

CACFP Infant Meal Form

Infant's Full Name: _____ Birthdate: _____

Formula Type: _____ (Check components parent supplies below)

Centers / Homes must offer at least one type of iron-fortified infant formula (IFIF) and required foods.
 Parent/guardians may choose to:

- Decline offered formula and supply a different formula or breast milk, expressed or by breastfeeding, on-site.
- Provide their own foods in place of **Center / Home provided foods**
- Parents/guardians cannot be required to provide infant formula or foods.

- Check the appropriate box when the infant is developmentally ready for a component.
- Record and date **Changes/Updates** when a new component is started or changes are made (i.e. infant switches from breastmilk to a center provided IFIF).

Meal Components	Developmentally Ready	Parent Supplies	Changes/Updates	Date	Staff Initials
Breast Milk					
Iron-Fortified Infant Formula IFIF					
Iron-Fortified Infant Cereal					
Meat/Meat Alternate					
Fruit/Vegetable					
Grains					

Notes:

Parent Supplies	Changes/Updates	Date	Staff Initials

Keep this form on file to support the monthly claim.

	BIRTH THROUGH 5 MONTHS	6 THROUGH 11 MONTHS
Breakfast/Lunch/Supper	4-6 fluid ounces breastmilk ¹ or formula ²	6-8 fluid ounces breastmilk ¹ or formula ² ; AND 0-4 tablespoons infant cereal ^{2,3} meat, fish, poultry, whole egg, cooked dry beans, or cooked dry peas; or 0-2 ounces of cheese; or 0-4 ounces (volume) of cottage cheese; or 0-4 ounces or ½ cup of yogurt ⁴ ; or a combination of the above ⁵ ; AND 0-2 tablespoons vegetable or fruit or a combination of both ^{5,6}
	BIRTH THROUGH 5 MONTHS	6 THROUGH 11 MONTHS
Snack	4-6 fluid ounces breastmilk ¹ or formula ²	2-4 fluid ounces breastmilk ¹ or formula ² ; AND 0-½ slice bread ^{3,4} ; or 0-2 crackers ^{3,4} ; or 0-4 tablespoons infant cereal ^{2,3,4} or ready-to-eat breakfast cereal ^{3,4,5,6} ; AND 0-2 tablespoons vegetable or fruit, or a combination of both ^{6,7}

Keep this form on file to support the monthly claim.

Instructions: Complete this form for each infant and update as needed.

Reminders:

Record a meal or snack when:

- **Center / Home** supplies all components
- Parent/guardian supplies only 1 component
 - Expressed breast milk is only component
 - Parent supplies breast milk or IFIF and **Center / Home** provides all other foods

Do not record a meal or snack when:

- Parent/guardian supplies **more than** one component
 - **Center / Home** supplies infant cereal and parent supplies breast milk and fruits
 - **Center / Home** supplies formula and parent supplies all other foods

Remember:

- Only 2 meals and 1 snack OR 1 meal and 2 snacks can be claimed per infant, per day.