

The Beta Delta Times

“Highlighting the Beat of Beta Delta”



Volume 3, Issue 2 – March 2019

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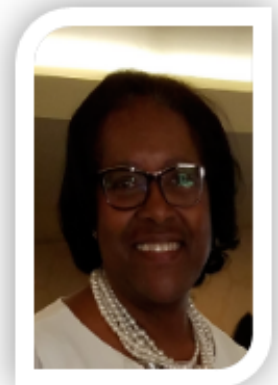
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President’s Corner

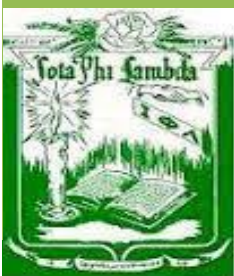
“And let us be concerned about one another in order to promote love and good works.” - Hebrews 10:24
 Congratulations to Beta Delta on an inspirational Black History presentation! As we celebrated “The Forgotten Times,” we were reminded of our history. We were given a wonderful perspective of the path our ancestors traveled and why it is critical that we continue to move forward. Knowledge of our history helps to construct our identity and solidify our potential. Knowing from where we come confirms our far we must go.

February also is the month we Go Red for Women American Heart Month, celebrate President’s Day, Women’s History Month and Valentine’s Day. We are quite busy with many celebrations during this extremely short month. However, we should take a moment to reflect on each of these days. Women’s History Month is a time to honor the contributions of women in American history. Valentine’s Day is a time that we should show our love in tangible ways. American Heart Month raises awareness that women must be intentional about recognizing the symptoms of heart disease. As is customary, we will attend the Southwestern Regional Conference in February. We are excited about joining our sister chapters to celebrate us and the impact that we are making in our communities and the world.

Let’s keep the energy high as we put the final touches on our Business Month activities! Our Business Month chairs have planned an exciting and full calendar of events for April. Get ready, get ready, get ready! Iota is on the move



Soror Sharyl Butler



“Business and Professional Women:
 Furthering the Dream of Economic Independence”

Black History Month Program

February kicks off IOTA Phi Lambda Sorority Incorporated Black History Month Programs. Members of the Beta Delta Chapter hosted its Black History Program entitled “The Forgotten Times.” FILs Barry Newell, Jr. and Aaliyah Newell opened our program by giving the welcome to our guests. Future FIL Terrance Butler, recited an excerpt from Dr. Martin Luther King’s “I Have A Dream” Speech. Our guest speakers of the hour, MOI Jerome Williams and Ms. Elaine Green shared their personal stories from experiences they encountered during the Civil Rights era. Soror Charity Spears shared a very enlightening black history story about Henry “Box” Brown, the slave that mailed himself to freedom in a 37” long by 24” wide by 30” deep box. We had great participation from the community that attended our event. We truly had an awesome time celebrating and learning about the Forgotten Times!



Black History Month Program Photos



Go Red for Women in support of the American Heart Association



February is American Heart Month. Beta Delta Sorors participated in National Wear Red Day for American Heart Month.

2019 Beta Delta's Woman of the Year



Our 2019 Woman of the Year is Dr. Reagan Flowers (excerpt from her website) Dr. Reagan Flowers' journey towards becoming an entrepreneur, innovator, leader, and passionate advocate for STEM education began early in life. The value and importance that education had in her household was significant. Although there were some early obstacles that she had to overcome in grade school such as entering the 5th grade without knowing how to multiply, she was successfully able to complete her high school education in only three years. This was certainly the beginning of many triumphs for Dr. Flowers. Her passion for STEM began as she was working as a science teacher at Yates High School in Houston's Third Ward. She was able to obtain a grant from NASA to create a robot, which led to Yates having their first robotics team. Not only was she able to teach valuable lessons within STEM, but she discovered the power of communication. Communication strategies and tactics can impact the way students, educators, and professionals better understand the disciplines of STEM. This is how C-STEM was born.

Women's History Month



The month of March is declared as Women's History Month. The Theme for 2019 is "Visionary Women: Champions of Peace and Nonviolence." As the National Women's History Alliance website explained, "This year we honor women who have led efforts to end war, violence, and injustice and pioneered the use of nonviolence to change society."

RUSH



March 9, 2019, Beta Delta hosted a RUSH session. Great attendance and lots of great discussion and questions asked about our Sorority and Chapter. Membership Chair Michele Sanders and Co-Chair Jenny Varnado did an awesome job!!

Beta Delta Out and About



February 1, 2019, The El Dorado Social Club held their 94th Annual Winter Ball. The El Dorado Social Club sponsors activities and programs that provide service to the Houston Community. MOI George W. Lunnon, Jr. is a member of the organization. MOI Reginald and Soror Jenny Varnado attended the event. Beta Delta Sorors Sharyl Butler, Ester Lunnon, and Jenny Varnado strike a pose for the camera!



Soror Rhonda Miller was stylish as she stepped out for the 2019 Zulu Ball the oldest Black Social and Pleasure Club held in New Orleans!



Our very own Soror Brenda Patton turned 60 and she through a Roaring 20s themed birthday party. Look at our Srors and MOIs all dressed up.



Beta Delta Wedding Anniversaries



MOI Reginald and Soror Jenny Varnado - February 14

Calendar Events

- **Beta Delta Chapter Meeting - March 23, 2019**
- **72nd Southwestern Regional Conference - March 28-31, 2019**
- **Business Month - April 2019**

“Affirming the Legacy, Bonding in Sisterhood and Committing to Business”

www.swregion-iota.org