

CAIRN STONE OFF SEASON NEWSLETTER

TO: CAIRN STONE ALUMNI
FROM: COACH RON GUNN
DATE: November 16, 2023
574.215.4779

Ron@CairnStoneTours.com



STAR BRIGHT! WHAT A NIGHT! WHAT A HIKE!

NIGHT HIKE: Our night hike at Lawless Dark Sky Park went very well as we had a beautiful clear night sky to the delight of over 40 fired up *star trekkers* who attended! I really appreciated everyone who attended and I realize that 5:30PM is not the best time on a weekday to stage this event. The Cass County parks staff of Scott Wyman and Jay Wade provided excellent help including a warm fire, apple cider and Smores and Cindy and Glyn at *Tree-Mendus Fruit* gifted delicious apples! We'll definitely do it again hopefully at a better time.



56th TURKEY TROT: Hikers are welcome in the 56th annual Turkey Trot held at Southwestern Michigan College and the Roadrunner Trails this **Sunday, November 19 at 1:00PM**. I am excited about having this event back on the beautiful SMC campus. Complete details attached [Register online at [RunSignUp](#) or before the event.] I am also still **looking for volunteers**. (574.215.4779)



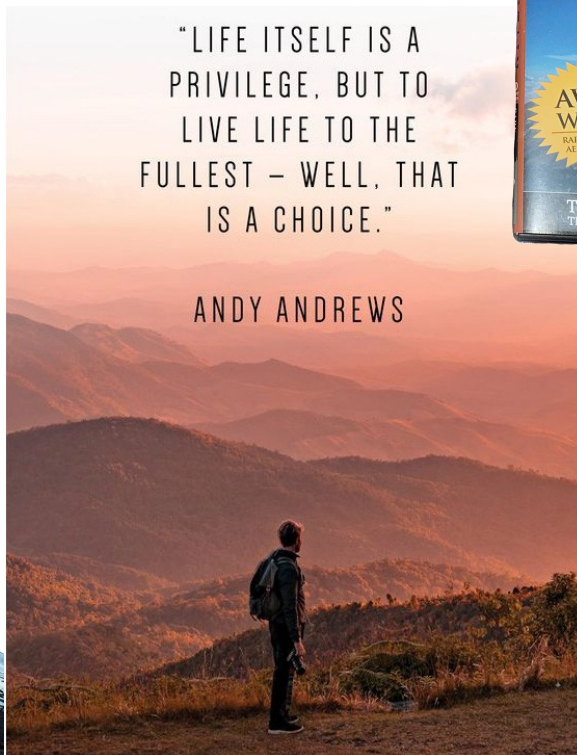
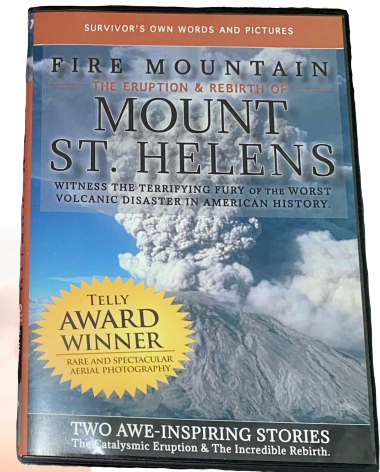
CAIRN STONE CHRISTMAS PARTY: The Cairn Stone Christmas party/Pacific Northwest Reunion will be held on **Tuesday, December 12** starting at 6:00PM at the Dowagiac Elks Club. Please see page 2 details. I am looking forward to this!

Mt. St. Helen's Video: Come early to see the award winning documentary DVD *Fire Mountain, The Eruption and Rebirth of Mount St. Helens* at 5:00PM.

PNW Slideshow: After dinner our Pacific Northwest trekkers and anyone interested will have the option to stay to view Thom's slideshow of our *Pacific Northwest III* adventures.

"LIFE ITSELF IS A PRIVILEGE, BUT TO LIVE LIFE TO THE FULLEST - WELL, THAT IS A CHOICE."

ANDY ANDREWS



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RUNNERS & WALKERS
Registration OPEN to race day
Every entry will get a *SHIRT
(*not guaranteed for race day)

**NOV 19
1PM**



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NOON-12:45PM Packet Pickup/Registration 1:00PM 10K & 5K START

The 56th running of this classic *All Trail Turkey Trot* will run on to the trails of *Southwestern Michigan College – Dowagiac campus*. The race will use chip timing and all finishers will receive a long sleeve custom designed tech shirt. Late entrees will receive a shirt, either a current design (if available) or a fabulous past race shirt.



**DEC 12
Dowagiac Elks
6:00-8:00PM**

5PM: DVD showing 6PM-8PM: Cash Bar & Potluck 8PM: PNW Slideshow
Come for fun with hiking friends. Coach Gunn will judge the Ugly Christmas Sweater!
[Dowagiac Elks, 300 Riverside Drive, Dowagiac, MI]