

TURNING POINT INC.

RECOVERY HOMES FOR MEN AND
WOMEN WITH ALCOHOL AND
OTHER DRUG PROBLEMS

612 Mornington Avenue
London, Ontario N5Y3G1
Fax: 519-659-9619

WHAT IS TURNING POINT?

Turning Point recovery homes are for men and women who have a desire to remain clean and sober and become responsible members of their community.

Turning Point was established in October 1969 and was incorporated as a non-profit agency on November 16, 1970.

Turning Point has two locations in London:

- Mornington Avenue - female only (8 beds)
- Wharncliffe Road - male only (7 beds)

WHAT DOES TURNING POINT PROVIDE?

Turning Point provides a supportive, home-like residence with individual and group counselling for the residents.

Residents are also made aware of and encouraged to participate in other activities and programs in the community.

A wide range of these services are available throughout the city. Such as:

- AA/NA Meetings
- Family counselling
- Physical/Sexual abuse
- Medical/dental
- Legal services
- Financial assistance

Referrals to any of the above will be made on the resident's behalf.

“ THE WHOLE EXPERIENCE CHANGED MY LIFE, MY PERSPECTIVES, AND MY THINKING. I WANT TO ACTUALLY HAVE A WHOLE REAL LIFE NOW AND WANT TO CHANGE... AND I AM GRATEFUL FOR THIS PLACE. ”

-FEMALE RESIDENT OF TURNING POINT



TURNING POINT

Residents may refer themselves or may be referred by a wide range of community workers in services and agencies such as:

- Treatment Centres
- Withdrawal Management Centres
- AA/NA
- E.A.P. Representatives
- Health care facilities
- Community social services
- Correctional services

Admission to Turning Point is gained on the basis of an interview with the counselling staff.

A three-week trial period is necessary to assess a new resident's motivation to change and their ability to make constructive use of the prescribed program.

Residents will be expected to participate in the program daily from Monday to Friday.

Unless approved by staff, residents will not be allowed to attain employment or schooling for at least one month following admission.

WHAT IS EXPECTED OF A RESIDENT AT TURNING POINT?

Residents should be willing and able to follow direction from the staff and be open to opinions other than their own.

They must be amenable to living in a group environment, sharing house responsibilities, and abiding by house rules and expectations.

WHAT IS EXPECTED OF A RESIDENT AT TURNING POINT? CONTINUED...

Turning Point residents are committed to the following:

- To maintain strict adherence to sobriety - failure to do so will result in immediate dismissal.
- To attend a minimum of six AA/NA meetings per week outside of program hours.
- To participate in the prescribed program activities such as: individual and group counselling sessions; recreational activities; life skills counselling; setting and attaining specific goals as well as sharing in household tasks.
- To be willing to accept outside professional counselling for identified problems such as: physical, sexual abuse; anger management; family counselling; money management; family counselling; social, mental, and emotional disorders.
- To comply with Turning Point's house rules and terms and conditions of residency.

Length of stay varies. Discharge planning will begin once a resident has attained his/her goals and has established a support system in the community.



“ MY EXPERIENCE HAS BEEN ENLIGHTENING. I GET TO FIND OUT WHO I AM. ”

-MALE RESIDENT OF TURNING POINT



WHO DOES TURNING POINT SERVE?

Turning Point serves the residents of London and surrounding area.

HOW IS TURNING POINT FUNDED?

Costs of our operations at the Wharncliffe and Mornington locations are primarily funded by the Ontario Ministry of Health and Long Term Care.

ACCOUNTABILITY

Turning Point's operations are overseen by a Board of up to twelve Directors.

Turning Point has been a member and is compliant with the standards of Addictions Ontario (formerly known as A.D.R.A.O.).

INFORMATION AND REFERRAL

For further information or to make a referral, please contact:

612 Mornington Avenue,
London, Ontario N5Y3G1
Female only: 519-659-2250

225 Wharncliffe Road,
London, Ontario
Male only: 519-439-9034