

Spring Hill *{local}*

SPRING HILL

APRIL 2023



LOCAL ADVENTURE | LOCAL DISCOVERY



FREE SHRED DAY

APRIL 15
10 AM - 2 PM

*DeBerry Insurance Agency
5232 Main Street in Spring Hill*



Make the choice to provide financial security for you and your family. We can personally work with you to find the coverage that is right for you.

**FREE SHRED DAY
APRIL 15**



Auto-Owners INSURANCE

LIFE • HOME • CAR • BUSINESS

Protecting Your Family through the Changes Life Brings. Call, Click or Come by Today.

DeBerryInsurance.com

615.790.8202

5232 Main Street | Spring Hill

ERIC AND CHRIS DEBERRY | OWNERS, PRINCIPAL LICENSED AGENTS



Grogan Jewelers

BY LON



SHY CREATION

FINE JEWELRY

COOL SPRINGS GALLERIA - ACROSS FROM THE APPLE STORE

CARS 'N COFFEE

Saturday, April 22nd | 8:00 to 11:00am



4th Saturday of Every Month

Our Team here at The Goldton at Spring Hill is thrilled to host The Official Cars and Coffee of Spring Hill!

FREE Coffee Bar and Patty's Pastries, as well as local food

OPEN TO THE PUBLIC - FREE ADMISSION

Cars and Coffee of Spring Hill is a group of car enthusiasts in the Spring Hill area that enjoy sharing their love for cars and telling their stories. We have created a family friendly activity within our wonderful city that everyone can participate in and equally enjoy!

Come on out for some great family fun!

**For More Information Please Call:
(931) 345-2506**

3056 Miles Johnson Pkwy, Spring Hill, TN 37174

TheGoldtonAtSpringHill.com



THE GOLDTON
AT SPRING HILL

ASSISTED LIVING | MEMORY CARE

Inside *{local}* April '23



8 FROM HIGH SCHOOL TO BLACKSMITHING

Learning new trade due to Covid boredom



12 LOCAL BUSINESS CELEBRATES 20TH YEAR IN SPRING HILL

Business keeps pace with fast growing community



26 BREATHE EASY

Local company cleans the airways of your home



LOCAL FOCUS SERVICE DIRECTORY 22, 23, 24

Visit our website: springhilllocal.com

ON THE COVER: On Beechcroft Road a 1949 International truck owned by Brad Tatum takes admirers back in time. Photo by Robbie Mathis

ADVERTISING INFORMATION Interested in advertising to over 7,500 homes in Spring Hill? We can promote your business through direct mail delivery and social media promotions. We offer very creative opportunities to local businesses, reach out today for more details. Contact Jeff at 615-828-2542, or email jbryant@wilcolocal.com

Spring Hill Local is published by WilcoLocal Media & Marketing, published twelve times per year, and delivered both online and by postal delivery to over 7,500 homes in the Spring Hill area. Advertising claims are the sole responsibility of the consumer to check the validity and honesty of the offer made by the business. WilcoLocal Media and Spring Hill Local are not responsible for claims made by the business owners. Please submit any questions or comments to jbryant@wilcolocal.com.

For advertising information contact Jeff Bryant at 615-828-2542, or jbryant@wilcolocal.com

ALL THINGS **BASEMENTY!**TM



CRACKED BRICK?



UNEVEN FLOORS?



BOWING WALLS?



SUNKEN CONCRETE?



NASTY CRAWL SPACE?

frontier
FOUNDATION
& CRAWL SPACE *Repair*

FREE ESTIMATES
FINANCING AVAILABLE



SCAN ME!



Judy, Dustin & Layne Gebers
OWNERS

- ✓ Foundation Repairs
- ✓ Concrete Lifting & Leveling
- ✓ Waterproofing
- ✓ Humidity & Mold Control
- ✓ Nasty Crawl Spaces, too!

\$150^{FF}
ANY PROJECT

Not to Exceed 5% of project. Cannot be combined with any other offer. Must be presented at time of inspection. Limitations may apply. Expires 04/30/23.

931-321-2353 | The FrontierLocal.com

"THIS IS OUR PLACE!"

VOTED #1 FOR 10 YEARS

Deeper Faith. Stronger Relationships.
Greater Adventures.

SUMMER DAY CAMP

- Age 5 to Completed Grade 6
- Bus transportation from locations in south Nashville, Franklin, Spring Hill, and Murfreesboro

→ **SAVE \$10 OFF Summer Day Camp**

Promo Code: SPRINGHILL10OFF
Offer valid through April 15, 2023



SUMMER OVERNIGHT CAMP

- Completed Grades 3 to 10

→ **SAVE \$25 OFF Overnight Camp**

Promo Code: SPRINGHILL25OFF
Offer valid through April 15, 2023



CAMP OPEN HOUSE

- Sundays, April 16, May 7
- 2-4 p.m. Come & Go

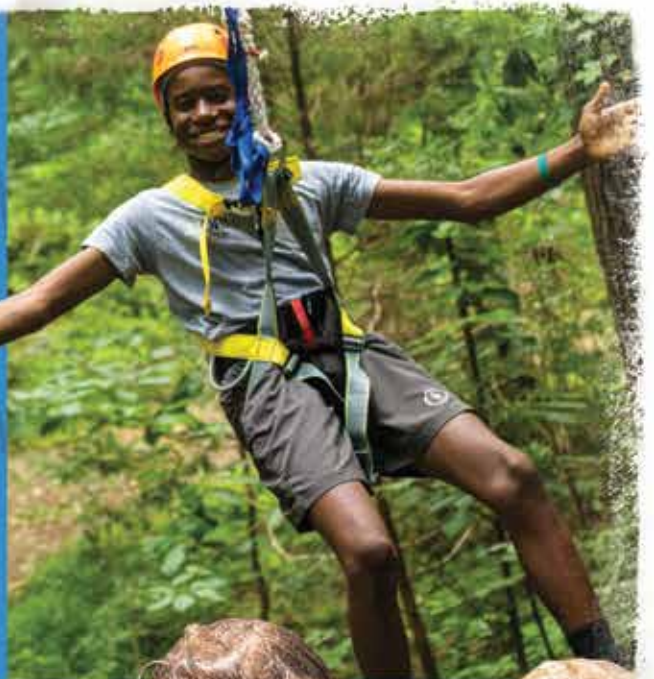


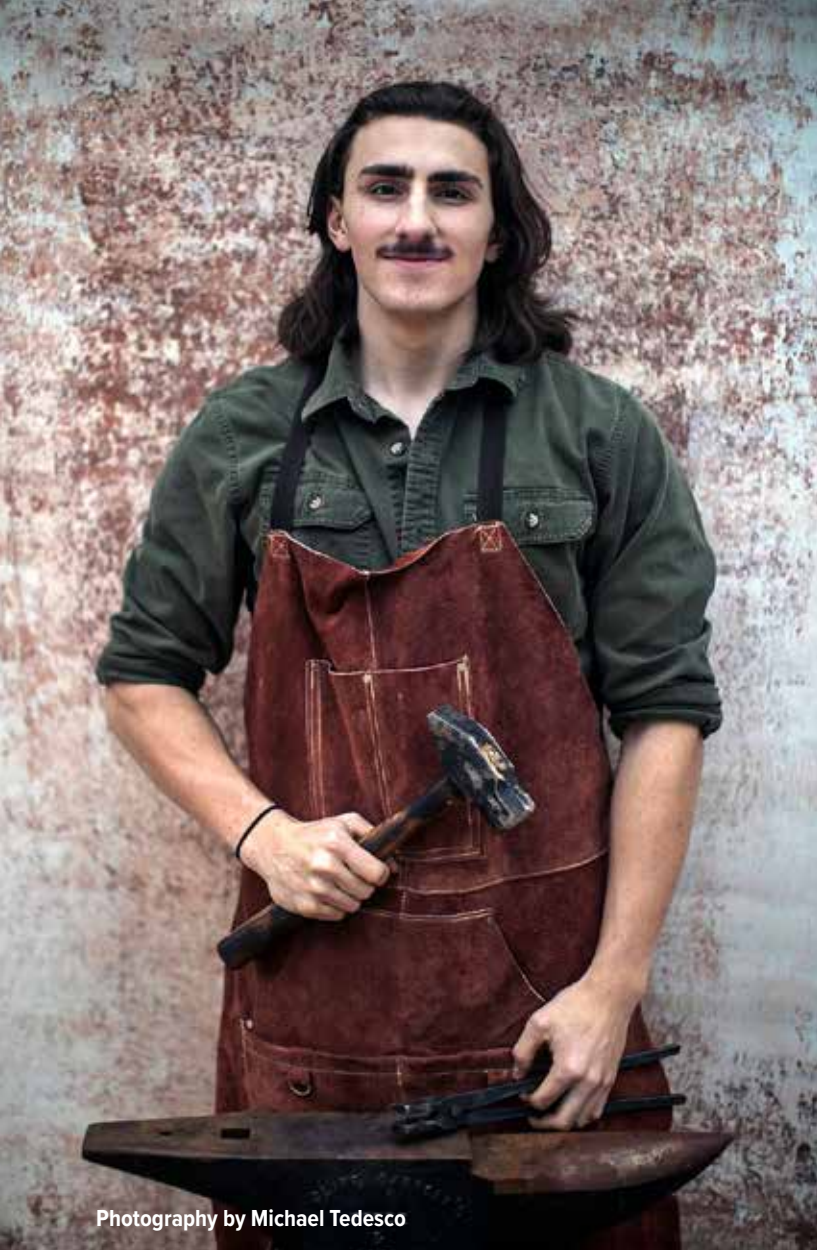
FAMILY DAY 2023

- Sunday, April 16, 2-6 p.m.
- Climbing Tower • Wagon Rides • Family Bingo
- Cornhole • Hiking • Crafts & Much More!



VISIT [DEERRUN.CAMP](https://www.deerrun.camp) FOR INFO
615.794.2918 | 150 private wooded acres located
less than 20 minutes from Spring Hill!





Photography by Michael Tedesco

THAT'S SO METAL

BY JASON ZASKY

Wild Horse Forge has an unusual origin story, as its 17-year-old owner, Will Rochotte, learned how to blacksmith by watching videos on YouTube.

"I got really bored during the COVID lockdown and decided I was going to teach myself a new skill. I kinda learned through trial and error," he says, "and it took me about a year-and-a-half before I felt proficient. At the time, I was still in high school, so I was putting in two or three hours per day about four to five days a week."

Rochotte was so enthused about blacksmithing that he worked extra hours at night to finish high school early. Then, after graduating at 16, he built a workshop and forge in his parents' backyard so he could focus on strengthening his blacksmithing skills.

Now he's selling custom-forged products via wildhorsetn.com,

offering wall hooks, 'S hooks, drive hooks, grilling skewers, pot racks, steak flippers, fire pokers, and forged steel spatulas & ladles, not to mention cowboy copper toothpicks and campfire sets, the latter of which are his favorite products to produce.

When asked what he enjoys about blacksmithing, Rochotte jokes about "playing with fire," before getting serious: "It's a really cool art, and turning a hunk of metal or a rod of metal into something people use in their homes or daily lives is something I feel very accomplished about. It's pretty cool to me."

As for the business's name, Rochotte says it was inspired by the first horse he rode after moving to Tennessee from Arizona, where his brother owns a ranch.

"I loved riding horses in Arizona, and when we moved here about four years ago, that all stopped. Then we made a friend who owns five or six horses, and I rode one, which was a crazy, wild horse," he says.

PAGE 10 >



Winner of Multiple Local & National Awards

*2020 Citizen of the Year: Dr Rob Szeliga | 2020 Best Eyecare Provider Spring Hill & Thompson's Station
2019 Best Healthcare Provider Spring Hill & Thompson's Station | Transitions 2019 US Eyecare Practice of the Year
Coopervision's 2019 Best Practices | Invision Magazine's Honorable Mention 2019 America's Finest Optical Retailers
Review of Optometry's 2019 Office Design Contest Top 3*

5238 Main Street Spring Hill | 931-489-1950 | springhilleyecare.com

LIFE

SHOULDN'T STOP

WHEN YOUR CAR DOES

-  **COMPLIMENTARY SHUTTLE SERVICE**
-  **EXPERIENCED MECHANICS**
-  **KIDS PLAY AREA** **615-392-3376**

PORT ROYAL ROAD - BEHIND BOJANGLES





Photography by Michael Tedesco

< FROM PAGE 8

As for marketing Wild Horse Forge, Rochette has primarily gained exposure via word-of-mouth and arts & crafts shows. He also did a demonstration at the Homestead Festival at Rory Feek's Farm in Columbia, Tenn., which happens to be home to Fleming Metal Fabricators, which is where Rochotte gets his metals.

Notably, at the Homestead Festival, Rochotte met folks who asked him to begin doing demonstrations for home school students.

"I've been having classes from home schools come to my shop, and I teach them all about blacksmithing and the tools I use and how to make certain products," he says. "I'd really like to do more of that and take on apprentices and teach high school students because it's a dying trade. Ultimately, I'd like to teach classes, but that requires a lot of machinery and safety equipment," not to mention a larger shop and many more anvils, tongs,

and hammers."

"It's something I'll have to grow over time," says Rochotte, noting that tools have gotten much more expensive recently, with anvils almost doubling in price in the past year and a half.

In the meantime, he says he hopes to continue growing the business—er, "blow it up," as Rochotte puts it—even as he considers the possibility of going to trade school or adding another new venture.

And what do Will's mom & dad think of Wild Horse Forge? "My parents think it's pretty cool, but my dad wishes I would have gravitated toward woodworking, because that's his family's trade," admits Rochotte. "But my mom loves it."

SHOP WILD HORSE FORGE ONLINE
wildhorseforgetn.com

Counting sheep?

BETTER SLEEP IS WITHIN REACH.

Sleep disorders can take a toll on your health, including increasing your risk for heart attack and stroke. Warning signs of a sleep disorder may include:

- Difficulty falling asleep
- Waking frequently and struggling to return to sleep
- Feeling irritable, tired or having trouble concentrating
- Snoring loudly
- Waking up gasping for breath
- Kicking or jerking while asleep
- Difficulty staying awake while watching TV or reading

Sleep studies assist in diagnosing conditions like sleep apnea, narcolepsy, restless leg syndrome, insomnia and sleepwalking.

Better sleep is within reach with an overnight sleep study at one of Maury Regional Health's state-of-the-art sleep center locations. For those who prefer to remain in the comfort of home, we also offer convenient at-home sleep apnea testing options.

Sleep studies are conducted with a physician's order. Ask your doctor if you could benefit or visit [MauryRegional.com/Sleep](https://www.MauryRegional.com/Sleep) to learn more.



**MAURY REGIONAL
HEALTH**



Columbia | Lawrenceburg | Lewisburg | Waynesboro



Jason Blackstock, The UPS Store owner.
Photography by Robbie Mathis

UPS STORE KEEPS PACE WITH SPRING HILL

BY PAM WINDSOR

This year, Jason Blackstock marks the 20th anniversary of opening The UPS Store business in Spring Hill. He describes the store as offering “a little bit of everything,” which includes shipping, a wide range of printing services, passport photos, notary services, office supplies, mailboxes, and more. He’s seen many changes in the shipping business over the past two decades.

“Due to e-commerce, it’s night and day from where we started to where we are now,” he says. “There was some of it in the beginning, but now you’ve got every company out there that has an online presence and is shipping to you. And then the returns, we do so many returns now.”

As a result, things tend to stay busy, but they get the job done thanks to a solid team.

“My managers’ great; I’ve got great staff,” he says. “I love my

guys to death.”

As the shipping industry has evolved, so, too, has Spring Hill. Blackstock has watched as it go from a small, quiet spot to one of the fastest-growing cities in Tennessee.

“Yeah, in fact, when we opened in 2003, they told us Spring Hill wasn’t big enough for a store. Things have definitely changed.”

He’s enjoyed watching his business grow right along with his community. One positive aspect of owning his UPS franchise has been the daily interaction with customers.

“That’s what I like best. Probably 30 to 40 percent of my business is my regulars. We have people we see every other day or so, others every week or every other week, and then we have a lot of mailbox customers we get to know very well. We don’t go anywhere in Spring Hill that we don’t run into someone we know from the store.”

PAGE 14 >

WELCOME TO THE VIP EXPERIENCE

2023 FULL SEASON PACKAGES AVAILABLE NOW



THE PREMIER ENTERTAINMENT EXPERIENCE SOUTH OF NASHVILLE

Create countless unique and memorable live entertainment experiences with your clients, prospects, family and friends at Williamson County's world class boutique amphitheater.



2023 FIRSTBANK CONCERT CALENDAR

- 4.30 - STEVE MILLER BAND
WITH MAVIS STAPLES
 - 5.03 - BREAKING BENJAMIN
WITH BUSH
 - 5.11 - KENNY LOGGINS
WITH YACHT ROCK REVUE
 - 5.23 - GODSMACK
WITH I PREVAIL
 - 6.06 - DERMOT KENNEDY
 - 6.25 - NOEL GALLAGHER'S HIGH
FLYING BIRDS & GARBAGE
 - 7.13 - DWIGHT YOAKAM
WITH THE MAVERICKS
 - 7.25 - JOHN FOGERTY
 - 7.28 - KIDZ BOP
 - 7.30 - JASON MRAZ
 - 8.25 - GOO GOO DOLLS
WITH O.A.R.
 - 8.31 - THE DOOBIE BROTHERS
 - 9.03 - THE AUSTRALIAN
PINK FLOYD SHOW
 - 9.25 - CHICAGO
- PLUS MANY MORE TO
BE ANNOUNCED

FOR MORE
INFORMATION

✉ danasmaha@livenation.com

🌐 www.firstbankamphitheater.com

SKILLED NURSING ASSISTED LIVING OUTPATIENT REHABILITATION RESPIRE | HOSPICE



We are a skilled nursing, rapid recovery, short-term rehabilitation, and assisted living community with
ALL PRIVATE ROOMS.

Our professional staff provides continuous care to help and encourage our residents to maintain the highest level of independence possible.

931-486-4200
ReserveAtSpringHill.com



THE RESERVE
AT SPRING HILL



2000 RESERVE BLVD. | SPRING HILL



“
**WHEN WE OPENED IN 2003,
THEY TOLD US SPRING HILL
WASN'T BIG ENOUGH FOR A STORE.**
”

Photography by Robbie Mathis

< FROM PAGE 12

That sense of community means a lot to Blackstock. About six years ago, he joined Maury County Fire and Rescue as a volunteer firefighter, which turned out to be extremely rewarding.

“I actually have a neighbor that’s my chief,” he recalls. “And he kept saying, ‘Come try this; you might like it.’ I put him off for a year, but he finally convinced me to just come and check it out.”

It turns out District Chief Peder Jensen was right. Blackstock started off with a beginner support class and has never looked back.

“I had a great group of guys around me that were going through the class, and I thought, I’ll stay and see what happens. I have loved it ever since.”

He says it’s meaningful time well-spent from the brotherhood he shares with his fellow firefighters to the personal satisfaction of

doing something that makes a difference.

“I enjoy hanging out with my other firefighters and knowing they have my back at all times. If you go into a fire, you don’t do it alone; you have people behind you. And I enjoy the satisfaction you get when you’ve done something that saved somebody’s property or helped save someone’s life. It’s a sense of accomplishment in knowing you did something to help someone else.”

He’s grateful to have found a balance and sense of purpose with a full-time job running a successful business that serves the community in one way, and volunteer work that serves it in another.

“It’s all very rewarding,” he says.

See their ad on page 22



Sports Medicine • Spine • Foot & Ankle
Hand & Wrist • Shoulder & Elbow
Joint Replacement • Pain Management

1050 N. James Campbell Blvd Columbia, TN 38401



Jeffrey T. Adams, MD



Randall L. Davidson, Jr, MD



A. Lee Hunter, Jr, MD, MBA



Christopher M. Loftis, MD



Scott W. McCall, MD



Jonathan R. Pettit, MD



Zachary K. Pharr, MD



Erion Qamirani, MD, PhD



W. Cason Shirley, MD



Carson D. Strickland, MD



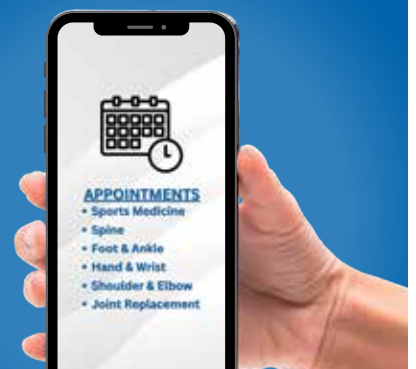
Kenneth T. Sykes, MD, PhD



J. Fredrick Wade, MD

Now Available: Online Appointment Scheduling

Convenient • Confidential
24/7 Digital Access • Available now at mtbj.net





LOVE WHERE YOU WORK!

WE ARE PASSIONATE about the care we offer and the culture of compassion, excellence and teamwork that make us Williamson Health. Our mission is to treat people professionally, with dignity and respect. And we're looking for talented, caring people to help us do just that.

To see our open positions, visit [WilliamsonHealth.org/Careers](https://www.williamsonhealth.org/careers) or scan the code below.



Inspiring generations of memories, gathered around the table.

SUNDAY NIGHT DINNER

a modern day tabletop + giftables shop

tabletop decor
custom dining tables
unique gifts
forever floral

Open Monday-Saturday
10am-5pm

Closed Sunday for dinner
with our families.

www.oursundaynightdinner.com

f @oursundaynightdinner

3015 BELSHIRE VILLAGE DR, STE 118 | SPRING HILL | 931.548.9780



VOTED MAURY COUNTY'S #1 FAMILY ENTERTAINMENT CENTER
& #1 PLACE TO HAVE A BIRTHDAY PARTY

GREAT FOOD AND FULL SERVICE BAR | 32 BOWLING LANES | HUGE ARCADE | LASER TAG | BUMPER CARS | PRIVATE PARTY ROOMS

730 Mooresville Pike, Columbia | 931.381.BOWL | tennpin.com

Imagine your home, totally organized!



Custom Closets, Garage Cabinets
Home Offices, Pantries
Laundries and Hobby Rooms

**40% OFF plus
Free Installation**

40% off National Retail Price on any order of \$1000 or more.
30% off National Retail Price of any order of \$700 or more.
Not valid with any other offer. Free installation with any
complete unit order of \$600 or more. With incoming order,
at time of purchase only. Offer good through 4/30/23


ClosetsbyDesign

Call for a free in home design
consultation and estimate

615-261-8700

www.closetsbydesign.com

Licensed and Insured. Financing Available





A1 PROFESSIONAL TREE SERVICE

We save trees and your money.

Emergency Number 24/7/365

615-982-2265

WWW.A1PROTREES.COM



PLEASE WORK AMERICANS

50
YEARS
EXPERIENCE



100% Customer Satisfaction
You don't pay until you're happy!



NOBODY DOES IT BETTER FOR LESS!

we **save** trees. we **love** trees.

Do **NOT** sign a contract with the other guys until you get our price. **We'll save you money and headaches!** We'll do a professional job with our state-of-the-art equipment.

FREE STUMP GRINDING

WHEN WE REMOVE THE TREE, THE STUMP IS FREE!

Offer Expires 4/30/23

- Senior and Military Discounts
- Fully Insured for Your Protection
- Specialized in Extra Large and Dangerous Trees
- Custom Lot and Lakefront Clearing
- Free Evaluation of the Integrity of Every Tree Before Purchasing a House or Lot

Other companies make you wait - **WHY WAIT?** We make your job priority and guarantee our work.



MODERN ORTHODONTICS OLD-FASHIONED CARE

24/7 ACCESS TO DR. WES

RELAXED ONE-ON-ONE VISITS

HIGH-TECH, CUSTOM
TREATMENTS FOR ALL AGES

NO CRAZY WAITS OR
ASSEMBLY LINE CARE

COMPLIMENTARY
CONSULTATIONS

615.282.5038



Dr. Wes

ORTHODONTICS



DR. WES CHLADNY

4012 O'HALLORN DRIVE, SUITE B, SPRING HILL | drwesortho.com



DARTS ♦ DARTS ♦ DARTS

THANK YOU FOR 17 GREAT YEARS!

LOOKING FORWARD TO MANY, MANY MORE!

**VOTED BEST CHICKEN WINGS
IN WILLIAMSON COUNTY**

10% OFF

With this coupon. Does not include alcohol, taxes and may not be used with any other discount.

2001 CAMPBELL'S STATION PARKWAY | SUITE B-1 | 21 AND UP | BEHIND CHURCH OF THE CITY



Comprehensive Diagnostic & Therapeutic Eye Care

***Experienced Ophthalmologists**

***Specializing in Medicine and Surgery of the Eye**

***Refractive and Cataract Surgery**



Jacob W. Fleenor, MD



Timothy E. Gordon, MD



Ralph F. Hamilton, MD

Creekside Medical Plaza

1050 N. James Campbell Blvd., Suite 100 | Columbia

Call (931) 375-1050 | columbiaeye.net

Serenity Salt Cave

OVER 20,000 POUNDS OF HIMALAYAN SALT
GENERATORS BLOW A FINE SALT IN THE AIR!

This halo therapy has been known to help people with allergies, asthma, COPD, eczema, acne, cystic fibrosis, bronchitis, arthritis, anxiety, stress and so much more!
We now serve **BUBBLE TEA**

APRIL SPECIAL
BUY ONE 45 MINUTE SALT CAVE SESSION AT OUR REGULAR PRICE OF \$30 GET ONE FREE

VALID UNTIL 4/30/23. WITH COUPON. CAN'T BE COMBINED WITH ANY OTHER SPECIALS

THREE LOCATIONS

5004 SPEDALE COURT
SPRING HILL, TN
615.302.0443

7149 NOLENSVILLE RD.
NOLENSVILLE, TN
615.776.2522

2705 OLD FORT PKWY
MURFREESBORO, TN
615.494.9920

serenitysaltcavetn.com

Excellence In Private Christian EDUCATION

— COLUMBIA ACADEMY —

COLUMBIA: PRESCHOOL - 12TH GRADE • SPRING HILL: PRESCHOOL-6TH GRADE



KNOWLEDGE

CONFIDENCE

CHARACTER

CABULLDOGS.ORG



ANIMAL CARE CENTER
of Carters Creek

SAME DAY APPOINTMENTS

for vaccines, check-ups, wellness visits, and bloodwork.

CALL 931-489-9333 TO SCHEDULE

We are pleased to introduce our new veterinarian **Dr. Marina Taylor**. Dr. Taylor is a recent graduate of Lincoln Memorial University and is experienced in general practice as well as surgical duties. She is accepting new patients and looks forward to meeting you and your pet.

Mon.-Fri. 7am-6pm Sat. 8am-1pm | yourpetsnewvet.com
2690 SPRING MEADE BLVD | COLUMBIA (just south of Spring Hill)



REMODELING NEW CONSTRUCTION HOME MAINTENANCE

SMALL AND LARGE PROJECTS



Robenstine Construction

robenstineconstruction1@gmail.com

Rick Robenstine 615-400-5916

THE SPRING HILL HOME & SERVICES DIRECTORY

Parkway Wine & Spirits

CHECK US OUT ON FACEBOOK

GREAT PRICES & GREAT SELECTION

Mon - Thur 9AM-9PM | Fri - Sat 9AM-10PM | Sun 12PM-7PM

Located in the Crossings of Spring Hill Shopping Center next to Cracker Barrel

2026 CROSSINGS CIR | SPRING HILL | 931.451.7118



The Law Office of
STACY S. NEISLER

A Professional Limited Liability Company

Conveniently located in Spring Hill

2011 Wall Street | (615) 302-3300

neislerlaw.com

WILLS
TRUSTS
ESTATES
DIVORCE
ADOPTION

BREAKFAST LUNCH DINNER

DINE IN • TAKE OUT
CATERING!

FAMILY OWNED AND OPERATED BY
FRANK & SASA GEORGALOS



grecianpizzeria.com

2003 WALL STREET
SPRING HILL
615-302-4808



Kay Daugherty
RE/MAX HALL OF FAME
REALTOR, CRS, GRI

RE/MAX

Each Office Independently Owned and Operated

O: 615-614-2226

C: 931-698-5125

kd5159@realtracs.com

License # 223987 • Firm # 262539

4816 Main Street, Suite H • Spring Hill, TN 37174

BUILD YOUR
FOOD
STORAGE
with
HEALTHIER
OPTIONS

Scan QR code to get started!



Savings for the Whole Family

SAVE 25%

Non-GMO, Simple, Clean Food



DIXON

PLUMBING

Bobby Dixon

dixonplumbingco@bellsouth.net

615-591-7006 or 615-385-2334

Fax: 615-591-9316

1746 Lewisburg Pike, Franklin, TN 37064

The UPS Store



- Printing services
- Mailbox services
- Notary services
- Packing services
- Shipping services

5016 Spedale Ct, Spring Hill, TN 37174

615.302.3910 Ph / 615.302.3912 Fax

store4575@theupsstore.com

THE SPRING HILL HOME & SERVICES DIRECTORY

**AUTO | HOME | LIFE | RETIREMENT
MOTORCYCLE | RENTERS
ATV | CONDO | BOAT**



Jaimee Davis
615-392-1107
5226 Main St., Ste. D3-B
Spring Hill
jaimeedavis@allstate.com



Allstate

the BLIND Girls
YOUR WINDOW COVERING EXPERTS!

30% OFF
ALL WINDOW COVERINGS EXCLUDING SHUTTERS

**ADDITIONAL
10% OFF**
AT TIME OF ESTIMATE ONLY. SOME RESTRICTIONS APPLY.
NOT VALID WITH OTHER OFFERS.

FREE IN-HOME CONSULTATION • INSTALLATION INCLUDED

Call 615.887.1823 for FREE In Home Consultation
or email us at theblindgirls@gmail.com

SOUTHERN ELECTRIC

\$25 OFF
NO JOB TOO SMALL. Take Advantage of our Discounts by Visiting www.callsouthernelectrictoday.com
EXPIRES 5/6/23 • Must Present Coupon.

615-261-4800



We Now Offer
FINANCING PLANS
EASY APPLICATION PROCESS | FAST APPROVAL | SIMPLE PROCESS

**LANDSCAPE LIGHTING
RECESS CAN LIGHTING | REMODELING
BREAKER PANEL UPGRADES
CEILING FAN INSTALLATION
LIGHTS & OUTLETS | SPAS & POOLS
NEW CONSTRUCTION**

callsouthernelectrictoday.com

**JOIN OUR MONTHLY
WASH CLUB TODAY!**

greatwhiteexpress.com
931-446-9344
Gift Cards Available!



1075 CROSSINGS CIRCLE | SPRING HILL (behind RaceTrac convenience store)

Beechcroft Automotive
AUTO REPAIR AND SERVICE (931) 486-1983




DAVID and THERESA FITZGERALD OWNERS
5406 MAIN STREET (behind Sonic) SPRING HILL

BEASLEY'S YARD
Making landscapes shine
for over 18 years!

The area's top selection of...

Mulch • Topsoil • Decorative Gravel
Sand • Grow Mix • Compost
Flagstone • Boulders & much more!

DELIVERY AVAILABLE
OPEN MONDAY – SATURDAY
visit our facebook page or website for hours of operation

2580 COLUMBIA HWY. | COLUMBIA
BeasleysYard.com | 931.486.2575

Want to introduce your business to
over 7,000 homes each month?

CONTACT **ROBBIE MATHIS** TO LEARN MORE ABOUT ADVERTISING HERE
rmathis@wilcolocal.com OR 615-243-2690

THE SPRING HILL HOME & SERVICES DIRECTORY

EVERYTHING FOR YOUR GARDEN



LOCALLY GROWN: ANNUALS, PERENNIALS, TREES, SHRUBS, EDIBLES
WE ALSO SELL: TOOLS, MULCH, POTTERY, HOUSE PLANTS

2008 Lewisburg Pike | 615.468.2008
RiverBendNurseries.com

At Lewisburg Pike & Thompson's Station Road East



RESIDENTIAL & COMMERCIAL FENCING

FREE ESTIMATES



931-548-2151
midtnfence.com

Now Hiring

15cent PRESSURE WASHING
RESIDENTIAL AND COMMERCIAL

The Best in Town

931-446-1031
contactus@15centpressurewashing.com
15centpressurewashing.com

Scan QR code to check out website

FAST LANE EXPRESS LUBE SHOP

\$5 OFF FULL SERVICE OIL CHANGE WITH AD
WE DO BRAKES!

LUBE SHOP 615.791.3632 REPAIR SHOP 615.791.3632
4713 TRADER'S WAY | THOMPSONS STATION



NOW ENROLLING FOR '23 - '24 SCHOOL YEAR

SPRING HILL DAY SCHOOL
A PREMIER ACADEMIC PRESCHOOL
WWW.SPRINGHILLDAYSCHOOL.COM

2, 3 or 5 Day Programs Available
18 mos - Pre-K
TN 3 STAR PROGRAM



9:00 AM - 3:00 PM
EXTENDED CARE HOURS 8:00 AM - 4:00 PM

Want to introduce your business to over 7,000 homes each month?

CONTACT **ROBBIE MATHIS** TO LEARN MORE ABOUT ADVERTISING HERE
rmathis@wilcolocal.com
OR 615-243-2690



Hal Landers
OWNER

LANDERS

INSURANCE AGENCY

AUTO | HOME
LIFE | BUSINESS

*Celebrating 20
Years in Business*

931.380.2003

GREAT RATES | GREAT SERVICE



514 N. GARDEN ST. | COLUMBIA

landersinsuranceagency.com

MOLD REMEDIATION

CRAWLSPACE ENCAPSULATION



- ★ **LOCALLY OWNED**
- ★ **COMMERCIAL/RESIDENTIAL**
- ★ **INSURED**
- ★ **FINANCING AVAILABLE**

931-698-3527 | 615-970-8811

mickey@themoldsolution.com

EnvironmentalProtectiveSolutions.com



FARM • HOME • OUTDOORS

LAWN & GARDEN | HARDWARE | LIVESTOCK
 HUNTING/OUTDOOR | PET SUPPLIES
 JEWELRY & ACCESSORIES | AUTO CARE CENTER
 APPAREL & FOOTWEAR | GIFTS | FEED | SEED

TIRE SHOP HOURS M-F 7-5 | SAT 7-NOON



unitedfhcoop.com



MON-SAT 7AM - 6 PM CLOSED SUNDAY | 975 RIVERVIEW LANE | COLUMBIA | 931.388.0714

“

**AT LEAST 50%
OF THE AIR IN
YOUR HOUSE,
COMES
FROM YOUR
CRAWLSPACE**

”



Photography by Michael Tedesco

CREATING THE HEALTHIEST HOME ENVIRONMENT

PAM WINDSOR

Tim Finlan began working at The Clean Air Company eight years ago, drawn to the company's dedication to professionalism and quality service.

After more than a decade in home improvement, it matched his belief in "doing the right thing by the homeowner." He's now the owner of The Clean Air Company and is building upon its strong reputation.

In addition to holding professional certifications, Finlan is certified through the IICRC (Institute of Inspection, Cleaning, and Restoration) for water restoration and microbial growth; he's also added state-of-the-art equipment.

"We've recently upgraded equipment with better vapor barriers, dehumidifiers, and sump pumps. We want to be the best out there in what we're doing."

The Clean Air Company improves air quality in the home. Services include crawl space repair, air duct cleaning, mold abate-

ment, installation of dehumidifiers and sump pumps, and clearing of dryer vents.

Much of the focus centers on crawl spaces which can be critical to the quality of airflow.

"At least 50 percent of the air in your house comes from your crawl space," Finlan says. "So, if the environment in that crawl space is dangerous, with mold growth or radon, you're breathing that - up in the house."

Middle Tennessee sees more than its share of issues due to the weather. Nate Reed, Project Manager for The Clean Air Company, explains why.

"During the middle of summer, we've got 90-plus degree heat, 90-percent relative humidity, and that air is moving through vents into the crawl space and hitting cooler air that's 70 degrees. So, just like a cold glass of water sitting on your table, that moisture condenses on the outside of the glass, and that's what happens in your crawl space. That moist air condenses all over the wood and ductwork, and that's what drives mold problems."

PAGE 28 >

RED IN THE FACE?



You may be experiencing rosacea, a chronic inflammatory condition that affects up to 10% of the population. At Harpeth Valley Dermatology, no matter what type of rosacea you are experiencing, we offer multiple safe and highly effective ways to manage your condition. We cater our management towards your preferences with options including various medicated creams, cleansers, oral medications, and long lasting laser procedures.

Above all else, the dermatologists at Harpeth Valley Dermatology emphasize a holistic approach focused on identifying your specific rosacea trigger(s) and finding preventative solutions to achieve long term success.

If you are experiencing any symptoms of rosacea and desire an effective and proactive means towards managing your condition, do not hesitate to give us a call today. We will find the right treatment options for you and help regain your confidence!

To learn more, please contact us at **615-905-8083** and follow us on **Facebook** and **Instagram**.

For more information, please go to harpethvalleydermatology.com or call us at **615-905-8083**.



SCAN ME



Dr. Benjamin Bashline



Dr. Megan Morrison



Dr. Pezhman Shoureshi



Harpeth Valley
DERMATOLOGY

990 ELLISTON WAY | SUITE 101 | THOMPSON'S STATION



Photography by Michael Tedesco

< FROM PAGE 26

Since crawl space repair can be costly, Finlan says people are often tempted to choose someone less-than-professional to tackle the job.

“There’s what I call ‘Chuck in a truck,’ who is someone who may have worked for a crawl space company for a while and says, I can do this on my own, instead of letting a professional with certifications do it. But if not done right, it can make things worse. Closing off any air movement from the outside can make it more like a petri dish and not only increase long-term damage, but speed it up.”

The company offers free, no-obligation inspections and provides photos with their recommendations, if they find anything.

“I’ve been in the industry for a long time,” says Reed, “and I’ve found some of our competitors and other contractors have a set of solutions or products they are trying to fit with your problem as a homeowner. We’re looking at things differently. We’re identifying the problem and coming up with a solution customized to the house.”

As part of their goal to create the healthiest home environment possible, they offer chemical-free mold remediation and use other safe, naturally grown products.

Their approach to taking care of the customer ties in with what’s done internally, where Finlan works to honor each of his employees and their unique family situations.

“My wife and I have a son that has Down’s syndrome,” he says. “He’s 33 years old, and I’ve been blessed with places I’ve worked that understand I might need more time off than the average Joe for doctor visits or whatever else. And that’s something I’ve always offered my guys, too.”

Finlan’s philosophy of looking out for both customers and employees, and providing exceptional service, has his company on a track for continued positive growth.

See their ad on page 32, or visit thecleanairco.com/ or call (615) 758-3717.



Ole South

Tennessee's Favorite
Home Builder



**Nashville, Murfreesboro, Fairview, Gallatin,
Pleasant View, Spring Hill, Smyrna, Shelbyville**

**\$99 Contract
Deposits
\$99 Total
Closing Costs**

BRANDON WOODS FROM THE \$300'S

4-SIDED BRICK HOMES!

*Visit our model home at
162 Brandon Woods Drive
Spring Hill, TN 37174*

**CONTACT OUR SALES TEAM FOR
MORE DETAILS!
615-219-5744**

615-219-5644 | OleSouth.com | Sales@OleSouth.com 

Offered by Ole South Realty, 615-896-0019, Firm ID 00256584, Principal Broker Trey Lewis ID #00275803. *\$99 contract deposits and \$99 closing costs subject to credit approval and owner occupancy using preferred lender. Offer for a limited time. Ole South is offering over 200 market homes in over 20 locations for sale with \$99 contract deposits and \$99 total closing costs.* Down payment programs available for first time home buyers.



Beat the Rush Call Today for a FREE ESTIMATE

Jason E. Daugherty
Owner/Landscape Designer

**LANDSCAPING / COMMERCIAL & RESIDENTIAL
DESIGN • POOL DESIGN • OUTDOOR LIGHTING
OUTDOOR FIREPLACES & KITCHENS
IRRIGATION • PATIOS & SIDEWALKS
BOBCAT & DIRTWORK • LAWN INSTALLATION
RETAINING WALLS • LANDSCAPE MAINTENANCE
ANNUAL MAINTENANCE CONTRACTS**

931-840-0030

BearCreekLandscapes@gmail.com | BearCreekLandscapes.com

716 WEST 11TH STREET | COLUMBIA





UNITED AUTO WORKERS LOCAL 1853

*Building the Middle Class Through
Improved Wages and Benefits Since 1936*

THE BODY SHOP ATHLETIC CLUB

The club has the latest equipment with group exercise classes, personal trainers, tanning and childcare. For more information please call 931-486-2545 to speak with a expert.

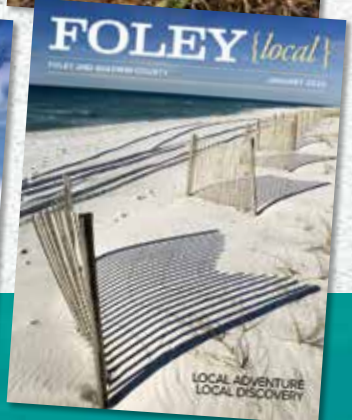
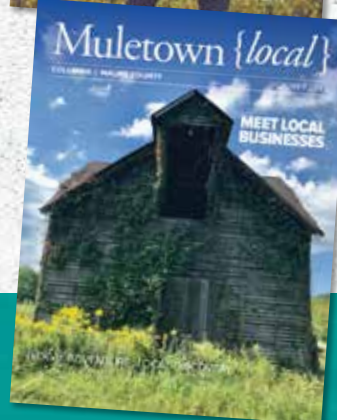


125 STEPHEN P. YOKICH IN SPRING HILL AT UAW LOCAL 1853 UNION HALL

WE ARE EXPANDING!



New community magazines are coming soon!
Local Adventure Local Discovery | jbryant@wilcolocal.com



GET YOUR
BACKYARD
READY FOR

SPRING

WITH A SCREEN ROOM, SUNROOM OR PATIO COVER



EQUINOX
LOUVERED ROOF

Operable Louvered Roofs - Opens and Closes with the Touch of a Remote



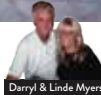
Custom Screen Rooms



Custom Open Roof with
Magna Track Power Screens



Come see us at **PADDY O'**
furniture 4101 Sidco Drive, Nashville, TN 37204



CALL TODAY FOR YOUR FREE ESTIMATE!

615-736-9626

MRENCLOSURE.COM



Recipient for
Excellence
in Business
2014 - 2023



National
2017 Winner
for Remodeling
Excellence



House and
Home Magazine
Award Winner
Since 2015



PRSTD STD
U.S. POSTAGE
PAID
FRANKLIN, TN
#357

ECRWSS
Local Customer

**EVERYONE DESERVES
A CLEANER, SAFER,
HEALTHIER HOME AND
WE CAN HELP**



AIR DUCT CLEANING | CRAWL SPACE SERVICES | SAFE MOLD CLEAN UP



The Clean Air Co. LLC

615-758-3717
TheCleanAirCo.com



ACCREDITED
BUSINESS



SERVICING MIDDLE TENN. SINCE 2004