

SUPER ATTITUDE AT SPUD CREEK!

POTATO CREEK: We got a bit of a *knuckle ball* from the weather man, but everyone had a positive attitude and was prepared. Any hiker worth their salt has handled some mud successfully. Great training gains were made as we are now over a ½ marathon in training hike goal distance.

Special thanks go to Jay and Kathy Crouch and Rob Riley who were a big help in setting up the course (Jay also helped on Saturday morning because of the snow), and Ginger Riley and Peggy Watts who picked up the signs. Also a thanks to Trudy Roule who provided a great lunch and Jim D'Haenens for the *wheat juice*. We had our biggest turnout of the year to date with 78 present!

ACTION ITEM: Please carefully review the attached information for our first TEST HIKE. This is a great destination hike for all our hikers in addition to being a mandatory hike for our elite hike candidates. There are important deadlines and I appreciate everyone's cooperation. Also for our *elite hike candidates* this hike is a prerequisite for the final TEST HIKE in September at Manistee.

GC XII ROOM LIST: For all those signed up for the Grand Canyon hiking tour please see the attached room list and let Thom know right away if you request any changes. Thom@CairnStoneTours.com
Note: For privacy this attachment is only going to our Canyon Trekkers list.

NEXT TRAINING HIKE: Our next training hike will be **Saturday, April 23 at Lawless County Park**. Look for complete details in the next training newsletter going out next week.

