



NORTH CORNWALL

DRAGONS

WHICH GALA SHOULD A NCD SWIMMER ENTER?

Knowing which swimming gala to enter can be really, really confusing. Some are age on day, age at the end of the year...some have upper cut off times (no faster than) and some have no entry times at all. To make it slightly easier Cameron and his team have put the following table together:

SQUAD	LEVEL 4	LEVEL 3	LEVEL 2	LEVEL 1
Club Link	✓	✗	✗	✗
Development	✓	By Invite Only	✗	✗
Intermediate	✓	✓	If Qualified	If Qualified
County	✓	✓	✓	If Qualified
County+	✓	✓	✓	If Qualified
Regional	✓	✓	✓	✓

If you have any questions Cameron, Louise and Charlotte are always happy to answer any questions.

Kate Tamblyn
Secretary
secretary@ncdsc.uk