



Virginia Peer Support Association –VAPSA

“Supporting those who serve”

TRAINING ANNOUNCEMENT

Covid - Mental Wellness Workshops for First Responders - Supporting Each Other through and Beyond the Pandemic

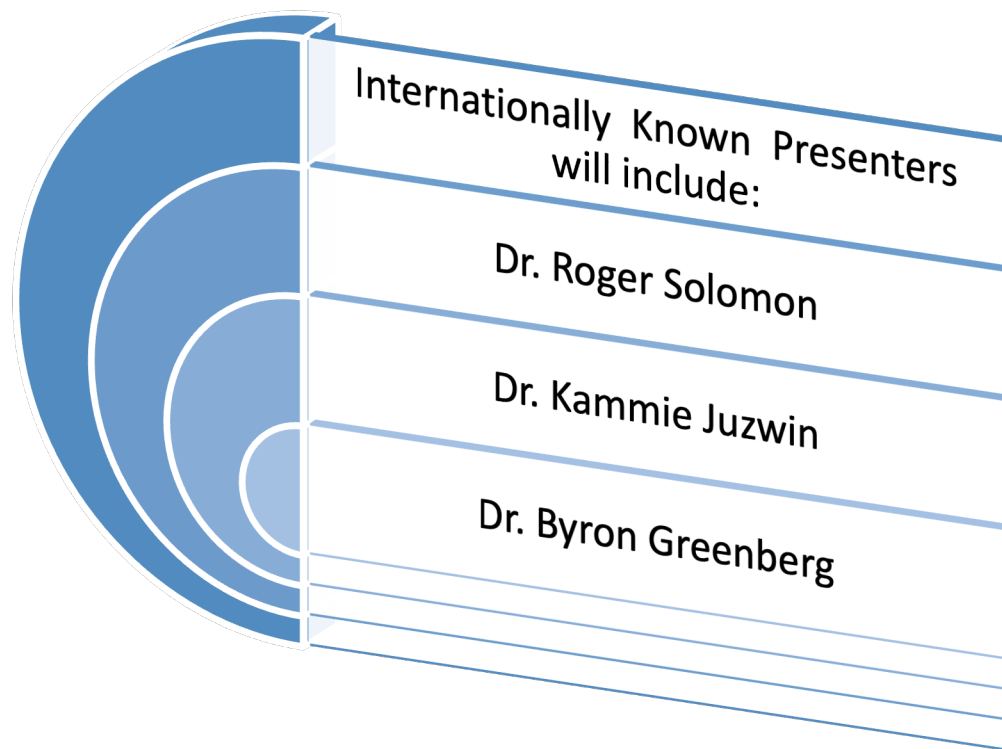
November 15-16, 2022, ~ Richmond, VA

Roslyn Retreat Center

8727 River Rd, Richmond, VA 23229

The Virginia Peer Support Association-VAPSA is excited to announce its upcoming seminar, “Covid Mental Wellness Workshops” made possible by the 2022 DCJS Peer-Supported Coronavirus Emergency Supplemental Funding Grant Award.

When the public finds itself in danger, or hurting they depend on First Responders . When a First Responders professional needs someone to depend on, who do they call? First Responder professionals have all of the daily and famalia stresses of the genreal public while dealing with the post pandemic challenges when called upon by the community. This training is recognized as a highly effective approach to provide assistance to First Responders to help them address the stress and challenges of their honored profession.

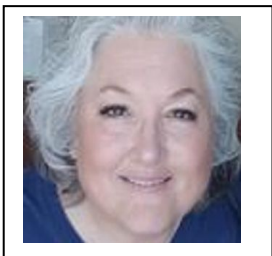


Dr. Roger Solomon is a psychologist and psychotherapist specializing in the areas of trauma and grief. He is on the Senior Faculty of the EMDR (Eye Movement Desensitization and Reprocessing) Institute and provides basic and advanced EMDR training internationally. He currently consults with the US Senate, NASA, and several law

enforcement agencies.

Dr. Solomon has provided clinical services and training to the FBI, Secret Service, U.S. State Department, Diplomatic Security, Bureau of Alcohol, Tobacco, and Firearms, U.S. Department of Justice (U.S. Attorneys), and numerous state and local law enforcement organizations. Internationally, he consults with the Polizia di Stato in Italy. Moreover, Dr. Solomon has planned critical incident programs, provided training for peer support teams, and has provided direct services following such tragedies as Hurricane Katrina, September 11 terrorist attacks, the loss of the Shuttle Columbia, and the Oklahoma City Bombing.

Dr. Solomon has expertise in complex trauma, and collaborates with Onno van der Hart, Ph.D., and others on utilization of EMDR as informed by The Structural Dissociation of the Personality (TDSP). He has authored 42 articles and book chapters pertaining to grief, trauma, complex trauma and dissociation, and law enforcement.



Dr. Juzwin practices clinical and police/public safety psychology. Clinically she focuses on complex self-injury, PTS, PTSD, CPTS & trauma, and complex patient management. She holds professional certification Diplomate as a Police and Public Service Psychologist (SPCP). Forensically, she works extensively with first responders and support personnel, and provides pre-employment psychological and promotional assessment, intervention, and incident/crisis follow-up.



Dr. Greenberg is a licensed clinical psychologist with a specialty in police and emergency services psychology. He began working primarily with law enforcement in late 1994. And worked with over 100 agencies in California, including the FBI, United States Marshall's service and California Highway patrol. During his 4 years in California, he carried a San Bernardino Sheriff's Department Star and was a regular instructor at 4 major Academies. Now he provides support to over 65 agencies in central Virginia offering training, critical incident stress management, counseling and pre hire psychological evaluations through Greenberg & Associates. Holding graduate degrees from the Johns Hopkins University and Loma Linda University, Dr. Greenberg also has an active research program looking at stress, health and performance in law enforcement and emergency services. Dr. Greenberg has provided critical incident debriefings to over 5500 first responders during his tenure. He is the president of the Virginia Peer Support Association; a past board member of the Society for Police and Criminal Psychology and he holds the status of Diplomate in Police Psychology. He is a member of the Editorial Board for the Journal of Police and Criminal Psychology, and he is a past board member of Officer Down.

Topics to be addressed

Mental Wellness workshops/classes to First Responders

How to Support Better Mental Hygiene

Managing personal and work-related stress

Chronic and acute traumatic stress during the pandemic

How to Create Balance

Who should attend?

This training is intended for sworn law enforcement officers, Peer Support Professionals and those interested in a Peer Support Professional or starting a Peer Support Team at their agency.

Cost and Registration

Those who complete the online registration early will have their fees covered by 2022 DCJS PeerSupported Coronavirus Emergency Supplemental Funding Grant Award, pre-registration is required. There are a limited number of attendees due to COVID restrictions.

Register by completing the student registration form below and email it to

seminar@vapeersupport.org



Virginia Peer Support Association –VAPSA

“Supporting those who serve”

STUDENT REGISTRATION FORM

Please complete this form and email it to Seminar@vapeersupport.org

COURSE INFORMATION	
Course Name:	Covid - Mental Wellness Workshops for First Responders
Course Location: <i>(City & State)</i>	Roslyn Retreat Center Richmond Virginia
Course Start Date:	November 15-16, 2022
STUDENT INFORMATION	
Student Name: <i>(As it should appear on your certificate)</i>	
Position Title:	
Organization Name:	
Work Address:	
Work Email Address:	
Contact Number:	
Does your agency have a trained Peer Support Program?	
Are you currently certified as a Peer Supporter?	
If you are not a trained Peer Supporter, are you interested in becoming one?	
ADDITIONAL INFORMATION	
Are you traveling more than 75 miles and in need of lodging?	
Do you require an ADA accommodation? If so, please contact (804) 894-3792	