

**Lorna L. Hecker**  
*Curriculum Vitae*

**Mailing Address**

1302 S. Shields Avenue, Suite A2-1  
Fort Collins, CO 80524

Phone: 970-617-4035

E-mail: info@neurodiversewellness.com

**Professional Education**

Ph.D.	Purdue University	1991	Child Development and Family Studies Specialization in Marriage and Family Therapy
MS.Ed.	Western Illinois University	1987	Counselor Education
B.S.	Western Illinois University	1984	Psychology

**Professional Experience**

9/2018-Present	Private Practice (Individual, Couple & Family Therapy), Center for Neurodiverse Wellness, LLC, Fort Collins, Colorado
1/2018-Present	Distinguished Professor, Daybreak University, Los Angeles, California (Teach Master/PhD Seminar in Advanced Professional Ethics and Community Practice)
6/2017-5/2018	Self Employed HIPAA privacy and security consultant. Merrillville, Indiana
1992-2017	Professor (tenured), Marriage and Family Therapy Program, Director, Couple and Family Therapy Center Department of Behavioral Sciences, Purdue University Northwest, Hammond, Indiana
1992-2017	Private practice-part time, Hammond & Merrillville, Indiana
1991-1992	Assistant Professor, Marriage and Family Therapy Program, Department of Human Development and the Family, University of Nebraska-Lincoln, Lincoln, Nebraska

**Licenses and Professional Membership**

American Association for Marriage and Family Therapy, Clinical Fellow, 1991-Present  
 American Association for Marriage and Family Therapy, Approved Supervisor, 1993-Present  
 Licensed Marriage and Family Therapist, Lic #MFT.0001804, State of Colorado, 7/2020-Present  
 Registered Psychotherapist, NLC 108922, State of Colorado, 8/2018-7/2020  
 Licensed Marriage and Family Therapist, Lic. #35000812A, State of Indiana, 1993-Present  
 Indiana Association for Marriage and Family Therapy member, 1991-2017  
 Certified Autism Spectrum Disorder Clinical Specialist, June 2022-Present  
 Certified in Healthcare Privacy and Security (CHPS), through the American Health Information Association  
 October 2013 – 2019  
 Certified Information Privacy Manager (CIPM) 2018-2019

**Professional Awards/Honors:**

*Excellence in Teaching Award*, May 28, 2021. University-wide award bestowed for teaching the course “Laws, Professional Ethics, and Community Practice.” Daybreak University, Los Angeles, CA.

*Walk the Talk Award*, April 21, 2104. Award bestowed by Purdue University, through the Office of the Vice President for Ethics & Compliance, presented to who “most exemplify strong ethical character in their

dealings with others, champion ethical practices or programs, or apply personal values in a manner that demonstrates integrity and high standards of excellence.” Purdue University, West Lafayette, IN.

*Invited Supervisor*, (November 2015-to present). Institute for Couples and Family Relationships (ICFR). The ICFR is a post-graduate program for Korean couples, families, and MFTs in training in the U.S. as well as in South Korea.

## **Publications**

### Books

Hecker, L. (2022). *Different planets: Understanding your neurodiverse relationship*. Arns Publishing.

Bédard, R. & Hecker, L. (Eds.) (2020). *A spectrum of solutions for clients with autism: treatment for adolescents and adults*. Routledge Press.

Murphy, M. J. & Hecker, L. L. (Eds.) (2017). *Ethics and professional issues in couple and family therapy*. Routledge-Taylor Francis Group.

Hecker, L. (2016). *HIPAA demystified: HIPAA compliant practice for mental health professionals*. Loger Press.

Sori, C.F., Hecker, L. & Bachenberg, M.E. (Eds.) (2015). *The children's therapist's notebook: Homework, handouts & activities for use in psychotherapy* (2<sup>nd</sup> ed.). Routledge -Taylor Francis Group.

Wetchler, J. & Hecker, L. (Eds.) (2014). *Introduction to marriage and family therapy* (2<sup>nd</sup> ed.). Routledge -Taylor Francis Group.

Hecker, L. & Associates (2010). *Ethics and professional issues in couple and family therapy*. Haworth Press.

Sori, C. F. & Hecker, L. (Eds.). (2008). *The therapist's notebook III: More homework, handouts and activities for use in psychotherapy*. Haworth Press.

Hecker, L. & Sori, C. F. and Associates (2007). *The therapist's notebook II: More homework, handouts and activities for use in psychotherapy*. Haworth Press.

Sori, C.F. & Hecker, L. & Associates. (2003). *The children's therapist's notebook: Homework, handouts & activities for use in psychotherapy*. Haworth Press.

Hecker, L. & Deacon, S. & Associates, (1998). *The therapist's notebook: Homework, handouts and activities for use in psychotherapy*. Haworth Press.

### Refereed Articles

Love, H.A., Nalbhone, D.P., Hecker, L., & Sweeney, K.A. (2017). Suicidal risk following the termination of romantic relationships. *Crisis*, 1(1), 1-9.

- Hecker, L. L., & Murphy, M. J. (**invited article**; 2015). Ethical and contemporary issues in family therapy, *Australian and New Zealand Journal of Family Therapy*, 36(4), 467-479. <https://doi.org/10.1002/anzf.1121>.
- Sori, C. F., & Hecker, L. L. (**invited article**; 2015). Ethical and legal considerations when counseling children and families. *Australian and New Zealand Journal of Family Therapy*, 36(4), 403-531. <https://doi.org/10.1002/anzf.1132>.
- Kellen, K., Schoenherr, A., Turns, B., Madhusudan, M., & Hecker, L. (2015). Ethical decision-making while using social networking sites: potential ethical and clinical implications for marriage and family therapists. *The American Journal of Family Therapy*, 43(1), 67-83. <https://doi.org/10.1080/01926187.2014.942203>.
- Bernard, J.M., Nalbone, D.P., Hecker, L.L. & Degges White, S.E. (2015). Coparenting factors that lead to academic success [Special edition]. *European Scientific Journal*, 241-260.
- Hecker, L.L. & Edwards, A.A. (2014). The impact of HIPAA and HITECH: New standards for confidentiality, security, and documentation for marriage and family therapists, *American Journal of Family Therapy*, 42(2), 95-113. <https://doi.org/10.1080/01926187.2013.792711>.
- Fish, J.N, Lettenberger-Klein, C., & Hecker, L.L. (2013). Cultural competence with working with American Indian populations: A couple and family therapist perspective. *American Journal of Family Therapy*, 41(2) 148-159. <https://doi.org/10.1080/01926187.2012.665273>
- Halstead, R. O., Pavkov, T.W., Hecker, L. L. & Seliner, M.M. (2014). Family dynamics and overcoming self-injury: A correlational analysis. *Journal of Marital and Family Therapy*, 40(2), 246-259. <https://doi.org/10.1111/j.1752-0606.2012.00336.x>.
- McNeil, S., Pavkov, T., Hecker, L., & Kilmer, M. (2012). Marriage and family therapy graduate students' satisfaction with training regarding religion and spirituality. *Contemporary Family Therapy*, 34(4), 468-480. <https://doi.org/10.1007/s10591-012-9205-7>.
- Hecker, L., Lettenberger, C., Nedela, M., & Soloski, K. (equal authors), (2010). The body tells the story: Using art to facilitate children's narratives. *Journal of Creativity in Mental Health*, 5(2), 192-203. <https://doi.org/10.1080/15401383.2010.485104>.
- Bermudez, M., Kirkpatrick, D., Hecker, L., & Torres-Robles, C. (2010). Describing Latinos families and their help-seeking experiences: challenging the family therapy literature. *Contemporary Family Therapy*. 32(2), 155-.172. <https://doi.org/10.1007/s10591-009-9110-x>.
- Roberson, P. N. E., Nalbone, D.P., Hecker, L., & Miller, J.A. (2010). Adult attachment style as a predictor of co-parent relationships post-divorce. *Journal of Divorce and Remarriage*, 51(3), 185-207. <https://doi.org/10.1080/10502551003605619>.
- Dankoski, M., Penn, C. D., Carlson, T. D., & Hecker, L. L. (2007). What's in a name? A study of family therapists' utilization and acceptance of the feminist perspective. *American Journal of Family Therapy*, 26(2), 95-104. <https://doi.org/10.1080/01926189808251090>.
- Tell,S., Pavkov, T., Hecker, L. & Fontaine, K. L. (2006). Adult survivors of child abuse: An application of John Gottman's Sound Marital House Theory. *Contemporary Family Therapy*, 28(2), 225-238.

- Carlson, T., Kirkpatrick, D., Hecker, L., & Killmer, M. (2002). Religion, spirituality, and marriage and family therapy: a study of family therapists' beliefs about the appropriateness of addressing religious and spiritual issues in therapy. *American Journal of Family Therapy*, 30(2), 157-171.
- Buchanan, M., Dzelme, K., Harris, D., & Hecker, L. (2001). Challenges of being simultaneously gay or lesbian and spiritual and/or religious: A narrative perspective. *American Journal of Family Therapy*, 29(5), 435-449.
- Hecker, L.L. (2001). Informed consent in psychotherapy: Using disclosure statements in clinical practice. *Journal of Clinical Activities, Assignments & Handouts in Psychotherapy Practice*, 1(1), 85-91.
- Hecker, L.L. & Trepper, T.S. (2000). REM approach to conflict resolution for couples therapy. *Journal of Family Psychotherapy*, 11(1), 47-57. This article was subsequently translated in Dutch (see below).
- Schlossberger, E., & Hecker, L. (1998). Reflections on Jewishness and its implications for family therapy. *American Journal of Family Therapy*, 26(2), 129-142.
- Schlossberger, E. & Hecker, L. (1996). HIV and duty to warn: A legal and ethical analysis. *Journal of Marital and Family Therapy*, 22(1), 27-40.
- Nickell, N., Hecker, L., Ray, R., & Bercik, J. (1995). Marriage and family therapists' sexual attraction to clients: An exploratory study. *American Journal of Family Therapy*, 3 (4), 315-327.
- Hecker, L., Trepper, T., Wetchler, J., & Fontaine, K. (1995). The influence of therapist values, religiosity and gender in the initial assessment of sexual addiction by family therapists. *American Journal of Family Therapy*, 23(3), 261-272.
- Hecker, L. & Schindler, M. (1994). The use of rituals in family therapy: An assessment typology. *Journal of Family Psychotherapy*, 5(3), 1-24.
- Hecker, L. (1991). Where is Dad?: 21 ways to involve fathers in family therapy. *Journal of Family Psychotherapy*, 2(2), 30-45.
- Hecker, L., Martin, D., & Martin, M. (1986). Family dynamics as a contributing factor in childhood obesity. *American Journal of Family Therapy*, 14(3), 247-253.
- Hecker, L. (1984). Screening fears of a prospective graduate student in counselor education. *Illinois Association for Counseling and Development Quarterly*, 95, 7-11.

### Book Chapters

- Hecker, L. (in press). The changing landscape of confidentiality and privilege. **Invited chapter** for the *Ethics textbook* of the American Association for Marriage and Family Therapy. Author.
- Murphy, M.J. & Hecker, L. L. (2020). Ethical and legal issues unique to systemic family therapy. In K.S. Wampler, R.B. Miller & R.B. Seedal (Eds.), *The handbook of systemic family therapy* (Vol 1) (pp. 531-554). John Wiley & Sons. 10.1002/9781119790181.ch23.

- Hecker, L. L., & Murphy, M. J. (2018). *Ethical issues in couple and family therapy*. In M. M. Leach & E.R. Welfel & M. Leach (Eds.), *Cambridge handbook of applied ethics* (pp.239-272). Cambridge University Press.
- Hecker, L. (2017). HIPAA 101. In S.W. Walfish, J. Zimmerman, & J. Barnett (Eds.), *The handbook of private practice* (pp. 477-491). Oxford University Press.
- Hecker, L. Trauma and recovery in couple therapy (2011). In J. Wetchler's (Ed.) *Clinical issues in couples therapy* (pp. 125-141). Taylor Francis.
- Sori, C. F. & Hecker, L. (2007). Ethics and children in therapy. In C. F. Sori's (Ed.), *Engaging children in family therapy: Creative approaches to integrating theory and research* (pp. 159-174). Routledge Publishers.
- Hecker, L. & Sori, C. F. (2007). Divorce and stepfamilies. In C. F. Sori's (Ed.), *Engaging children in family therapy: Creative approaches to integrating theory and research* (pp. 177-204). Routledge Publishers.
- L'Abate, L. & Hecker, L. (2002). The status and future of workbooks in mental Health. In L. L'Abate's (Ed.), *The role of workbooks in mental health* (pp. 189-201).Haworth Press.
- Hecker, L. (2000). The "I love Lucy" parenting technique. In H. G. Rosenthal (Ed.), *Favorite counseling and therapy techniques* (2<sup>nd</sup> ed.) (pp. 156-171). Accelerated Development.
- Hecker, L. & Piercy, F. (1996). Ethical, legal, and professional issues. In F. Piercy, D. Sprenkle, & J. Wetchler (Eds.), *Family therapy sourcebook* (2nd ed.) (pp. 422-451). The Guilford Press.
- Piercy, F., Wetchler, J., & Hecker, L. (1996). Other family therapies. In F. Piercy, D. Sprenkle, & J. Wetchler, (Eds.), *Family therapy sourcebook* (2nd ed.) (pp. 283-318). The Guilford Press.
- Hecker, L. (1993). The male mystique. In T. S. Nelson & T. S. Trepper (Eds.), *101 family therapy interventions*, (pp. 309-313). Haworth Press.
- Hecker, L. (1993). Stepfamily enrichment: Assets feedback. In T. S. Nelson & T. S. Trepper (Eds.), *101 family therapy interventions* (pp. 13-16). Haworth Press.
- Hecker, L. (1993). The communication stone. In T. S. Nelson & T. S. Trepper (Eds.), *101 family therapy interventions* (p. 37). Haworth Press.

### Translated Works

- Sori, C. F., Hecker, L. L., ( סורי, ק. פ. & הקר, ל. ל. ). 2011. (המדריך למטפל בילדים ובמתבגרים: שיעורי). בית, תמסירים ופעילויות לפסיכותרפיה. קרית ביאליק: אה *The children's therapist's notebook: Homework, handouts & activities for use in psychotherapy*. New York: Haworth Press. (Hebrew Translation: Original work published in 2003).
- Hecker, L. & Deacon, S. & Associates, (2011). **상담사를 위한 핸드북. The therapist's notebook: Homework, handouts and activities for use in psychotherapy**. Translation by H.J. Kim, South Korea: Sigma Press. (Korean Translation: Original work published in 1998).

Hecker, L. L. & Trepper, T. S. (2001). HEG-benadering bij conflictoplossing in relatietherapie. *Gezinstherapie wereldwijd: een selectie uit de interanationale vakliteratuur*, 12(3), 274-284. Dutch Translation: Original work published in 2000.

***Refereed Papers/Presentations at International, National, State and Regional Society Meetings:***

*National and International*

Bédard, R. & Hecker, L. (2022, October 14). Am I overparenting my child on the spectrum? Autism Parenting Summit, online.

Bédard, R. & Hecker, L. (2022, June 30). A spectrum of solutions for stress and anxiety. South African Council for Educators, online.

Hecker, L. (2018, November 18). The road to compliance: HIPAA compliance for mental health professionals. Presentation at the at the AAMFT National Conference, Louisville, KY.

Dralle, D. M., Nalbone, D., Hecker, L. & Killmer, M. (2015, September). Religion, spirituality, and attachment as predictors of the therapeutic alliance. Poster presentation at the AAMFT National Conference, Austin, TX.

Oed, M. & Hecker, L. (2014, October). *Family and the impact of adolescent bullying*. Poster presentation at AAMFT National Conference, Milwaukee, WI.

Tuttle, A.E., Pavkov, T., & Hecker, L. (2011, November). *How couples' attachment/differentiation affect jealousy related to Facebook*. Poster presentation at the National Council on Family Relations, Orlando, FL.

McVicker, M. L., Hecker, L.L., Hoogestraat, P., & Nalbone, D. (2010, September). *Factors contributing to child sexual abuse victims becoming offenders*. Poster presentation at the national American Association for Marriage and Family Therapy, Atlanta, GA.

Cobb, R.A., Nalbone, D., & Hecker, L.L. (2010, September). *Parental intimate partner violence, gender identity, and personal intimate partner violence*. Poster presentation at the national American Association for Marriage and Family Therapy, Atlanta, GA.

Roberson, P. R., Nalbone, D. P., Hecker, L. L., & Miller, J. (2009, November). *Adult attachment style and co-parent relationships post-divorce: Chi-square and structural equation modeling*. Poster presentation at the annual meeting of the National Council on Family Relations, Burlingame, CA.

Halstead, R. O., Pavkov, T.W., Hecker, L.L., & Seliner, M. (2009, October). *Family dynamics and overcoming self-injury: A correlational analysis*. Poster presentation at the American Association for Marriage and Family Therapy, Sacramento, CA.

- Ramisch, J.L., Franklin, D., & Hecker, L. (2008, October). *Ethical therapy with families with mental retardation*. Poster presentation at the American Association for Marriage and Family Therapy, Memphis, TN.
- Butler, J. L. IV, & Hecker, L. (2008, October). *Dyadic Adjustment Scale: Caucasian, Latino & Spanish Couples*. Poster presentation at the American Association for Marriage and Family Therapy, Memphis, TN.
- Sori, C. F. & Hecker, L. (2006, September). *Ethics, children and family therapy*. Presentation at the American Association for Marriage and Family Therapy, Austin, TX.
- Hecker, L. & Trepper, T. (2000, January). *101 Interventions in family therapy: Inspiring therapist creativity*. **Keynote speaker** at the Nevada Association for Marriage and Family Therapy annual conference, Las Vegas, NV.
- Trepper, T., Nelson, T., & Hecker, L. (1999, September). *101 more family interventions*. Presentation at the American Association for Marriage and Family Therapy, Chicago, IL.
- Carlson, T., Hecker, L., Kirkpatrick, D., & Killmer, M. (1999, September). *Religion, spirituality, and marriage and family therapy*. Poster presentation at the American Association for Marriage and Family Therapy, Chicago, IL.
- Viers-Yaun, D. R., Kirkpatrick, D., Hecker, L., & Niedner, D. (1999, September). *Perceived family functioning of families with a child with ADHD*. Poster presentation at the American Association for Marriage and Family Therapy, Chicago, IL.
- Bermudez, J. M. & Hecker, J. (1999, October). *Hispanic families and the marriage and family therapy literature describing them*. Poster presentation at the Texas Association for Marriage and Family Therapy annual conference in San Antonio, TX.
- Hecker, L. (1998). *Innovaciones en Terapia familiar: Inspirando la creatividad de los terapeutas*. (Innovations in Family Therapy: Inspiring Therapist Creativity). Cuartas Jornadas Chilenas De Terapia Familiar, Santiago, Chile, October 28, 1998. (This was a national family therapy conference held in Chile for all of Latin America.)
- Hecker, L. (1998). *Terapia de pareja en el contexto de cambios acelerados*. (Therapy for couples in the context of changing times). Cuartas Jornadas Chilenas De Terapia Familiar, Santiago, Chile, October 31, 1998. (This was a national family therapy conference held in Chile for all of Latin America; this lecture was the plenary presentation.)
- Hecker, L. (1998). *El lugar del terapeuta en el contexto del cambio de milenio*. (The place of therapy in the context of the change of the millennium.) This was a roundtable discussion with myself, Dr. Tom Andersen of Norway, and Dr. Andres Donoso, and Dr. Karla Kozubova of Chile. Cuartas Jornadas Chilenas De Terapia Familiar, Santiago, Chile, October 31, 1998. (This was a national family therapy conference held in Chile for all of Latin America.)
- Trepper, T., Hecker, L., Nelson, R. (1998). *Inspiring therapist creativity*. Presentation at the American Association for Marriage and Family Therapy annual conference, Dallas, TX. Note:

- Bermudez, J. M., Hecker, L., Kirkpatrick, D., & Torres-Robles, C. (1998). *Hispanic families and the marriage and family therapy literature describing them*. Presentation at the American Association for Marriage and Family Therapy annual conference, Dallas, TX.
- Trepper, T., Hecker, L., & Deacon, S. (1997). *Inspiring therapist creativity*. Presentation at the American Association for Marriage and Family Therapy national conference. This workshop was awarded the honor of "Best of 1997" by AAMFT conference attendees, and thus we were asked to facilitate the workshop again at the 1998 conference.
- Pais, S., Hecker, L., Piercy, F. & Serovich, J.M. (1997). *HIV/AIDS clients and their families*. Invited panel presentation at the American Association for Marriage and Family Therapy national conference.
- Dankowski, D., Penn, C., Carlson, T., & Hecker, L.(1997). *What's in a name?: A study of the utilization acceptance of the feminist perspective*. Presentation at the American Association for Marriage and Family Therapy, Atlanta, GA.
- Carlson, T., Kirkpatrick, D., Hecker, L., & Killmer, M. (1997). *Religion and spirituality in marriage and family therapy*. Presentation at the American Association for Marriage and Family Therapy, Atlanta, GA.
- Hecker, L., Trepper, T., Belofski, M., Viers, D., Salinas, J.(1997). *Project Homestart*. Presentation at the Prevention of Child Abuse conference, Indiana Chapter of the National Committee for the Prevention of Child Abuse.
- Bartram, M., Kirkpatrick, D., Hecker, L., & Prebis, J.(1996). *Strengths and vulnerabilities of Grand-families*. Presentation at the American Psychological Association national conference, Toronto, Canada.
- Hecker, L., Trepper, T., Wetchler, J., & Fontaine, K. (1994). *Do therapist values influence diagnoses of sexual addiction?* Presentation of Research at the annual national conference of the American Association for Marriage and Family Therapy, Chicago, IL.
- Daniels, H. & Hecker, L. (1988). *Family rhythms, riffs, and harmonies*. American Association for Marriage and Family Therapy Conference, New Orleans, LA.
- Daniels, H., Hecker, L. & Fulton, L. (Nov. 1987). *Families' management of ambiguity*. Illinois Association of Counseling and Development, Annual Convention.
- Daniels, H. & Hecker, L. (Nov. 1987). *Toward a model of ambiguity management*. A presentation at the North Central Association of Counselor Education and Supervision, Kansas City, MO.
- State
- Hecker, L. (2018, April 7). *The Road to Compliance: HIPAA Compliance for Mental Health Counselors*. **Invited presentation** for the Illinois Mental Health Counseling Association.
- Hecker, L. (2014, November 15). *HIPAA and Mental Health: What am I Allowed to Share?* Presentation for the Illinois Counseling Association, Schaumburg, IL.
- Hecker, L. (2014, November 13). *The Ethics of Collaboration in Health Professions*. **Invited**



**presentation** for the Illinois Counseling Association, Schaumburg, IL.

- Shindell, R., & Hecker, L. (2014, May 13). *So you think you have attested for meaningful use. Really? The perils and pitfalls.* **Invited presentation** for the Indiana Primary Care Association, Indianapolis, IN.
- Cobb, R. A., Nalbone, D. P., & Hecker, L. L. (2010, September). *Parental IPV, gender identity, and personal IPV.* Poster presented at the annual meeting of the American Association for Marriage and Family Therapy, Atlanta, GA.
- Cobb, R. A., Nalbone, D. P., Hecker, L. L., & Casanova, G. M. (2010, November). *Influence of interparental violence on gender identity and intimate partner violence.* Presentation at the annual meeting of the National Council on Family Relations, Minneapolis, MN.
- Cobb, R. A., Nalbone, D. P., Hecker, L. , & Casanova, G. M. (2009, April). *The influence of parental intimate partner violence on gender identity development and personal experience of intimate partner violence.* Presentation at the Indiana Association for Marriage and Family Therapy. Indianapolis, IN.
- Hecker, L. (2000). *Innovations in Couples Therapy: Techniques and Interventions for Working with Conflictual, Resistant, or Traumatized Couples.* **Keynote speaker** for the Indiana Association for Marriage and Family Therapy conference, Indianapolis, IN.
- Bermudez, J. M. & Hecker, L. (1999). *Hispanic families and the marriage and family therapy literature describing them.* Presentation at the Texas Association for Marriage and Family Therapy annual conference, San Antonio, TX.
- Viers, D., Kirkpatrick, D., Hecker, L., & Neidner, D. (1998). *Family functioning of families with a child with attention -deficit hyperactivity disorder.* Presentation at the Indiana Association for Marriage and Family Therapy conference, Indianapolis, IN.
- Viers, D., Trepper, T., Hecker, L., & Belofski, E. (1998). *Intervening to prevent child abuse: Project homestart results.* Presentation at the Indiana Association for Marriage and Family Therapy state conference, Indianapolis, IN.
- Hecker, L., Bermudez, M., Deacon, S., & Payer, R. (1996). *Crisis intervention skills training.* Workshop for the Indiana Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- Trepper, T. & Hecker, L. (1996). *Creating family solutions for alcohol and drug abuse.* Department of Community Services, Alcohol and Drug Program, Vancouver, WA.
- Hecker, L., Trepper, T., Wetchler, J., & Fontaine, K. (1995). *The influence of therapists values, religiosity, and gender in the initial assessment of sexual addiction by family therapists.* Presentation for the Indiana Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- Nickell, N. & Hecker, L., Ray, R. & Bercik, J. (1995). *Marriage and family therapists' sexual attraction to clients.* Presentation for the Indiana Association for Marriage and Family Therapy Annual Conference, Indianapolis, IN.
- Hecker, L. & Clements, T. (1994). *Increasing therapist awareness of the stressors and strengths of inner city children.* Indiana Association for Marriage and Family Therapy, Indianapolis, IN.

- Hecker, L. (1991). *21 ways to involve fathers in family therapy*. Indiana Association for Marriage and Family Therapy Conference, Indianapolis, IN.
- Hecker, L. (1991). *The effects of chronic illness on sexuality*. Indiana Association for Marriage and Family Therapy Conference, Indianapolis, IN.
- Daniels, H. & Hecker, L. (1987). *The family management of ambiguity*. Illinois Association for Counseling and Development Conference, Chicago, IL.
- Daniels, H. & Hecker, L. (1987). *A model for managing ambiguity*. North Central Association for Counselor Educators and Supervisors Conference, St. Louis, MO.
- Cobb, B., Hecker, L., & Harzman, B. (1987). *Coordination of services for single parents and homemakers*. Pre-Convention of the Family Relations and Child Development Section of the American Home Economics Association, Indianapolis, IN.
- Martin, D., Martin, M. & Hecker, L. (1985). *Understanding the dynamics of family of origin and obesity*. Illinois Association for Counseling and Development Conference, Chicago, IL.

### Regional

- Hecker, L. (2014, November 7). *Ethical Issues when Working with Suicidal Clients*. Northwest Indiana Suicide Prevention Council, Indiana University Northwest, Gary, IN. (HIPAA content)
- Hecker, L. (2014, October 6). *Introduction to the Purdue University Calumet Couple and Family Therapy Center*. WJOB Radio interview with Jim Dedelow, WJOB, Hammond, IN.
- Hecker, L. (2014, October 6). *Crazy Sexy HIPAA: Why You Should be in Lust!* Chicago Counseling Association, Chicago, IL.
- Hecker, L. & Long, E. (2012, July 9). *Services for Parents & Families*. Presentation to Health Start Family Services, Hammond, IN.
- Hecker, L. (2011, June). *Cognitive Behavioral Therapy*. Presentation to the Area Agency on Aging, Merrillville, IN.
- Hecker, L. (2011, March 24). *Depression and the Elderly*. Presentation to the Area Agency on Aging, Merrillville, IN.
- Hecker, L. (2009). *PUC Couple and Family Therapy Center Services*. Presentation to the Lake County Family Law Judges and Attorneys, Griffith, IN, on 7/15/09.
- Hecker, L. (2009). *PUC Couple and Family Therapy Center Services*. Presentation to the Lake County Domestic Violence and Substance Abuse Recovery Task Force, Crown Point, IN on 4/21/09.
- Hecker, L. (2009). *Trauma and Recovery Issues*. Presentation to Flood Survivors at Munster Town Hall, Munster, IN on 4/18/09.

- Hecker, L. (2005). *Ethical and Professional Issues in Mental Health Counseling*. Presentation Sponsored by the Indiana Council of Community Mental Health Centers, Indianapolis, IN.
- Hecker, L. (2003). *Ethical Issues in Marriage and Family Therapy*. Presented at the Southlake Center for Mental Health, Merrillville, IN.
- Hecker, L., Flores, C., Toviessi, P., & Graff, C. (2001) *An Introduction to Family Systems Theory and Practice*, Oasis Center, Gary, IN.
- Hecker, L. & Jones, R. (2001). *Female Sexual Dysfunction*. Ob/Gyn Department of the Community Hospital, Munster, IN.
- Hecker, L. (1993). *Normal Sexual Development for Survivors of Sexual Abuse*. "Moving Beyond Survival" Conference by the Sexual Assault Recovery Project sponsored by the Porter County Prosecutor's office and Porter-Starke Services. Valparaiso University, Valparaiso, IN.
- Hecker, L. (1986). *Understanding Stepfamilies*. Child Development and Family Life Seminar, Western Illinois University, Macomb, IL.

### **Publications Not Listed Elsewhere**

- Hecker, L. (2020, Feb.). When your partner is on the autism spectrum. *Autism Parenting Magazine*, 99, 55-57.
- Hecker, L. & Shindell, R. (2018). Your files have been encrypted: The growing threat of ransomware. *Today's Wound Clinic*, 12(4).
- Shindell, R. & Hecker, L. (2017). HIPAA privacy & security: conducting your HIPAA-required security risk assessment. *Today's Wound Clinic*, 11(11).
- Hecker, L. & Shindell, R. (2017). Should healthcare providers 'google' their patients? *Today's Wound Clinic*, 11(7).
- Shindell, R. & Hecker, L. (2017). HIPAA privacy & security compliance: are you at risk of improperly managing business associates? *Today's Wound Clinic*, 11(4).
- Shindell, R. & Hecker, L. (2018). The rise of the cybercriminal: HIPAA security does not stop with compliance. *Today's Wound Clinic*, 12(1).
- Hecker, L. (2016). Cyber security & HIPAA: taking security measures beyond general compliance in the wound clinic. *Today's Wound Clinic*, 10(10).
- Kottler, J. & Hecker, L. (2002). Creativity in Therapy: Being Struck by Lightning and Guided by Thunderstorms, *Journal of clinical activities, assignments & handouts in psychotherapy practice: Innovations in resources for treatment and intervention*, 2(2).
- Hecker, L. & Kottler, J. (2002). Growing Creative Therapists: Introduction to the Special Issue. *Journal of clinical activities, assignments & handouts in psychotherapy practice: Innovations in resources for treatment and intervention*, 2(2). 1-3. doi: 10.1300/J182v02n02\_01.

- Hecker, L. (2001). Practitioners in the Trenches: Advice and Adage: An interview with Dr. Charles Whitfield. *Journal of clinical activities, assignments & handouts in psychotherapy practice: Innovations in resources for treatment and intervention*, 1(3), 95-103.
- Hecker, L. (2001). Editor's Introduction. *Journal of clinical activities, assignments & handouts in psychotherapy practice : Innovations in resources for treatment and intervention*, 1(1), 1-1.
- Hecker, L. (2001). An interview with Dr. Charles Whitfield. *Journal of Clinical Activities, Assignments & Handouts in Psychotherapy Practice: Innovations in resources for treatment and intervention*, 1(3), 95-103.
- Hecker, L. (2000). *ABC's of Parenting*. Training manual for parents for use in Homestart Grant Project, a cooperative project between Purdue University Calumet and the Northwest Indiana Health Cooperative. This is a six-lesson Parenting manual that the Homestart trainer uses in parent education with project participants.
- Hecker, L. (2000). *The ABC's of Parenting*. Video produced by Lorna Hecker. Executive Producers: Lorna L. Hecker and Terry S. Trepper. Producers: Carley Flores, Rene Jones, Megan Ratajczak. Director/Videographer: Craig E. Blohm. Funded by the State of Indiana, Indiana Children's Trust Fund through the Homestart Grant Project between Purdue University Calumet and the Northwest Indiana Health Department Cooperative. 26 minutes.

### **Editorships/Editorial Boards**

- Founding Editor, *Journal of Clinical Activities, Assignments & Handouts in Psychotherapy Practice: Innovations in Resources for Treatment and Intervention*, Haworth Press, Binghamton, NY, 8/99 to 2002.
- Founding Editor, *Practical Practice in Mental Health: Guidebooks for In-Patient, Out-Patient, and Independent Practice book series*, Haworth Press, Binghamton, NY, 8/99 to 8/2006.
- Editorial Board of the *Journal of Couple and Relationship Therapy*, 1999-2017
- Ad Hoc Reviewer, *Journal of Marital and Family Therapy*

### **Podcasts**

- Hecker, L. (2023, January 10) Pursuer-Distancer Pattern, Kind Bluntness & Power Issues. Neurodiverse Love with Mona Kay. <https://podcasters.spotify.com/pod/show/neurodiverse-love/episodes/Pursuer-Distancer-Pattern--Kind-Bluntness--Power-Issues-Lorna-Hecker-Author-of-Different-Planets-Understanding-Your-Neurodiverse-Relationship-e1s3j81/a-a58emn>
- Hecker, L. (2023, June 2). Neurodiverse Couples. The Neurodiverse Couples Show. [https://fb.watch/ou7eISE\\_w7/](https://fb.watch/ou7eISE_w7/)

### **Blogs**

- Hecker, L. (2018, January 9). Cybercrime and the family therapist in 2018. [Blog Post]. Retrieved from <http://blog.aamft.org/2018/01/cybercrime-and-the-family-therapist-in-2018.html>

Hecker, L. (2017, July 5). Would your practice pass regulatory scrutiny? [Blog post]. Retrieved from <http://blog.aamft.org/2017/07/would-your-practice-pass-regulatory-scrutiny.html>.

Hecker, L. (2017, February 3). HIPAA frequently asked questions [Blog post]. Retrieved from <http://blog.aamft.org/2017/02/hipaa-frequently-asked-questions.html>

Hecker, L. (2017, January 5). Is your notice of privacy practices up to date? [Blog post]. Retrieved from <http://blog.aamft.org/2017/01/is-your-notice-of-privacy-practices-up-to-date.html>

### **Professional Interests**

Neurodiversity (autism spectrum, ADHD), anxiety, professional ethics, professional supervision and education, trauma and abuse recovery, mind-body connection, spirituality, divorce transitions.

### **Courses Taught**

Practicum in marriage and family therapy, couples therapy, children in family therapy, trauma and recovery in family therapy, gender and culture in family therapy, ethics and professional development in family life education, ethics and professional issues in child development and family studies, advanced professional ethics and community practice, theories of human development, human sexuality, adolescence, introduction to family dynamics.