



# ***Virginia Peer Support Association – VAPSA***

*“Supporting those who serve”*

TRAINING ANNOUNCEMENT

## ***Dealing with Stress in Tumultuous Times***

June 10-11, 2024~ Richmond, VA

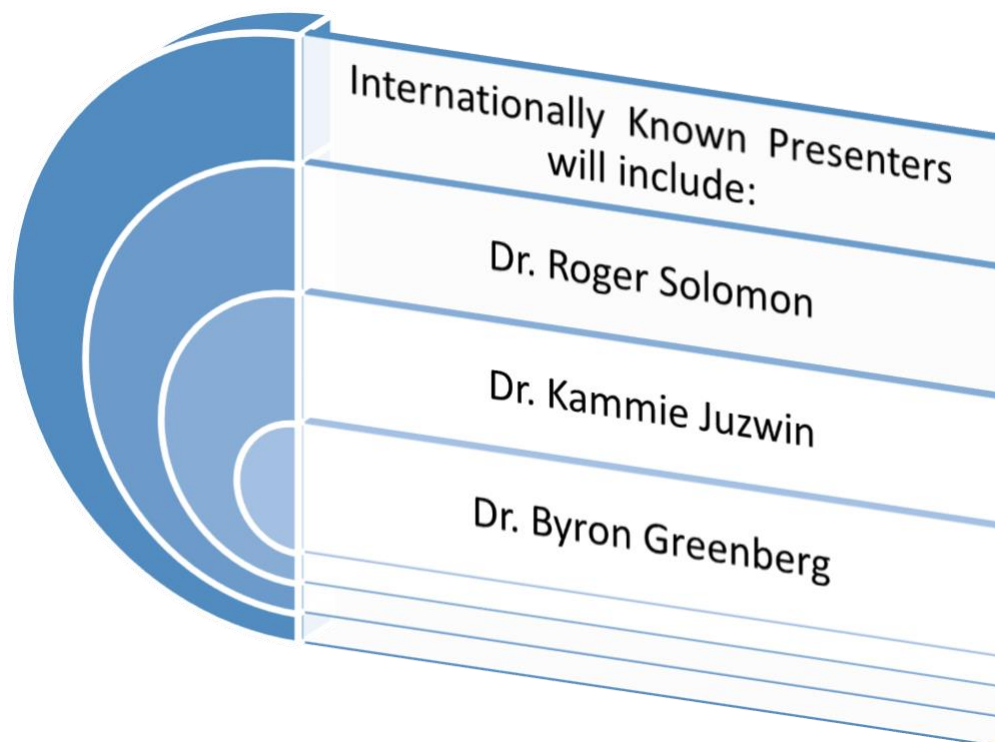
Roslyn Retreat Center



8727 River Rd, Richmond, VA 23229

***The Virginia Peer Support Association-VAPSA is excited to announce its upcoming seminar, “Dealing with Stress in Tumultuous Times” made possible by the 2023 DCJS Peer-Supported Critical Incident Stress Management Grant Award.***

When the public finds itself in danger, or hurting they depend on the police. When a law enforcement professional needs someone to depend on, who do they call? First responder professionals are exposed to considerable daily stress and frequent critical incidents that can result in significant health issues. Peer support programs (PSP) are recognized as a highly effective approach to provide assistance to first responders to help them address the stress and challenges of their honored profession.



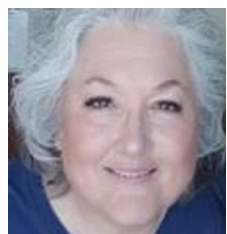


**Dr. Roger Solomon is a psychologist and psychotherapist specializing in the areas of trauma and grief. He is on the Senior Faculty of the EMDR (Eye Movement Desensitization and Reprocessing) Institute and provides basic and advanced EMDR training internationally. He currently consults with the US Senate, NASA, and several law**

**enforcement agencies.**

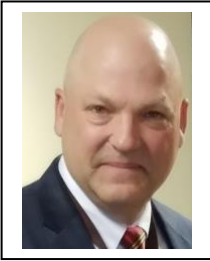
**Dr. Solomon has provided clinical services and training to the FBI, Secret Service, U.S. State Department, Diplomatic Security, Bureau of Alcohol, Tobacco, and Firearms, U.S. Department of Justice (U.S. Attorneys), and numerous state and local law enforcement organizations. Internationally, he consults with the Polizia di Stato in Italy. Moreover, Dr. Solomon has planned critical incident programs, provided training for peer support teams, and has provided direct services following such tragedies as Hurricane Katrina, the September 11 terrorist attacks, the loss of the Shuttle Columbia, and the Oklahoma City Bombing.**

**Dr. Solomon has expertise in complex trauma and collaborates with Onno van der Hart, Ph.D., and others on the utilization of EMDR as informed by The Structural Dissociation of the Personality (TDSP). He has authored 42 articles and book chapters on grief, trauma, complex trauma and dissociation, and law enforcement.**



**Dr. Juzwin practices clinical and police/public safety psychology. Clinically, she focuses on complex self-injury, PTS, PTSD, CPTS & trauma, and complex patient management. She holds professional certification Diplomate as a Police and Public Service Psychologist (SPCP).**

**Forensically, she works extensively with first responders and support personnel and provides pre-employment psychological and promotional assessment, intervention, and incident/crisis follow-up.**



**Dr. Greenberg is a licensed clinical psychologist specializing in police and emergency services psychology. He began working primarily with law enforcement in late 1994. And he has worked with over 100 agencies in California, including the FBI, United States Marshall's service and California Highway patrol. During his four years in California, he carried a San Bernardino Sheriff's Department Star and was a regular instructor at four major Academies. Now, he provides support to over 65 agencies in central Virginia, offering training, critical incident stress management, counseling, and pre-hire psychological evaluations through Greenberg & Associates. Holding graduate degrees from Johns Hopkins University and Loma Linda University, Dr. Greenberg also has an active research program looking at stress, health, and performance in law enforcement and emergency services. Dr. Greenberg has provided critical incident debriefings to over 5500 first responders during his tenure. He is the president of the Virginia Peer Support Association and a past board member of the Society for Police and Criminal Psychology. He holds the status of a Diplomate in Police Psychology. He is a member of the Editorial Board for the Journal of Police and Criminal Psychology and a past board member of Officer Down.**

### Topics to be addressed

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Recognizing and addressing trauma among first responders

Understanding Trauma Responses

Recognizing and Mastering critical incident stress

Overcoming cultural challenges in dealing with stress among first responders

Preparation, Implementation, and Adaptation of Peer Support Programs

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**Who should attend?**

This training is intended for First Responders, Peer Support Professionals, and those interested in becoming a Peer Support Professional or starting a Peer Support Team at their agency.

**Cost and Registration**

Those who complete the online registration early will have their fees covered by the 2023 DCJS Peer-Supported Critical Incident Stress Management Grant Award; pre-registration is required.

Scholarships for lodging and per diem are available for attendees through the 2023 DCJS Peer-Supported Critical Incident Stress Management Grant Award.

Register by completing the student registration form and email it to VAPSA at:

[seminar@vapeersupport.org](mailto:seminar@vapeersupport.org)



Student Registration  
Form .docx