

# Dance w/ Emerald Lion Alchemy

Celebrating the harmony of “art is wellness” to achieve whole body balance; holistic practices provided through dance and movement, mindfulness and creativity, honoring and reflecting the never ending connection between us and the natural world. Alchemize your inner splendor, shine from your heart and greet the most amazing and cosmic, radiant YOU!

Enjoy a variety of class offerings, schedule listing and fees below. Basic dance wear or clothing that allows for ease-of-movement is highly recommended and some classes will require specific attire and shoes, see below for specifics.

**All classes will be held at the studio space, STUDIO234, located at 234 N 3rd Avenue Sturgeon Bay, WI.**

## Spring/Summer Class Schedule and Fees

### Sundays

**Meditation with Andria Nikoupolis Weliky** 9:00-9:30a food pantry donations accepted

### Mondays

**Adult Ballet Beginning Level** 5:30-6:30p 6 week session Jun 10-Jul 15 \$102

**Adult Ballet Beginning Level** 5:30-6:30p 6 week session Jul 22-Aug 26 \$102

### Tuesdays

**Ballet III** (ages 9 - 12) 10:00-11:00a 8 week session Jun 18 - Aug 6 \$136

**Ballet II** (ages 8-10) 11:15a-12:15p 8 week session Jun 18 - Aug 6 \$136

**Children's Tap III** (ages 10 & up) 1:00-1:50p 8 week session Jun 18 - Aug 6 \$136

**Children's Tap II** (ages 8-12) 2:00-2:50p 8 week session Jun 18 - Aug 6 \$136

**Children's Tap & Ballet I Combination Class** (ages 5-7) 3:00-4:00p

8 week session Jun 18 - Aug 6 \$136

**Adult Belly Dance** 5:30-6:30p 6 week session Apr 30-Jun 4 \$102

**Adult Belly Dance** 5:30-6:30p 6 week session Jun 11-Jul 16 \$102

**Adult Belly Dance** 5:30-6:30p 6 week session Jul 23-Aug 27 \$102

### Wednesdays

**“K-Pop Kidz” Jazz/Hip Hop** (ages 8-12) 1:00-2:00p 8 week session Jun 19 - Aug 7 \$136

**Adult Tap Continuing Level** 5:30-6:30p 6 week session May 1 - Jun 5 \$102

**Adult Tap Beginning Level** 6:45-7:45p 6 week session May 1 - Jun 5 \$102

<b>Adult Tap Continuing Level</b> 5:30-6:30p	6 week session Jun 12 - Jul 17	\$102
<b>Adult Tap Beginning Level</b> 6:45-7:45p	6 week session Jun 12 - Jul 17	\$102
<b>Adult Tap Continuing Level</b> 5:30-6:30p	6 week session Jul 24 - Aug 28	\$102
<b>Adult Tap Beginning Level</b> 6:45-7:45p	6 week session Jul 24 - Aug 28	\$102

**Saturdays**

**Second Saturdays East Coast Swing Lesson and Open Dance Social** \$20 per person, per class

Drop-ins Welcome, based on class availability \$20

**Online dance boutique is now open! Follow the link below to find all your dance class needs!**

**<https://www.shopnimbly.com/emeraldion>**

**Required Attire for Children's Tap, Ballet, and Jazz/Hip Hop Classes:**

Girls: \*leotard (black), \*tights (pink for ballet, black for tap), \*leggings or shorts (for jazz/hip hop) and \*pink leather ballet shoes, \*black tap shoes, \*black jazz shoes

Boys: \*black fitted leggings or shorts, \*fitted t-shirt or tank (white), and \*black ballet shoes, \*black tap shoes, \*black jazz shoes

Hair **must be up and off the face** to reduce distraction and for safety purposes. If your child needs help with hair, I am more than happy to assist BUT ONLY IF the following items are sent in a labeled ziplock baggy: brush, comb, ponytail holders and bobbie pins. Please send along extra bobbie pins.

Please send along a labeled water bottle to class.

Please check with the studio for best fit class placement.

Looking to book a private session or for a class that you don't see listed? Please reach out by email to: [andria@emeraldionalchemy.com](mailto:andria@emeraldionalchemy.com)

Thank you!

Andria  
Emerald Lion