



BUCKETTS WAY Neighbourhood Group Inc.

January 2024 Newsletter



WELCOME TO 2024

We wish you a prosperous 2024 from the BWNG team, and hope you enjoyed the holiday period.

We thank you again for choosing us, the local service provider, and look forward to another year of supporting local people to remain living independently in their home and active in the community.



Behind the scenes: BWNG Ageing and Disability Services Admin Team. Back: Leanne, Rebecca, Tia, Naomi, Kylie, Diane, Brooke, Christine. Seated: Emily, Nicole & Sarah.

CARING FOR THE CARE GIVERS

With high temperatures set to return soon, we ask you to help us look after our Support Workers in the heat.

When receiving assistance from our team in your home, please pop your air conditioning on before they are due to arrive, if you don't already have it operating.

The tasks our Support Workers undertake are often strenuous, and it is easy to overheat when working during summer.

A SUMMER TIP

Here is a quick and easy spot of summer preparation that can help you make sure you don't leave home unprepared.

Put together a 'Summer Kit' in a bag by the door so that you have these things handy when you need to step out:

- Water bottle
- Hat or cap
- Folding umbrella
- Hand towel
- Hand fan
- Sunglasses
- Sunscreen

FROZEN MEALS AVAILABLE FOR PUBLIC HOLIDAY

Meals on Wheels will not be available on Friday 26/01/2024 due to the public holiday for Australia Day.

If you would like to have a frozen meal delivered earlier in the week to cover this day, please call Meals on Wheels Coordinator Leanne before the close of business Wednesday 24/01/2024

Ph: 6558 2454

Our Meals on Wheels service will return to its usual operations from Monday 29/01/2024.

THE FINANCIAL INFORMATION SERVICE

As part of Services Australia, the Financial Information Service (FIS) is a free program providing education and information. The national network of FIS Officers can help people understand their financial situation and build financial capability.

FIS has a focus on working with financially vulnerable people to improve their financial understanding and build financial self-sufficiency.

The services FIS provides are available to everyone, not just those receiving Government payments and services.

FIS operates on the principle that a better understanding of financial affairs gives more choices leading to a better lifestyle both now, and in future.

To find out more about this service call 132 300 and say 'Financial Information Service' when asked why you are calling.

Alternatively, you can scan this QR code with your smart phone to visit the website:





AUSTRALIA DAY IN GLOUCESTER: FRIDAY 26 JANUARY 2024

The local program starts at 8.00 am at Gloucester Showground with a Welcome to Country, thanksgiving prayer, singing of the Australian National Anthem and raising of the flag.

From 8.15 am guests are cordially invited to enjoy a barbecue breakfast provided by the combined efforts of our local CWA, Quota, Lions and Rotary clubs.

At 9.00 am, the formal part of the program will commence with the official welcome from Luke Hester, President of Gloucester's Australia Day Committee.

In addition to the Australia Day Awards presentation, there will be a number of competitions in the Australia Day theme, as well as a raffle and cutting of the Australia Day cake.

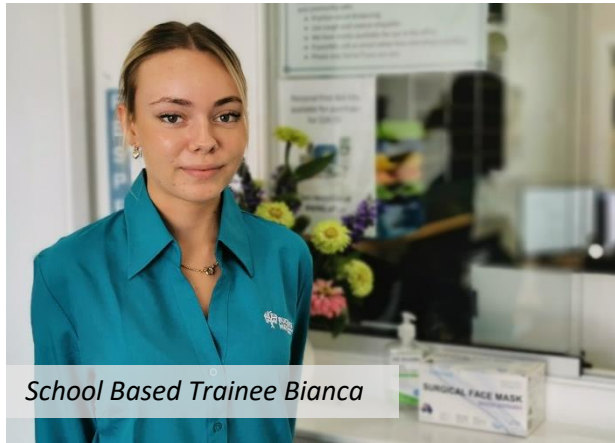
Gloucester's Australia Day Committee encourages everyone to attend this unique breakfast and official program of events to enjoy coming together in a spirit of friendship and community on this special day in our National and local calendar.*

*Information from the local Australia Day website:

www.gloucesteraustraliaday.com/about



BWNG RENEWS COMMITMENT TO THE SBAT PROGRAM



School Based Trainee Bianca

With students commencing the 2024 school year in a couple of weeks, Gloucester High School Student Bianca is getting a head start on year eleven.

Bianca has undertaken a traineeship with BWNG through the School Based Apprenticeship and Traineeship (SBAT) Program.

Through the program, Bianca will earn Certificate III in Business Administration by spending one

school day each week in paid employment with BWNG, which will also count toward her Higher School Certificate (HSC) marks.

This means that at the end of 2025, Bianca will graduate year twelve with a nationally recognised qualification plus on-the-job experience under her belt.

Welcome to the team Bianca!



Meals on Wheels Cook Luke

MEALS ON WHEELS – WELCOME LUKE

We have welcomed a new face to our Meals on Wheels team to assist Chef Naomi with the preparation of our freshly-cooked main courses and homemade desserts.

Although he grew up locally, Luke has recently moved back to the area after several years of living in Melbourne, where he gained valuable experience in the food services industry.

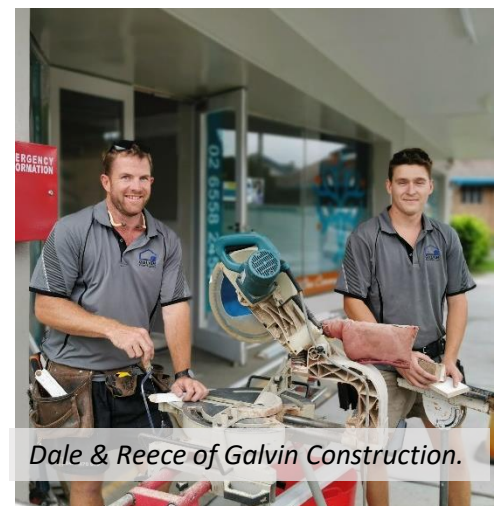
We're pleased to have Luke on board and are especially looking forward to sampling his desserts.

EXPANSION OF OFFICE SPACE

With the ever-increasing demand for our services, BWNG's administrative team has grown substantially over the last five years. The Ageing and Disability Services department alone has more than doubled in that time.

To accommodate the team's growth, we've enlisted local builders Galvin Construction to perform some renovations to our premises, converting more of the building into office space.

We look forward to sharing the results soon.



Dale & Reece of Galvin Construction.

FREE SCAM AWARENESS SESSION AT GLOUCESTER LIBRARY

MidCoast Council Libraries is holding a free Scam Awareness session at Gloucester Library on Tuesday 13 February.

Book now to learn how to recognise and protect yourself against common internet and phone scams from 10.30am to 12pm.

Bookings are essential. Please call the Library to reserve your spot. Ph: 6538 5258