

PSI PEARLS



Volume 32 Issue 25

January 2021

Message from the President

Greetings Sorors!

Here we are at the dawning of a new day and a new year, 2021, and it did not come without a lot of obstacles we encountered in 2020. But we adapted and managed to end the year on a very high note beginning with the Christmas Gala.

This was a time of fun and laughter. We played bingo, had a hat contest and then we visited chef Soror Eddie Johnson's kitchen for a demonstration on how to prepare the perfect party dip. Later Soror Beverly Moore demonstrated how to prepare a perfect mock/cocktail and then we went on into the dance studio of Soror Lucille Tolliver for instructions on line dancing.

This was a fun filled afternoon full of joy and excitement, all because of one Soror's creative ideas. Psi Pearls to Soror Collette Jones, Chair, and Soror Joyce Jones, Co-Chair, for an amazing event, and it was all Virtual!

It's official! On December 22, 2020, we had two new

Sorors inducted into our family of Sisterhood, Soror Linda Gray and Soror Rosma Newell. Psi Pearls to Soror LeTitia Speed, Membership Chair, Soror Wonda Traylor, Co-Chair, and the entire membership committee for their hard work and support during the intake process.

It was a beautiful event and well attended by our local and guest sorors including National President, Soror Dorothy White, National President-Elect, Soror Charlotte Berry, SWR Director, Soror Vahnita Loud and White Rose Queen Soror Lillian Parker.

In summary, the strength of our sisterhood has brought us stability and success which is the key to our continued progress as an organization. I believe 2021 will be a super year for everyone in Psi Chapter. HAPPY NEW YEAR!



"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business".

Sisterly,
Soror Judy Reeves
Psi Chapter President



PSI CHAPTER OFFICERS	
President	Judy Reeves
1st Vice President	Vicki Sellers
2nd Vice President.....	Wonda Traylor
Recording Secretary.....	Tonya Cooper
Corresponding Sec.	Stevette Bauman
Financial Secretary.....	Lucille Tolliver
Treasurer.....	Dwala Brown
Journalist	Vee M. Jordan
Dean of Intake.....	LeTitia Speed

PSI TABLE OF CONTENTS	PAGE #
Message From the President & Psi Chapter Officers	1
Lomepa Club Community Service & 2020 Virtual Induction	2
Evelyn D. Wilkey Essay Contest Winners	3
Santa's Gift Drive Thru	4
Psi Chapter Christmas Gala	5
Psi Chapter Future Iota Leaders (FIL) Christmas Party	6
What Does Robert Say?	7
Calendar for January 2021 & January Birthdays	8
Message from The Journalist & Health Tips	9
COVID-19 and Your Health	10
Remembering Dr. Martin Luther King Jr.	11
Regional Information	12
National Information	13-16
Information Page	17

2020 MEMBERSHIP
2020 COMMUNITY ENGAGEMENT
BY SOROR PARKER



LOMEPA CLUB PARTNERSHIP WITH Tri-City Chapter NAACP of Cedar Hill Community Engagement

Saturday, December 5, 2020, at 7:00 AM, the Fall 2020 Lomepa Club partnered with Tri-City Chapter of the NAACP of Cedar Hill, Texas, along with Big Sisters Daphne Hornbuckle, Beverly Moore, and Dean Speed, to deliver cases of water to the Sand Branch Community District in Seagoville, Texas.

This small community is in a very rural area that has borne the weight, while having its share of hardships and economic setbacks due to their lack of water. Although, the reasoning has blurred lines, the impact of it, is affecting the livelihood of the City. Efforts are being taken up by the City Council of Dallas, Texas, and rests within the District of Commissioner John Wiley Price.



2020 VIRTUAL INDUCTION
BY SOROR PARKER

New Sorors!

Congratulations

From Lomepas to Sorors

The year 2020, was a year of monumental changes across Iota, the nation and globally. Despite obstacles, two refined, phenomenal and dynamic women answered the Iota Call. On Tuesday, December 22, 2020 after thirty insightful, enriching, and reflective days the 2020, LOMEPA Club successfully accomplished all intake requirements.

Collectively, they combined their unique genii by exhibiting authentic bonds of sisterhood. This was conferred through effective planning, scheduling meetings, and comprehensively working together as a collective unit in a virtual environment. Furthermore, they embodied efficiency.

Displaying perseverance, perfection and unwavering commitment, which are qualities of a true Iota woman, it is with extreme honor that the Membership Committee of Iota Phi Lambda Sorority, Inc., Psi Chapter presents the 2020 Lomepa Line: 2Resilient Pearls.

Lomepa

To

Sorors

Lomepa Newell



Lomepa Gray



Soror Newell



Soror Gray



2020 Fall Line
2Resilient Pearls



**EVELYN D. WILKEY
NATIONAL ESSAY CONTEST
BY SOROR YOUNG**



**EVELYN D. WILKEY NATIONAL ESSAY CONTEST
THEME: "HOW SOCIAL MEDIA AFFECTS TEENS"**

Psi Chapter Education and Scholarship committee received several submissions for the Evelyn D. Wilkey National Essay.

There were two essays submitted in our High School section from contestant Raygan Kyeremateng, 11th grader who attends Mansfield Lake Ridge High School. Our second contestant FIL Daniel Young, 10th grader who attends Red Oak High School.

There were four essays submitted in our Middle School section from contestant FIL Denim Jones-Hood, 8th grader who attends Faith Family Academy, FIL Kelson Gardner, 8th grader who attends Boles Junior High School, FIL Ethan Young, 7th grader who attends Red Oak Middle School, and FIL Ariel Smith, 6th grader who attends Faith Family Academy.

This year's theme was "How Social Media Affects Teens" and all youth contestants submitted well written essays. Psi Chapter would like to thank our judges for their hard work on judging the essays. Congratulations to Psi Chapter National Evelyn D. Wilkey Essay Contest Winners:

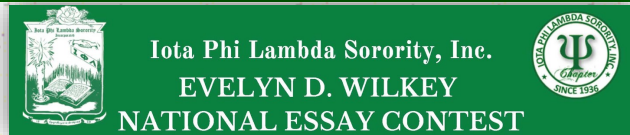
HIGH SCHOOL WINNERS

FIL Daniel Young	1st Place Winner
Raygan Kyeremateng	2nd Place Winner

MIDDLE SCHOOL ESSAY WINNERS

FIL Ethan Young	1st Place Winner
FIL Denim Jones	2nd Place Winner
FIL Kelson Gardner	3rd Place Winner
FIL Ariel Smith	4th Place Winner

Essay Contestant Winners will advance to the Southwestern Region Level



Congratulations
PSI CHAPTER
HIGH SCHOOL WINNER
Daniel Young



Congratulations
PSI CHAPTER
MIDDLE SCHOOL WINNER
Ethan Young



Scholarship Reminder

Local Scholarship:

The MACKEY-TILLMAN Scholarship

Awarded to a graduating high school African American female senior, residing in the Dallas/Fort Worth area, who will be attending a four-year university or college. Deadline to submit applications is January 15, 2021.

National Scholarships:

The FREDDA WITHERSPOON National Scholarship

Awarded annually to a female graduating high school senior wishing to pursue a college degree in business related fields. Deadline to submit applications is January 15, 2021.

2020 SANTA'S GIFT DRIVE THRU
by Soror C. Jones



SANTA'S GIFT DRIVE THRU

On December 12th of 2020, Santa held a drive thru surprise gift pick up for Lola's Girls.

Sorors Collette Jones and Joyce Hodges greeted Members of PSI Chapter in the parking lot of Polk/Camp Wisdom Library. Gifts were placed into each Soror's trunk, to ensure contactless exchange.

Santa wanted to put a smile on the faces of all of Lola's Girls for this unique Holiday Season. In total 40 gift bags were disbursed and over 20 cars were serviced. All of the Members of PSI Chapter are waiting eagerly for the Gala to take place December 19, 2020.

PHOTO GALLERY



PSI CHAPTER'S
CHRISTMAS GALA
BY SOROR C. JONES



PSI CHAPTER'S 1ST VIRTUAL CHRISTMAS GALA

On December 19, 2020, Sorority Members of Psi Chapter gathered in mass numbers on Zoom. We had a joyous time opening our goodies from Santa. Smiles were on All faces as they pulled out their fedora hats, white feather boa, and a lovely green pen/stylus.

We festively made Turtlious Dip and Turtltini Cocktails. Soror Eddie Johnson demonstrated via a fabulous video on how to make the Turtlious Dip. Soror Beverly Moore was our Mixologist featuring the Turtltini. Soror Carla Mass gave a very revealing Truth and Lie Icebreaker. We learned one Soror kissed Famous Actor Billie D. Williams.

Soror Joyce Hodges confessed to the 1 Thing I want for Christmas during the Game Play. She admitted that she has been wishing for a new President @ 1600 Pennsylvania Ave. Wishes do come true!

The Future Iota Leaders (FIL), Men of Iota (MOI), and Pelati joined the festivities of games with Psi Chapter Sorors. Everyone was so excited to play PSI Bingo where many Sorors won gifts. The Scavenger Hunt was the BOMB.com. Sorors hurried about with their aching knees as they scurried and found multiple items such as the Iota Sorority Pin, \$2 Bill, and a Photo of Our Beloved and Honored Sorority Founder Lola Mercedes Parker.

All of Lola's Girls were all a glow as they showcased their personally decorated Federa hats. Each was unique and a one of a kind 3 Sorors one for the Fabulous Decorations. All Sorors were asked to stand as Soror Lucille Tolliver strutted her stuff doing the Jingle Bell Line dance. Each Soror gave her best as they kicked the night away doing the Psi Chapter Jingle Bell Rock. Closing remarks were made by Sorors Collette Jones & Joyce Hodges, the hostesses with the Mostess. Lastly, our Regional Director, Vahnita Loud and Psi Chapter President, Judy Reeves, shared their Enthusiastic Well Wishes to Psi Chapter for 2021.

Thank you to all for their participation. Wishing all Psi Chapter a Blessed Holiday Season and to Stay Covered by the Blood in 2021.

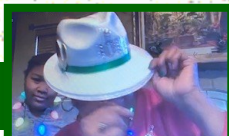
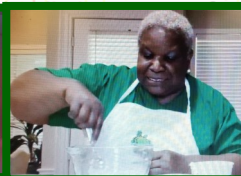
PHOTO GALLERY

To see how to make the "Turtlelicious Dip" just click on the link below.

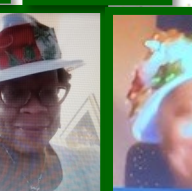
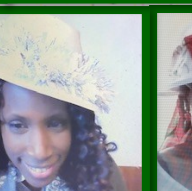
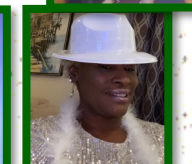
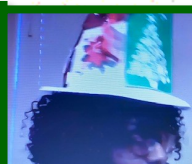
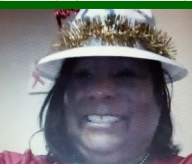
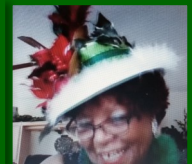


[Turtlelicious Dip1.mp4](#)

Hostesses
Sorors C. Jones and Hodges



Lola's Girls Showcase Decorated Federa Hats



FIL VIRTUAL CHRISTMAS PARTY
BY SOROR YOUNG

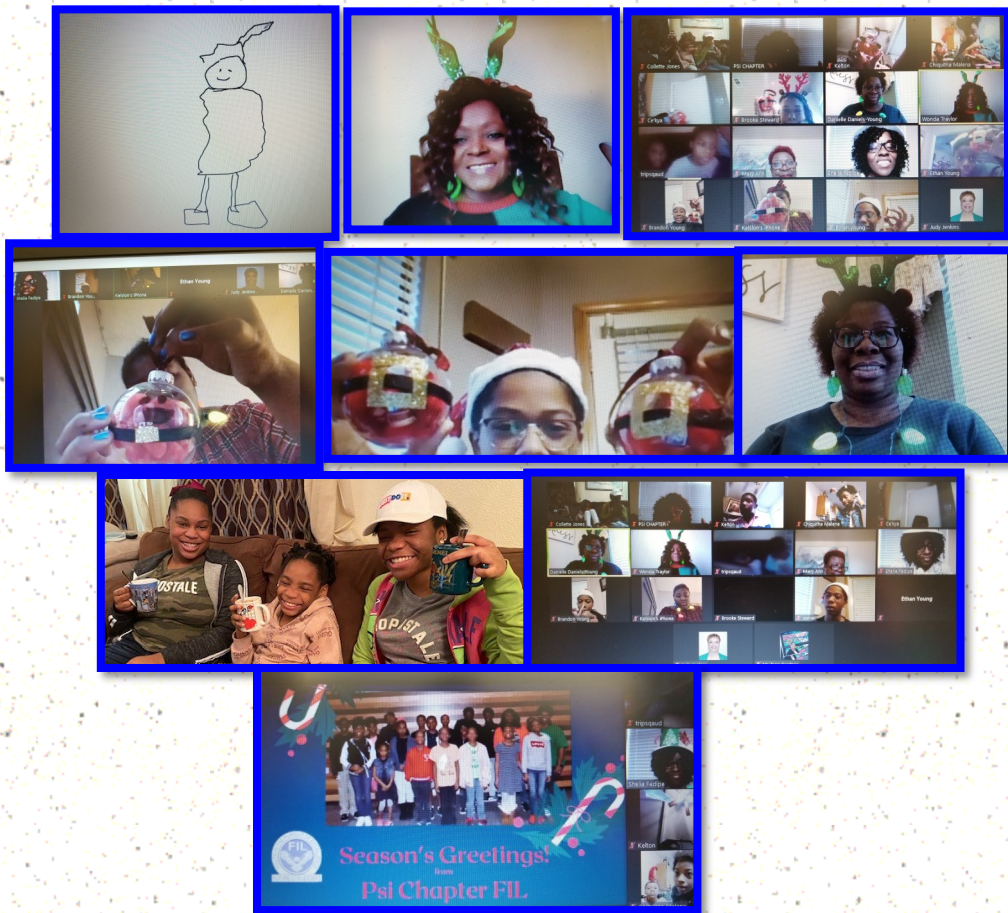


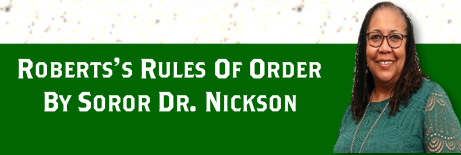
PSI CHAPTER FUTURE IOTA LEADERS (FIL)
VIRTUAL CHRISTMAS PARTY

The December 20, 2020, meeting was full of Christmas Cheers. PSI Chapter Future Iota Leaders (FIL) commemorated Christmas with a virtual party. FIL enjoyed making a Do It Yourself (DIY) Santa ornament, creating a Christmas video that was sent out to the National Executive Board, Southwestern Region Executive Committee, and PSI Chapter Members.

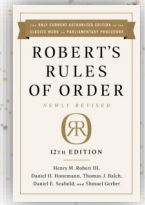
FIL, Sorors, and guests appreciated getting together virtually, and enjoying our time together as we reflected on the year. Our holiday festivities continued as we played virtual games: Guess that Tune, Yuletide Pictionary, PSI FIL Holiday Bingo, and FIL enjoyed their holiday bag full of goodies and presents to enjoy our first virtual Christmas Party.

HAVING FUN PHOTO GALLERY





What Does Robert Say? The Parliamentarians of Psi



P.R.N. – Parliamentary Rules Noted

The knowledge and use of Parliamentary Rules, as referenced in Robert's Rules of Order, Newly Revised 12th Edition (RONR) will help the Chapter and groups to have more efficiently run Chapter and committee meetings. The various committees within an organization meet in small groups of members to confer on issues pertaining to the assembly to present a report or the findings and/or recommendations for consideration by the entire membership.

According to RONR, the committee reports should include:

- Description of the committee procedures.
- Statement of the facts obtained
- Statement of the findings drawn from the facts
- List of resolutions or recommendations offered to the body

After the report is usually read by a member of the committee, it is proper for the member to request for the adoption, acceptance and agreement to the information presented.

Motions made to adopt an entire report are made by a member of the body and seconded after being read by a member of the committee.

A motion requesting implementation of recommendations from the committee is made by the committee member reading the report and do not have to be seconded.

Any changes or amendments to the report by a motion from the body are recorded in the minutes of the meeting.

Best practice suggests that all committee reports be submitted in writing. Finally, receiving a report and the recommendations requires a majority vote.

“The Sounding Block Unit”

Psi Chapter has a history of effective parliamentarians including those who are currently members of the National Association of Parliamentarians (NAP), an organization whose mission states: “NAP is dedicated to educating leaders throughout the world in effective meeting management through the use of parliamentary procedure.”

MEMBERS OF A LOCAL UNIT OF NAP, “THE SOUNDING BLOCK UNIT”



Soror Joyce Hodges



Soror Dr. Mary Nickson
Psi Chapter Parliamentarian



Soror Daphne Hornbuckle



Soror Nona Fisher
Registered Parliamentarian &
Southwestern Region Parliamentarian



Let everything be done decently and in order.

1 Corinthians 14:40

CALENDAR FOR JANUARY, 2021

DATE	NAME OF EVENT	TIME	LOCATION
Tuesday, 1/5/2021	BUSINESS MONTH COMMITTEE MEETING.	7pm	Virtual (Zoom)
Saturday, 1/9/2021	Pelati Meeting	TBA	Conference Call
Tuesday, 1/12/2021	Black History Committee Meeting	7pm	Virtual (Zoom)
Saturday, 1/16/2021	Chapter Business Meeting	10am	Virtual (Zoom)
Sunday, 1/17/2021	Future Iota Leaders (FIL)	3pm	Virtual (Zoom)
Wednesday, 1/27/2021	LMPF Series NEW Year/New You	TBA	Winter Webinar



Happy Birthday!



SORORS' JANUARY BIRTHDAYS



Happy New Year
2021



Crystal Lotterberry 1/11



Happy New Year
2021

Lucille Tolliver 1/1



Happy New Year
2021

Lisa Clemons 1/30



Happy New Year
2021



FROM THE

Journalist

All news articles are due the **25th of each month** or before. Email all written news articles and pictures to: journalist@iota-psi.org

Please enjoy this edition of **PSI Pearls** and many more to come, and know it has ultimately been our pleasure to serve you.

Sisterly,

SOROR VEE M. JORDAN

PSI CHAPTER JOURNALIST/PUBLIC RELATIONS CHAIR

IOTA PHI LAMBDA SORORITY, INC.



HEALTH TIPS

Thyroid Awareness Month By Soror Ross



It's a hard worker — most of the time

The thyroid is found in the middle of the lower neck. The hormones it produces (T3 and T4) affect every cell in the body. They help control your body temperature, heart rate, and help regulate the production of protein. If the thyroid produces too much or too little T3 and T4, it can create problems. Specifically, those conditions are **hyperthyroidism** and **hypothyroidism**. The thyroid can be either overactive or underactive

Here are the facts:

- An estimated 20 million Americans have some form of thyroid disease.
- Up to 60 percent of those with thyroid disease are unaware of their condition.
- **Women are five to eight times more likely than men to have thyroid problems.**
- The causes of thyroid problems are largely unknown.
- Undiagnosed thyroid disease may put patients at risk for certain serious conditions, such as cardiovascular diseases, osteoporosis and infertility.

Hyperthyroidism: overworked and stressed out

Hyperthyroidism happens when the thyroid produces too much T-4.² Symptoms include irritability, nervousness, shaking, muscle weakness, sudden weight loss and sleeping problems.

Graves disease is a type of hyperthyroidism that affects about 1% of the population. A genetic autoimmune condition can cause the tissue and muscle behind the eyes to swell.

Hyperthyroidism is a lifelong, but treatable, condition. It's diagnosed through a physical exam, blood test and other thyroid tests if appropriate. Treatments include anti-thyroid medicines and radioactive iodine to slow hormone production. In rare cases, surgery may be required.

Hypothyroidism: underactive and tired out

January is Thyroid Awareness

Sometimes the thyroid doesn't produce enough T-3 and T-4 hormones, or enough thyroid-stimulating hormone (TSH). That leads to hypothyroidism. Symptoms include extreme fatigue, depression, forgetfulness, and weight gain.

Doctors will normally do a physical exam and a blood test to check TSH levels. Standard treatment involves daily use of the synthetic thyroid hormone levothyroxine to regulate hormone levels.⁵ The dosage may change over time, so yearly doctor visits are recommended.

Thyroid cancer: the prognosis is good

Thyroid cancer happens when thyroid cells grow and multiply rapidly. They form a tumor, and the abnormal cells can also spread throughout the body. The exact cause of thyroid cancer is unknown. There are no early symptoms, but as the cells grow, they may cause a lump in the neck or swollen lymph glands, voice changes, pain and difficulty swallowing.

Most cases of thyroid cancer can be cured with surgery to remove most or all of the thyroid. That's followed by a lifelong treatment with levothyroxine, which supplies the missing hormone your thyroid would normally produce. It also stops your pituitary gland from producing thyroid-stimulating hormone — which could cause any remaining cancer cells to grow.⁷

Small gland, big disruption

The good news about thyroid conditions is that they're treatable. The not-so-good news: They can be physically and mentally challenging. Symptoms range from mild to severe, which can make it hard to work.

Source: <https://www.primetherapeutics.com/>
American Thyroid Association, Mayo Clinic, and American Cancer Association

HEALTH TIPS

COVID-19 & YOUR HEALTH
BY SOROR FADIPE

COVID-19 and Your Health

Who Gets Vaccinated First?

Because the supply of COVID-19 vaccine in the United States is expected to be limited at first, CDC is providing recommendations to federal, state, and local governments about who should be vaccinated first. CDC's recommendations are based on recommendations from the Advisory Committee on Immunization Practices (ACIP), an independent panel of medical and public health experts. The recommendations were made with these goals in mind:

- Decrease death and serious disease as much as possible.
- Preserve functioning of society.

Reduce the extra burden COVID-19 is having on people already facing disparities.

Healthcare personnel and residents of long-term care facilities should be offered the first doses of COVID-19 vaccines (1a)

CDC recommends that initial supplies of COVID-19 vaccine be allocated to healthcare personnel and long-term care facility residents. This is referred to as Phase 1a. CDC [made this recommendation](#) on December 3, 2020.

Healthcare Personnel

Learn more about why it's important that healthcare personnel get vaccinated and who is included.

Long-term Care Facility Residents

Learn more about why it's important that residents of long-term care facilities get vaccinated and who is included.

Groups who should be offered vaccination next (1b and 1c)

CDC recommends that, in the next phases (Phase 1b and Phase 1c), vaccination should be offered to people in the following groups. CDC made [this recommendation](#) on December 22, 2020.

Phase 1b

- **Frontline essential workers** such as fire fighters, police officers, corrections officers, food and agricultural workers, United States Postal Service workers, manufacturing workers, grocery store workers, public transit workers, and those who work in the educational sector (teachers, support staff, and daycare workers.)

People aged 75 years and older because they are at high risk of hospitalization, illness, and death from COVID-19. People aged 75 years and older who are also residents of long-term care facilities should be offered vaccination in Phase 1a.

Phase 1c

- **People aged 65—74 years** because they are at high risk of hospitalization, illness, and death from COVID-19. People aged 65—74 years who are also residents of long-term care facilities should be offered vaccination in Phase 1a.

- **People aged 16—64 years with underlying medical conditions** which increase the risk of serious, life-threatening complications from COVID-19.

Other essential workers; such as people who work in transportation and logistics, food service, housing construction and finance, information technology, communications, energy, law, media, public safety, and public health.

As vaccine availability increases, vaccination recommendations will expand to include more groups

The goal is for everyone to be able to easily get a COVID-19 vaccination as soon as large enough quantities of vaccine are available. As vaccine supply increases but remains limited, ACIP will expand the groups recommended for vaccination.

Thus far, the codes and URL links to access the EUA Fact Sheet documents have been developed for the following current and potential COVID-19 EUA vaccines:

[COVID-19 Pfizer BioNTech Vaccine EUA Fact Sheet for Recipients](#)

[COVID-19 Moderna Vaccine EUA Fact Sheet for Recipients](#)



Iota Phi Lambda Sorority, Incorporated

Psi Chapter



Remembering Dr. Martin Luther King Jr.

On His 92nd Birthday January 15

JANUARY 15, 1929—APRIL 4, 1968

"I Have a Dream" is a public speech that was delivered by American civil rights activist Dr. Martin Luther King Jr. during the March on Washington for Jobs and Freedom on August 28, 1963, in which he called for civil and economic rights and an end to racism in the United States.



WWE celebrates the life and legacy of Dr. Martin Luther King Jr., in recognition of Martin Luther King Jr. Day.

Click Here to watch the video



<https://youtu.be/Z5v9UuN5-Uo>

Martin Luther King Jr. (born *Michael King Jr.*; January 15, 1929 – April 4, 1968) was an American Baptist minister and activist who became the most visible spokesperson and leader in the civil rights movement from 1955 until his assassination in 1968.



Iota Phi Lambda Sorority, Inc. Southwestern Regional News

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood,
Committing to Business and Developing Leaders"



*Southwestern Region Mourns the loss of our Sister
Soror Janie L. Samuels*

Vahnita Loud,
19th SWR Director

**Our deepest sympathy to our sister Chapter,
Beta Psi, and our Soror's family.**



Janie L. Samuels, Beta Psi

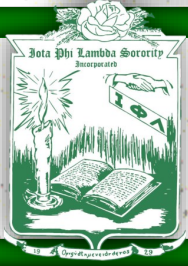
We are extending
our heartfelt and deepest sympathy
in the loss of our sister.

Our prayers are with her family and chapter.

We send our peace, love and comfort.

Sisterly,
Southwestern Region

*In Loving Memory
Of
Janie L. Samuels
January 1, 1946-December 16, 2020*



Iota Phi Lambda Sorority, Inc. National HQ News



Iota Scholarship Programs

IOTA PHI LAMBDA SORORITY, INC.

Soror Charlotte Berry
NATIONAL PRESIDENT-ELECT

2020 – 2021 Essay and Scholarships Procedural Reminders

Updated Scholarship Criteria/Scoring Rubric

This information is also located on the national website in the members only section under scholarships.



Fredda Witherspoon National Scholarship - scholarships are to be postmarked by **January 31, 2021** sent to the National President Elect.

National FIL Scholarship applications are due postmarked by **February 28, 2021** sent to the National President Elect.

Dorethea N. Hornbuckle Scholarship applications are due postmarked by **March 15, 2021** sent to the National President Elect.

Alice P. Allen Scholarship applications are due postmarked by **April 1, 2021** sent to the National President Elect.

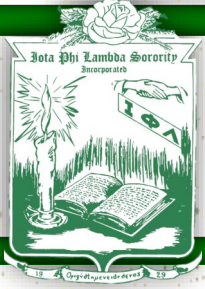
ALL essay and scholarship applications **MUST** be submitted with documentation, recommendations and sponsorships from an active chapter in Iota Phi Lambda Sorority to the National President Elect with the designated postmark dates for each essay or scholarship with official postal marking dates.

Please make sure that your chapter and regional websites indicate those scholarships that are specifically awarded by them and not National Scholarships. There is no reason that scholarship applications should be sent from around the country if the information is posted with clear directions. **Again, no National essay and/or scholarship applications are accepted without chapter endorsement and submission.**

Evelyn D. Wilkey Essay
2020 American Education Week Theme
“How Social Media Affects Teens”

GOOD LUCK IN YOUR SUBMISSIONS!

*“Business and Professional Women Building the Foundation
for Generational Financial Empowerment”*



Iota Phi Lambda Sorority, Inc. National HQ News



*"Business and Professional Women Building the Foundation
for Generational Financial Empowerment"*

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



Welcome to your January 2021 Iota Bulletin! In this edition of the Iota Bulletin, the latest and greatest in Iota news is provided. If you know a soror that is not receiving her official Iota news bulletin, tell a soror and email executive.director@iota1929.org to get connected today!



IOTA BULLETIN (January 2021)

NEW YEAR'S MESSAGE FROM THE NATIONAL PRESIDENT

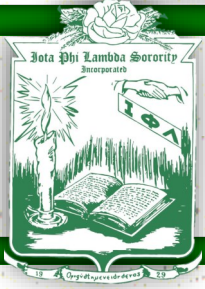


GOODBYE 2020, A YEAR LIKE NO OTHER

As we say goodbye to 2020, we open the next chapter in Iota history. But, first let's review the past chapter where we dealt with the coronavirus, social unrest, and police brutality. We look back over this past year and we marvel at the endurance of our country, as we survived one of the worst periods of our lives. This was an unprecedented year for us, professionally and personally.

The virus had a major impact on our lives, it affected our movement, our jobs, our interaction with each other, our financial stability, and our mental wellbeing. The virus was also responsible for periodic shutdowns of travel, businesses, and schools. We mourn the loss of normality in our lives. We felt the loss of many friends, family members, and Iota sisters. As we mourn their loss, we also celebrated the joy, love, and contributions that they brought to our lives and to our organization.

In 2020, we watched as our country erupted into violence as we witness incident after incident of police brutality and unnecessary killing of African American men and women. This resulted in the rise of the "Black Lives Matter Movement" and the quest for racial and social justice. In the ensuing months, there were protests across the country calling for criminal justice reform and the removal of Confederate statues. This quest for justice and a better environment for all led to the defeat of President Donald Trump by the historic election of President-Elect Joseph Biden and Vice President-Elect Kamala Harris. HOLD THE CTRL KEY AND [CLICK HERE FOR THE ENTIRE ARTICLE.](#)



Iota Phi Lambda Sorority, Inc. National HQ News



“Business and Professional Women Building the Foundation for Generational Financial Empowerment”

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



IOTA BULLETIN (January 2021)

DATES TO REMEMBER

DATES	EVENTS OR ACTIVITIES
1/1/2021	NEW YEAR'S DAY
1/15/2021	IOTA FELLOWSHIP AWARD APPLICATION DUE
1/18/2021	MLK BIRTHDAY
1/20/2021	INAUGURATION DAY
1/21 to 23/21	NATIONAL BOARD MEETING
1/31/2021	FREDDA WITHERSPOON SCHOLARSHIP DUE



AMERICA SAVES

REFLECTION ON THE NATIONAL THEME

“Business and Professional Women Building the Foundation for Generational Financial Empowerment”

America Saves: Building Financial Stability in Unstable times

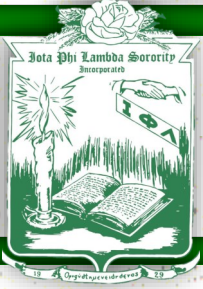
During this Pandemic, we call into doubt the idea of saving for the future or for specific events. But if we are ever going to advance as a people, we have an obligation to instill in our children the habit of saving even in these unprecedented times. Being poor is expensive, it means that we have nothing to fall back on and so we depend on lenders that charge outrageous fees. We find that saving for emergencies such as this pandemic is critical for the stability of the African American family.

The availability or unavailability of money most affects women, women of color and people of color. Most of us understand that we should save, but do not understand how to save, especially in times like these. We also know that debt impacts our ability to save. As we evaluate our financial situation during this pandemic, we find that some people are saving more, some are saving less and some are not saving at all, it all depends on their job situation. [CLICK HERE FOR THE ENTIRE ARTICLE.](#)

As we look forward to Martin Luther King, Jr. Day of Service, Iota Phi Lambda Sorority, Inc. will continue to promote and celebrate business and professional women who have made a difference and are making a difference through the Iota Bulletin's.

Martin Luther King, Jr. Day of Service
January 18, 2021

"Life's Most Persistent & Urgent Question is, What Are You Going to Do for Others?"
Martin Luther King, Jr.



Iota Phi Lambda Sorority, Inc. National HQ News



*"Business and Professional Women Building the Foundation
for Generational Financial Empowerment"*

Soror Dorothy M. White
23RD NATIONAL PRESIDENT



CHAPTER GUIDELINES DURING THE COVID-19 PANDEMIC



Sorors,

I want to thank you for your support during this pandemic. It is very frustrating to many of us as we struggle to adjust to this new way of life, but it is also true that several of our sorors, their families, and friends have been impacted by the Coronavirus pandemic. We are dealing with an invisible enemy that affects every element of life, personally, financially, and professionally. That is why it is so very important that we keep ourselves and our families as safe as possible.

Sorors, we have set guidelines in place that limits the amount of person-to-person contact because we care and we wish to protect you, your families, and Iota. We do not want to unknowingly put anyone in danger of contracting the virus at any Iota event, meeting, or social gathering while wearing Iota gear. It has been awesome to see so many of you working to conduct Iota programs while operating within the stated National guidelines.

Remember, in addition to our national Bylaws and standing rules, all sorority members are expected to abide by any guidelines/regulations developed by the National Board for the safety of our members. Those guidelines are:

1. No in-person chapter meetings for sorors or auxiliaries.
2. No in-person group gatherings involving sorors or auxiliaries, this includes social gatherings that show members wearing Iota gear.
3. No in-person events that require groups of sorors to gather in one location. *Sorors may individually drop off or pick up items, supplies, etc.
4. No in-person membership recruitment, **virtual-only!**

Dorothy White
23rd National President

Psi Chapter Information

If you would like to email President Judy Reeves, Journalist Vee M. Jordan or visit Psi Chapter's website click on the highlighted links listed below.

Judy Reeves, Psi Chapter President
judyreeves4@att.net

Iota Phi Lambda Sorority, Inc.
 Psi Chapter
 P.O. Box 223871
 Dallas, Texas 75222-3871

PSI CHAPTER WEBSITE
<http://www.iota-psi.org>

Chapter Theme:

"Building on a Solid Foundation, Empowering and Strengthening Sisterhood in Business"



You can Find us On



<https://twitter.com/psi1936>

Vee M. Jordan, Journalist
journalist@iota-psi.org

Public Relations Committee

- Daphne Hornbuckle
- Jewel Hudson
- Judy Jenkins
- Rita Heath Powell
- Wonda Traylor
- Rita White Ross
- Shelia Fadipe
- Deloris James
- Carolyn Parker

Southwestern Region Information

If you would like to send an email to our Southwestern Regional Director, National President or visit the Southwestern Region or National websites. Click on the highlighted links listed below.

[Vahnita Loud](#), Southwestern Regional Director

Southwestern Region Website, <http://www.iotaswr.org>

Southwestern Region Theme: "Affirming the Legacy, Bonding in Sisterhood, Committing to Business and Developing Leaders"

National Information

[Dorothy White](#), National President

National Website, <http://www.iota1929.org>

National Theme:

"BUSINESS AND PROFESSIONAL WOMEN BUILDING THE FOUNDATION FOR GENERATIONAL FINANCIAL EMPOWERMENT"



Founder: Mrs. Lola M. Parker

"Upward and Onward in Efficient Service"