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ON THE COVER: The Maury County volunteer firefighters are growing with the community. Learn more about this organization of concerned citizens on page 14. Photo by Michael Tedesco.

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WHIT'S FROZEN CUSTARD

The Spring Hill Chamber celebrated the opening of Whit's Frozen Custard with a ribbon cutting ceremony. Learn more about Whit's Frozen Custard at www.whitscustard.com.



THE MORTGAGE DOCTOR

The Spring Hill Chamber hosted The Mortgage Doctor at the Welcome Center for their ribbon cutting ceremony. Learn more about their services at www.themtgd.com.



FAXON'S HATCHET HOUSE

The Spring Hill Chamber celebrated the opening of Faxon's Hatchet House with a ribbon cutting ceremony. Learn more and reserve a lane or group at www.faxonax.com.



SUMMIT WELCOMES NEW COACH

Summit High School welcomes Hal Murrell, he is the new head coach for the girls basketball team for the 2023-2024 season. Murrell brings 30 years of coaching experience.



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UAW LOCAL 1853 WOMEN'S COMMITTEE GIVES BACK TO MAURY COUNTY SCHOOLS

Since the COVID-19 pandemic struck, the Women's Committee at UAW Local 1853 has had a rough time being able to raise money for their school supplies program. This year all of that changed however, as the Women's Committee was gifted over 27 pallets of school supplies (valued over \$130,000)!

Due to these generous donations, we were able to give these supplies to over 6000+ students (14 different schools and including several Special Needs Teachers).

Every student in Maury County schools from grades pre-K thru 4th grade will start the year with an eight pack of pencils, spiral notebook, filler paper, a composition book, box of crayons, and portfolios. Each teachers received pens, highlighters, and sharpies.

The art teachers received color pencils, color markers, scissors, and glue.

They also donated a van full of supplies to Maury County Boys and Girls Club and The Catholic Charity of Maury County received a car and truck load.

Thanks to Cathy Busbee for playing a big role getting these items gifted to Local 1853 Women's Committee.



BIKING FOR A CAUSE

The Reserve of Spring Hill hosted the 2023 BIKE4ALZ team as they passed through middle Tennessee. Local cyclists Callan Jones and Ryan Spsychalski are a part of the group who started their journey on May 20 in San Francisco and finished up in Virginia Beach, Va. on July 28. BIKE4ALZ has one goal: to end Alzheimer's Disease by bringing awareness and raising funds for research.

Local cyclists L to R Callan Jones and Ryan Spsychalski





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MAURY REGIONAL HEALTH LAUNCHES A \$115 MILLION FACILITY IMPROVEMENT PLAN

Maury Regional Health is launching an extensive \$115 million facility improvement plan to enhance patient care and experience, according to CEO Martin Chaney, MD.

“This will be the first major construction project at Maury Regional Medical Center in approximately 20 years to enhance the patient experience and expand access to care,” said Dr. Chaney. “As more patients continue to choose Maury Regional Health for their care, we are recruiting physicians to support growing service lines, offering additional services and expanding our facilities to meet the changing needs of our community.”

The facility improvement plan for the Maury Regional Medi-

cal Center campus will include the addition of two new floors to the patient tower with the seventh floor being completed for high acuity patient care and the eighth shelled for future expansion. The Emergency Department will be fully renovated and expanded with 10 additional treatment areas for a total of 48. The medical center will also complete renovations in the main inpatient surgical unit and add at least four new outpatient surgical suites in the Pavilion along with a new central sterile processing department. The childbirth floor will expand, adding three post-delivery patient rooms and one delivery room to accommodate a growing num-

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“THIS WILL BE THE FIRST MAJOR CONSTRUCTION PROJECT AT MAURY REGIONAL MEDICAL CENTER IN APPROXIMATELY 20 YEARS”

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< FROM PAGE 10

ber of births. The cafeteria on the ground floor and café on the first floor will undergo full renovations. Exterior upgrades will be completed to modernize the façade and create a new drive-through lane separating traffic from the drop-off area at the main entrance to enhance safety. The Heart Center, which recently upgraded two cardiac catheterization labs, will have expanded procedural areas following the relocation of cardiac rehabilitation to a more accessible area on campus. New color palettes and finishes will be mirrored in public spaces throughout the project timeline. Maury Regional Health will also establish a health park in Lawrenceburg to provide primary care and a physician specialist clinic.

Maury Regional Health has selected Wold Architects & Engi-

neers as the design firm. Wold is a full-service design firm focused on sustainable architecture and engineering for education, government, health care and senior living communities.

Funding for these projects will be obtained through a variety of sources, including a bond issuance, an energy-as-a-service agreement, a state grant and vendor partnerships.

“On December 16, 1953, Maury Regional Health opened its doors and admitted our first patient.” Dr. Chaney said. “For the past 70 years, we have welcomed generations of newborns and provided life-saving care to patients. As we embark on this renovation and expansion plan, we strengthen our commitment to provide clinical excellence and compassionate care to our region for decades to come.”

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Photography by Michael Tedesco.

EXPANDING TO MEET THE NEEDS OF FAST-GROWING COMMUNITIES

BY JASON ZASKY

“It’s an awesome place to be,” begins Savannah Maddison, a volunteer firefighter, and public information officer for the Maury County Volunteer Fire Department, which services over 100,000 homes and more than 600 square miles via its 12 — going on 13 — fire stations.

For her part, Maddison responds to calls from Carter’s Creek Station (Station No. 12), the department’s newest — a 7,232-square-foot fire hall located at 1180 Carters Creek Pike in Columbia.

Yet at first, she was unsure whether she could meet all the challenges presented by the three-month-long recruit academy.

“We have to do extensive weight training and technique training to operate these incredibly heavy, high-pressure fire hoses, and that was tough for me,” she recalls. “At first, I was getting knocked over, and it was difficult, but the recruitment and training staff at Maury County Fire were very supportive and taught me

techniques that would work for me. I actually graduated at the top of my class. That was a huge surprise but also a huge blessing.”

Along the way, Maddison says she “fell in love with helping people” and has since gone on to obtain medical certifications, even as she has used her background in media and social media to double as the department’s public information officer.

Now she’s one of more than 100 firefighters who work to respond to an ever-increasing number of emergency calls across the county, primarily medical calls and motor vehicle accidents, but also structure fires and industrial accidents.

“Our population is growing so rapidly, and that makes emergencies more common,” offers Maddison, which helps explain why Maury County Fire is currently building out a 13th fire station, one that will be located at 4126 Hampshire Pike and is likely to be completed before the end of 2023.

Plans for the facility include a wood-framed, two-story fire house and a pre-engineered metal building to serve as a four-door bay for the fire engine and other resources. The building will also

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Photography by Michael Tedesco.

< FROM PAGE 14

include two bunk rooms, two baths, a kitchen, training room, office, laundry room and storage area.

Meanwhile, back at Carter's Creek Station, the volunteers not only respond to emergencies, the fire station also serves as a de facto community center, hosting everything from fundraisers to girl scout meetings.

"Our most recent fundraiser was our mulch sale, and that was super successful. We also have a shrimp boil coming up in October," says Maddison, "and on Sept. 10, 2023, there will be a 5K heroes run at Maury County Park, which will serve as a fundraiser for the department but also a day of remembrance for the firefighters who lost their lives on 9/11.

That said, Maddison also corresponds with media about fires and other emergency calls, including the time last summer when Maury County Fire helped deliver a baby in the parking lot of the Stiversville Church of Christ in Culleoka. She also visits schools to talk to kids about fire safety and to illustrate how they can become firefighters one day too.

To be sure, Maury County will need more firefighters — and more volunteers in various roles — as the local population continues to expand.

"We have an application on our website for anyone interested. And we always need volunteers with the kind of skills or talents

that can be useful for us," she says.

A good place to start is the department's support academy, "a very short course that leads to a base level certification that allows candidates to respond to calls and see if they like the emergency atmosphere," as Maddison puts it.

"If you are interested in becoming a firefighter, you can go through our academy," she explains. "Anyone who becomes involved in a support capacity over the next six months will have the option to attend the academy beginning in January 2024. And if you pass the three-month-long course, you will have the opportunity to fight fires, perhaps with some of the department's cutting-edge equipment.

That includes a compact high-pressure unit that mounts in the back of a pickup truck yet "fights fire at almost the same level of a super heavy fire hose," says Maddison, which enables Maury County's Station No. 12 to start the fire fighting process faster.

"It's amazing if you are first on scene with that piece of equipment," concludes Maddison. "It's a very small unit but you can put out a vehicle fire or begin to contain a house fire with it."

To learn more about the Volunteer fire department visit Maurycountyfiretn.org, or contact them at info@maurycountyfiretn.org, or by phone at 931-388-0035.

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Photography by Robbie Mathis

IT'S ALL ABOUT A SPECIAL SUNDAY NIGHT DINNER

BY PAM WINDSOR

It's the kind of store you're not likely to find anywhere else. The idea for Sunday Night Dinner is both unique and original. Interestingly enough, it began to germinate as Jen Cook was talking to family over a Sunday night dinner. After years as a wedding photographer, then a stint in retail, she was thinking about opening her own business, one that involved a specialty store.

"We were sitting around the Sunday night dinner table," she recalls, "because we get together every week as we have for almost three decades. And I was talking to my family about it and

asking what would I sell, what would we do?"

In the days that followed, it all started coming together.

"It'll be called Sunday Night Dinner, and it'll be everything to set your table, gifts, décor, floral," she explains. "Anything you need to make your home warm and special when you have folks over for dinner."

She found a like-minded partner in Tiffany Roach, and the two began working on the store's concept. In September of last year, they opened their doors.

"The response has been amazing," Cook says. "People have

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Photography by Robbie Mathis

told us not only do they love the store, but we needed this in Spring Hill.”

The name can be a little deceiving to first-timers, and there are those who’ve walked in expecting one thing only to find something else.

“We have had people assume we’re a restaurant which I knew would happen. And we’ve had people think, even after they knew who we were, that we only sell dishes. But we have so much more. We do custom floral, faux floral arrangements, and we can help you set a table. We can completely do a table for you, so you can envision it in your house.”

They have a wide range of items people often buy for wedding or holiday gifts, such as glassware, candles, room sprays, coffee mugs, soaps, sauces, rubs, and more.

“We have some really cool gift boxes,” Jen says. “I’ve got one that says ‘bakers gonna bake’ on the outside, then you open it up, and inside it has a dough whisk, measuring spoons, a wooden roller, and a recipe for making bread.”

She and Roach are the store’s only employees and welcome

everyone personally. They’re on hand to help in any way they can. They maintain a website (www.oursundaynightdinner.com) where customers can shop online and have things shipped to their homes, but they’re also available to take telephone orders for those who want to call and place an order directly.

It’s friendly, full-service, and all about providing people with what they need to come together and enjoy the company of others.

“We’re trying to inspire people to make memories by gathering around the table because that’s how Tiffany and I grew up,” Cook explains. “It doesn’t have to be just family, and it doesn’t have to be Sunday night. What we usually say is we’re here with everything you need to set your table for Sunday night dinner or any other night. Just get together.”

Their store is open Monday through Saturday from 10am to 5pm. They’re closed on Sunday. As you might expect, that’s reserved for their own Sunday night dinner.

For more information, see their ad on page 17

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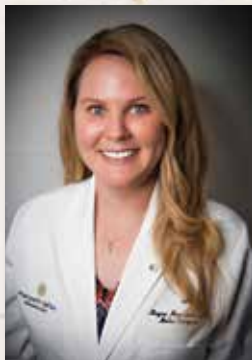


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