

# 2024 Scardina's Boxing - Gym Schedule

## Monday's

3pm – 6pm - **Open Gym**

6pm – 6:45pm - **Kid's Boxing**

7pm – 7:45pm – **Beginner's Boxing Class**

7:45pm – 8:30pm – **Intermediate Boxing Class**



## Tuesday's

3pm - 6pm - **Open Gym**

6pm – 6:45pm - **Boxing / Fitness Class**

7:pm 7:45pm - **Advanced Boxing Class**

7:45pm – 8:30 / **Open Gym**

## Wednesday's

3pm - 6pm – **Open Gym**

6pm – 7pm - **IU Boxing Club Class**

7pm – 8pm - **Sparring**

## Thursday's

3pm - 5pm / **Open Gym**

5pm – 5:45pm / **Kids Open Gym**

6pm - 6:45pm - **Boxing / Fitness Class**

7pm – 7:45pm – **Competitive Boxing Class**

8pm – 8:45pm – **Open Gym**

## Saturday's

11am 2pm – **Open Gym**