

A WARM

WELCOME



A GUIDE FOR YOUR STAY WITH US

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SWELL STUDIO



WELCOME!

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WELCOME!

Thank you for choosing Swell Studio, we are delighted to host you in our slice of heaven!

You're free to check in anytime from 3PM onwards- check-out is 10AM unless arranged beforehand.

We want to make sure you have the best stay possible. You'll find everything you need to know enclosed; if anything is missing please contact Amber and she will be happy to help.

Enjoy your stay and please reach out if you have any questions!

Amber and Brad xx

CONTACT AMBER ON:

+61 419 993 314

EMERGENCY

Contacts



AMBER AND BRAD

AMBER

BRAD

T: +61 419 993 314

T: +61 477 999 013



MEDICAL EMERGENCY

CALL 000

BYRON CENTRAL HOSPITAL

in case of

T: +61 266 399 400

emergencies

A: 54 EWINGSDALE RD, EWINGSDALE 2481



PHARMACY

SUFFOLK PARK PHARMACY

T: +61 266 859 990

A: SUFFOLK PARK SHOPPING CENTRE, 8 CLIFFORD ST.
SUFFOLK PARK, 2481



FIRE DEPARTMENT

CALL 000 IN CASE OF FIRE



ROADSIDE

BYRON BAY MOBILE MECHANICS

T: +61 413 728 657

SUFFOLK PARK

GETTING TO US AND PARKING



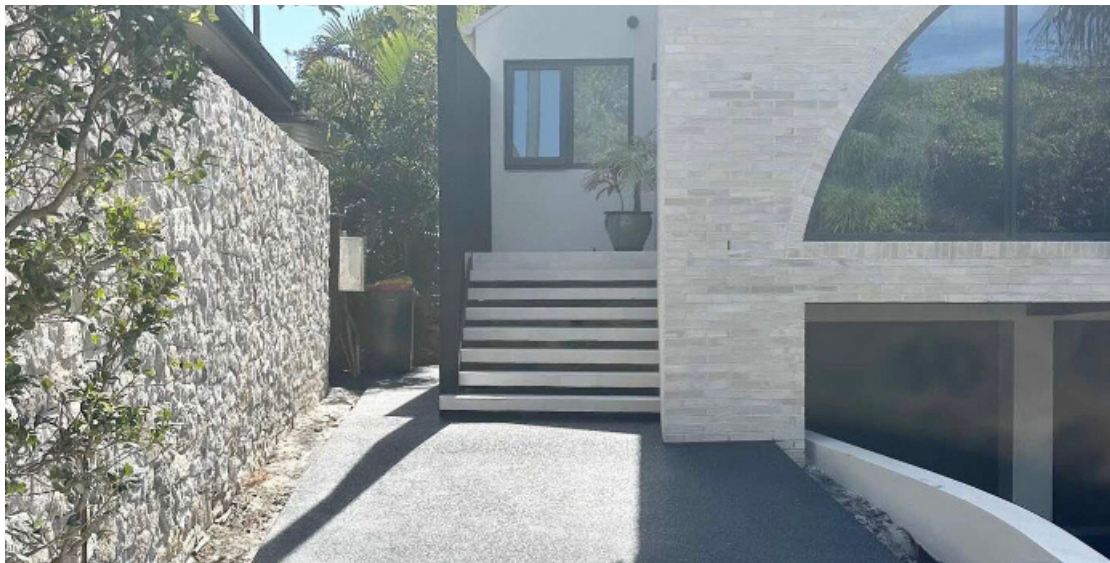
HOW TO FIND US

Address: 6/2 Alcorn Street

Suffolk Park, NSW 2481

WE ARE LOCATED ON THE NORTH END- CLOSER TO BYRON TOWN CENTRE- OF ALCORN STREET IN THE TALLOW SANDS GATED COMMUNITY- PICTURED ABOVE.

GATE CODE IS 1780 (USE KEYPAD AT ENTRANCE); AFTER GATE OPENS DRIVE THROUGH AND FOLLOW ROAD 150 METRES, HOUSE IS ON THE LEFT WITH A WHITE BRICK FACADE + BLACK CURVED WINDOW. PLEASE PARK DIRECTLY IN FRONT OF STEPS ON LEFTHAND DRIVEWAY. THE STUDIO DOOR WILL BE OPEN FOR YOUR ARRIVAL.



SUFFOLK PARK

GETTING TO US AND PARKING



PARKING GUIDELINES

You are welcome to park one car at the studio over the course of your stay. Parking is located directly in front of the studio steps.

Please ensure to lock your vehicle overnight.

AIRPORTS

We are 30 minutes from Ballina airport (BNK) and 1 hour from Gold Coast airport (OOL). Both have car rental agencies inside the airport.

STUDIO RULES

A FRIENDLY REMINDER



NO SMOKING

Please kindly do not smoke inside the studio. You may smoke on the patio, butts in the bin please.



NO PARTIES

No parties are permitted in the studio.



NO PETS

We love animals however pets are currently not allowed in the Airbnb.



QUIET TIME

Please respect our neighbours by keeping the noise down after 9pm.



NO SHOES

Thank you for respecting the no shoes policy whilst inside the studio.



ENJOY YOURSELF!

We hope you enjoy your stay. Thank you for leaving the place as you found it.

GETTING COMFORTABLE

STUDIO GUIDE

Below are a few helpful tips and instructions on how to make your stay more comfortable and enjoyable!



WIFI & NETFLIX

Network: Telstra7DC074

Password: z69nefeqwq

Netflix Profile: SWELL STUDIO

Binge Profile: SWELL STUDIO

KAYO Profile: SWELL



LAUNDRY

The washing machine is in the kitchen under the bench (right side). Drying rack is in the cupboard by the bed (far left)- the patio gets sunshine all day and is the perfect place to let things dry.



RUBBISH

The 3 bins for rubbish are on the left side of the house- enter the side gate to the left of your stairs. We will make sure bins are put out on bin day.

Yellow Bin = recycling

Green Bin = green waste

Red Bin- landfill



COFFEE MACHINE

You'll find a couple pods for the Nespresso machine to get you started. [Click here for a short tutorial on how to use.](#) If you'd like to get additional pods you can find Nespresso compatible pods at SPAR in Suffolk Park- Moccona, L'Or, or Pod & Parcel all work and should be on shelf.

GETTING COMFORTABLE

STUDIO GUIDE

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DISHWASHER

To start a wash cycle on the dishwasher simply open, press the power button (far right hand side), then close the door. It is on a standard washing setting. There are a couple of dishwasher tablets under the sink.



TELEVISION

A simple tip about the TV- it is a Samsung Frame TV so when it is turned off there will be a photo on the screen. When sleeping at night, to turn The Frame off completely, press and hold the power button.

GETTING COMFORTABLE

POOL GUIDE

The pool is open everyday from 6am-7pm
****No glass in pool area, plastic cups are**
in kitchen cupboard)**



The pool is on the right side of the house up the path (pictured).

Simply pull latch and swing door towards you to open.

TIPS FOR

YOUR STAY

1 MAKE RESY'S
Lunch and dinner reservations are essential, especially in busy months. If you're going to wing it, double-check opening days and times before you set off.

2 HIRE A CAR
With so much to experience within an hours drive- from the hinterlands to the regions best restaurants- we suggest renting a car to optimise your time here.

3 OBEY SPEED LIMIT
Byron Shire is notorious for hidden speed cameras, obey the posted speed limit at all times.

4 METERED PARKING
Pay attention for metered parking signs- the parking enforcement officers are always out and do not give warnings.

5 BIKE RENTAL
All essentials are within walking distance from the studio, however cruising around on a bike is a fun way to beat the traffic- and enjoy happy hour!
[Check out Surf and Bike Hire](#)

6 LOCK UP
With so many travellers in Byron it can be a target for sticky-fingered opportunists; don't make it easy for them. When you're out and about lock up your bike and car. The studio is in a gated and private community but it's still worth locking up when you're out.



CHECK OUT

Checklist

DISHES CLEAN, FRIDGE/FREEZER EMPTIED

Please ensure dishes are clean, dried, and put away prior to checkout. If the dishwasher is still running upon checkout it is ok. Please empty fridge and freezer.



TOWELS ON FLOOR IN PILE

Please leave all towels on bathroom floor.



BBQ GRILL CLEANED

If used during your stay, please clean BBQ.



RUBBISH/RECYCLING TAKEN OUT

You'll find the rubbish and recycling bins on the left side of the house, enter the gate to the left of the studio stairs.



KEYS LEFT ON KITCHEN BENCH



TURN OFF LIGHTS, FANS, AIR-CON/HEATER



THANK YOU

YOUR LOCAL AREA



SPAR SUPERMARKET

3 Clifford St, Suffolk Park

Has all your kitchen and studio-stocking essentials. Organic produce range is limited so if you're keen on organic fruit and veg go to Baz and Shaz around the corner.

TOP TIPS: From 8:30 onwards snag a freshly baked loaf of Sunday Sustainable Bakery bread- it's delivered daily, always sells out, and is kept behind the counter. Their freshly squeezed OJ is divine and you can always rely on SPAR to have perfectly ripe avos. For days you feel like staying in the studio to eat- stock up on some Byron Bay Pizza Co frozen pizzas- SPAR stocks all flavours and they are amazing (thin crust, fresh ingredients, super tasty)!



JIMMY'S COFFEE

17 Clifford St, Suffolk Park

Perfect spot to grab your morning brew- some say best in Byron! Sit outside to enjoy the sunshine or takeaway- Jimmy's always has a friendly vibe and is a great way to start your day.



SUFFOLK BAKERY

Shop 1/2 Clifford St, Suffolk Park

Suffolk Bakery is the local bakery and cafe. Whether you crave fresh bread, a sweet treat, or even a salad roll- they make it all fresh for you to enjoy. Have a seat and enjoy a moment to yourself, or pick up a bite to take away.



BAZ AND SHAZ

44 Beech Dr, Suffolk Park

Great local grocer with a dedicated organic produce and bulk nut section. Small organic meat selection. Their household product and cleaning section is eco-friendly as well.

YOUR LOCAL AREA



MS. HO

Shop 12a/3 Clifford St, Suffolk Park

Recently opened in Suffolk, serving the best Vietnamese in Byron! Open Tuesday-Saturday 4:30-8pm, dine-in or takeaway.

Our favourite dishes are the Vietnamese chicken wings, dumplings, pork belly- the entire menu is delish and fresh!



THE PARK HOTEL

223 Broken Head Rd, Suffolk Park

A locals hangout- enjoy a drink at the bar or a home cooked pub meal, dine-in or takeaway. You can also place a bet in their sports bar if you're feeling lucky!

TOP TIP: Kids eat free on Monday night.



YELLOW FLOWER INDIAN DINER

11 Clifford St, Suffolk Park

Yellow Flower has been a family owned business for over 20 years. Their focus is to provide delicious and affordable Indian food in a friendly and welcoming atmosphere.

TOP TIP: Tuesdays are cheap eat night - make sure to arrive early as the queue runs outside of the restaurant- the butter chicken and beef vindaloo are our favs!



SUNRISE CELLARS BOTTLE SHOP

223 Broken Head Rd, Suffolk Park

Fully stocked bottle shop selling wine, beer, and spirits. Open until 9pm Sunday-Thursday and until 10pm Friday and Saturday.

PLACES TO SEE

NORTHERN RIVERS MARKETS WEEKLY CALENDAR

Tuesday	New Brighton (8am - 11am)
Wednesday	Murwillumbah (7am - 11am) & Nimbin (3pm - 5pm)
Thursday	Byron Bay (8am - 11am)
Friday	Mullumbimby (7am - 11am)
Saturday	Bangalow & Byron Artisan Market (7am - 11am)

BYRON & SURROUNDING SUBURBS



BYRON & BROKEN HEAD BEACHES



PLACES TO EAT



THE HUT

471 Friday Hut Road, Possum Creek - 20 minutes from Suffolk

The Hut is our favourite restaurant in the Byron Shire - their menu celebrates the simplicity of traditional Mediterranean flavours through delightful dishes created to be shared. Not only is the food out of this world (our fav is their top level tasting menu) but the service is incredible and the vibe of the restaurant has to be experienced (the staff are Italian and treat every customer like family).

LIGHTYEARS

Johnson Lane in Byron- 10 minutes from Suffolk

Newly open on Johnson Lane, Lightyears serves modern asian food with delicious cocktails in an eclectically styled venue. The menu is designed to be shared.

Top Tip: The dumplings and bao buns are not to be missed! Bookings in advance essential via their website.



RAE'S DINING ROOM

Wategos Beach - 14 minutes from Suffolk

Serving modern Australian with a Mediterranean influence overlooking stunning Wategos Beach, Rae's Dining Room is one of the few places in Byron people dress up to go to for lunch or dinner, making it a perfect place to celebrate a special occasion or to treat yourself! Definitely a splurge but totally worth it.

Top Tip: Bookings in advance essential. If you feel like going a bit more casual, visit their outdoor space Cellar Bar, they accept walk-ins.

MOONLIGHT

Byron Bay - 10 minutes from Suffolk

Moonlight is a contemporary Japanese hibachi grill and wine bar from the team behind Light Years. Enjoy the intimate surrounds with a concentrated menu showcasing flavours from classical Japanese cuisine reinterpreted into unexpected and punchy dishes. Our fav dish is the Tokyo Steak Frite and the Showgun whiskey cocktail is not to be missed!



PLACES TO EAT



SHELTER

Lennox Heads - 15 minutes from Suffolk

Our fav breakfast spot! Serving quality unpretentious locally sourced food with direct Lennox Beach views. Open daily for breakfast & lunch.

Top Tip: Make sure to try their fish cake (you can order it a la carte, so delicate and delicious)

DOMA CAFE

Federal - 30 minutes from Suffolk

Take the 20km scenic drive into the hinterlands of Byron Bay, until you reach charming Federal. Modern (yet rustic) Japanese and Australian fusion. Breakfast & lunch only. Although DOMA is known for their amazing and fresh sushi options, they arguably have the best burger in the Northern Rivers. The [New York Times did a write up](#) in 2017 and let the secret out, expect to wait irrespective of when you arrive.



THREE BLUE DUCKS AT THE FARM

Ewingsdale- 19 minutes from Suffolk

A hub of micro-businesses all working towards the same ethos and vision of fresh, local and sustainable food. Stretched out over 80-acres, go and enjoy a meal at Three Blue Ducks or grab a portugese tart and a coffee and have a walk around the property. Open daily from 6am with dinners Friday – Sunday which must be booked in advance. A quintessential Byron experience!

LA CASITA

Brunswick Heads - 25 minutes from Suffolk

Opened by Astrid & Josh, the masterminds behind Fleet. Safe to say, it's the best, most authentic Mexican outside of Mexico. Fish tacos are the bomb.

Top Tip: Whilst walk-ins are welcome, we encourage bookings in advance. If possible, leave room for a walk around Brunswick town or even a swim at Torakina Beach.



PLACES TO EAT



HIGH LIFE

Byron Bay Town- 10 minutes from Suffolk

Laid back Byron vibe with great food and a fantastic selection of mushroom coffees. A favourite with Byron locals and is always packed. Amongst our favs: kimchi brown rice fritters with chilli jam and duck egg tacos. Fresh squeezed orange juice is sunshine in a glass and you can add ginger and turmeric.

KOUZINA

Industrial Estate- 15 minutes from Suffolk

Tucked way in the Industrial Estate, you can enjoy an authentic homestyle Greek taverna with a seasonal offering that changes daily to incorporate whats local and best in a traditional dish.

Top Tip: Open Thursday - Friday for lunch & Dinner Thursday - Saturday. Bookings in advance essential!



PUNCH AND DAISY

Mullumbimby - 28 minutes from Suffolk

Great brunch options. Feel like having ethically sourced cocoa grated onto your cappuccino? Go to Punch & Daisy.

Top Tip: Mullumbimby markets are on every Friday from 7am - 11am. A local ritual that is worth the trip.

FLEET

Brunswick Heads - 25 minutes from Suffolk

In this 14-seat restaurant, allow Astrid (Host, Sommelier, Reservations and all other things) and Josh (only chef) take you on a culinary journey unlike any other. Bookings are a must, and incredibly difficult to snatch.

Top Tip: Place yourself on the wait-list as far in advance as possible, and fingers crossed an opening presents itself.



PLACES TO EAT

BANG BANG

Byron Town- 10 minutes from Suffolk

Bang Bang is a contemporary South East Asian fusion with a creative cocktail and food list that doesn't disappoint. Local produce used with skill to please crowds of all tastes. Clever twists on fusion Asian classics

Top Tip: An energetic young vibe with a menu that packs a punch of flavour. Book ahead!



TREEHOUSE ON BELONGIL

Belongil Beach- 10 minutes from Suffolk

Making the most of its tropical surrounds, Treehouse on Belongil is a relaxed and beach-side dining experience. This family-friendly restaurant is adored for its signature pizzas, casual ambience and live music. Pick up pizza for takeaway and enjoy a delicious cocktail whilst you wait!

Top Tip: Live music on Saturday from 7:30pm- book a table online as wait times can be very long.

HONOUR

Brunswick Heads - 25 minutes from Suffolk

An espresso and salumi bar that is not to be missed! Allow Anna to dish up the perfect breakfast or share style plates, and Aymeric to make you a coffee or recommend a wine to perfectly suit your food. Don't forget to look through the deli counter.

Top Tip: Brunch Thursday - Monday until 1.30pm. Salumi bar Saturday & Sunday from 2pm until 9pm



TOP SHOP

Byron Bay Town- 10 minutes from Suffolk

Tasty burgers and sandwiches in Byron town suited to any time of day. Top Shop closes around 3pm.

Top Tip: If you don't nab a table (it's busy from 6.30am), grab a blanket & sit on the grass for a makeshift picnic.

PLACES TO EAT



PAPER DAISY

Cabarita Beach- 45 minutes from Suffolk

Set aside time (and a designated driver) to take you to Halcyon House, a boutique hotel with a confident coastal restaurant, Paper Daisy. Open exclusively for dinners for external guests, make sure you reserve ahead for a 3-4 course unforgettable experience.

FOLK

Ewingsdale- 19 minutes from Suffolk

Organic, ethical and vegetarian. With a strong emphasis on house made and home grown, trust us – it's worth the trip. Located on the outskirts of town, and can be enjoyed for breakfast or lunch.



BEACH BYRON BAY

Clarks Beach - 10 minutes from Suffolk

Beach Restaurant boasts beautiful views over Clarks Beach with a menu inspired by the seasons and the local organic farmers' markets. Strong focus on seafood with an Italian influence.

Top Tip: Perfect place to park and grab coffee or juice before starting the Cape Byron Walking Track, take-away window opens at 7am.



THINGS TO DO

CAPE BYRON WALKING TRACK

You'll need a good two hours to properly experience the Cape Byron walking track – but it's so rich in delights, don't be surprised if you reach the end and feel like doing it all again. In fact, it's one of the best ways to spend a couple of hours on the state's entire coast. The 3.7km loop leads you on a hike through rainforest and across clifftops with stunning views of the ocean and hinterland. En route you'll wander through the shade of bangalow palms and ancient burrawangs, across kangaroo grasslands, along picturesque beaches and up to Cape Byron Lighthouse. Remember to keep an eye out on the water for turtles, dolphins, stingrays and, in season, whales.

If you'd prefer an easier walk, the track can be accessed at numerous points and walked in shorter sections. Depending on where you want to start, parking is available at Clarkes Beach, Captain Cook lookout, The Pass, Wategos Beach and Cape Byron Lighthouse.



NORTHERN RIVERS RAIL TRAIL

<https://www.northernriversrailtrail.com.au/>

An awesome way to spend a morning or afternoon! This rail trail starts at the state heritage listed Murwillumbah Railway Station and its 24kms is made up of 18kms compact gravel and 6kms sealed. Rent an e-bike online from [Murwillumbah Cycles](#). You will experience 26 bridges (16 restored and 10 bypassed) as well as 2 tunnels including the unique Burringbar Range Tunnel (524m) and Hulls Rd Tunnel (50m). Take in the lush greenery and historic sites!



BRUNSWICK HEADS RIVER KAYAK TOUR

38 South Beach Road, Brunswick Heads, 2483 (25 min from Suffolk)

The Brunswick River is one of the most beautiful river systems in New South Wales. Kayak along peaceful waters where the only interruption will be from local sea birds and wildlife calling out as you cruise by. This kayak tour is a gentle paced adventure guided by local nature enthusiasts who will lead you along and point out local features of the environment.

Stop by Old Maids before your tour to have the best chai in the region or a tasty burger for lunch. Also worth checking out is Torakina Beach- a beautiful cove in Brunswick Heads perfect for an afternoon dip.

[Visit Go Sea's website for kayak booking information](#)



THINGS TO DO

SOCIAL REMEDY

23/1A Banksia Dr, Byron Bay (Industrial Estate)

Social Remedy is a 24 hour gym which has every luxury amenity you can think of in their recovery space; steam room, traditional sauna, ice baths, cryotherapy, infrared sauna, hyperbaric chamber, IV therapy, massage. Day passes available for the gym and treatments are available for purchase.

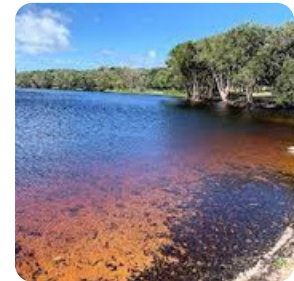


LAKE AINSWORTH (TEA TREE LAKE)

Lake Ainsworth, Lennox Head, 2478 (20 min from Suffolk)

You don't have to go far from Byron Bay to rejuvenate your mind, body and soul. Lake Ainsworth, more commonly known in the area as 'Tea Tree Lake', is an amazing fresh water lake located in Lennox Head, about 20 minutes drive south of Suffolk Park. It is here that locals make a pilgrimage to settle their minds and escape the hustle and bustle.

There are a few 'tea tree lakes' scattered around Byron Bay and Ballina Shire including at Tyagarah Nature Reserve. However, Lake Ainsworth is one of the most amazing and well known. It's a great place for swimmers, paddle boarders and floaters alike. How does this Tea Tree lake "heal" you exactly? When Tea Tree plants grow beside a lake, the supernatural oil drips down into the water, creating something similar to a 'medical bath'. It colours the water so it looks like a cup of tea with an oily film on top. You might think it doesn't look very appetising but the water is totally fresh. And the tea tree oil will work wonders on your skin. After a good long soaking you'll come out of the lake feeling fresh and revitalised!



THINGS TO DO

BYRON ARTS + INDUSTRY ESTATE

Discover Byron Bay's creative hub- shops, galleries, and more. The Arts and Industrial Estate is a hidden gem and visitors who fail to unearth it risk missing out on the complete Byron experience. Filled with boutique stores, wellness spaces, cafes and art galleries, it's a place to discover the latest artisan fashions, stunning artwork and unbound creativity. If you're familiar with Byron Bay brands like St Agni, Zulu and Zephyr, Pampa, The Bare Road, Tigmi Trading, Byron Bay Hanging Chairs and Our Corner Store, then you'll be happy to know that you can now find them all in close proximity.



HABITAT

1 Porter St, Byron Bay

It's no accident people love shopping at Habitat. They've carefully curated every flagship store, independent boutique and fashion label, so you can find the iconic style you'd expect from Byron without the hassle of going into town. Habitat really is a destination in itself with a gym, yoga studio, coffee spots and a funky new eatery and bar- all within a ten minute drive from the centre of Byron.



GAIA RETREAT AND SPA

933 Fernleigh Rd, Brooklet, New South Wales 2479

Surrender to the beauty and healing cultures of Gaia Retreat & Spa. Australia's most awarded boutique lifestyle pamper retreat is nestled in the breathtaking Bundjalung Country hinterland of Byron Bay. Gaia is the perfect place to renew, refresh, and restore- bookings in the day spa are essential. If Gaia is fully booked or you do not have a car to get to Brooklet, try Eléme Day Spa inside Crystalbrook Byron around the corner from the studio in Suffolk Park.



STONE AND WOOD BREWING CO

4 Boronia Place, Byron Bay

Born and raised in Byron Bay- Stone and Wood have been brewing and bottling their approachable beer in the Northern Rivers of NSW since 2008. It's a place where people enjoy having a beer when relaxing after catching a wave, catching a band at the pub, or just catching up with friends. It's that sort of place. Drop into their tasting room for a tour and beer paddle for \$35. Stone and Wood are open 7 days a week.





LEAVE US A
REVIEW

We hope you had a great time at Swell Studio and enjoyed your stay! We welcome feedback and are always looking to improve the experience for our guests so appreciate every review. Thank you!

Amber and Brad xx

THANK YOU FOR YOUR FEEDBACK!