal Abnormal Describe _____
- Mental Status Normal Abnormal Describe _____
- Head Normal Abnormal Describe _____
- Eyes Normal Abnormal Describe _____
- Ears Normal Abnormal Describe _____
- Nose Normal Abnormal Describe _____
- Oropharynx Normal Abnormal Describe _____
- Neck Normal Abnormal Describe _____
- Chest Normal Abnormal Describe _____
- CVS Normal Abnormal Describe _____
- Abdomen Normal Abnormal Describe _____
- Extremities Normal Abnormal Describe _____
- Neuro Normal Abnormal Describe _____

Diagnosis:

Plan:

Physician's Signature: _____ (Anoop Karippot, MD) Date: _____