

CAIRN STONE 2024 SEASON NEWSLETTER

TO: CAIRN STONE HIKERS
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2024 TRAINING HIKES SCHEDULE

2024: I am *Fired Up* to be releasing this information for a very exciting upcoming 2024. Obviously, this is a tentative schedule so please *hang loose*. It is a real challenge to train four different groups spread out over two different years. But we will get it done! Some observations are listed below.

- ✿ The hike training schedule is flexible and will involve both *Thistle Trekkers* (our Scotland hikers) and *Training Partners* (those not going on the trip). Goal hike distances will vary but everyone needs will be met and you will be coached.
- ✿ There will be no TEST HIKES. However, there will be several charming and challenging hikes. I will monitor the training logs for everyone's performance and potential.
- ✿ We will have one special optional training trip to Devil's Lake. I hope that all *Thistle Trekker* team members will accept this iconic team building challenge.
- ✿ We will have four groups of Thistle Trekkers traveling with notable gaps between 2024 and 2025. We will send out the extended training schedule for 2025 travelers soon. This schedule will include a Manistee River Valley training hike.

FALL 2025: The next Cairn Stone adventure is planned for early Fall 2025 and will be *Spectacular Up North*. This very special hiking tour will include such hiking destinations as Sleeping Bear Dunes, Taquamenon Falls, Pictured Rocks, Porcupine Mountain, Isle Royal National Park and Mackinaw Island!

CHEERS: You are a wonderful group of hikers and I appreciate your support and *Fired Up* attitude!

