

Ion Footbath or Ion Foot Spa

The ion foot spa works to dramatically remove toxins from your body through your feet. The foot spa accomplishes this by energizing the water. The ion foot spa's control head delivers enough of an electrical current through the ionizer to generate positively charged ions. These ions are believed to travel through the body and attach themselves to toxic substances, thereby neutralizing these toxins' negative charges. After being neutralized, toxin particles are pulled through the skin and out of the body via osmosis, attracted by the highly concentrated ion field in the ion foot spa water.

When the ion foot spa is set, positive ions are being produced in the water, which raises the user's pH to a more alkaline state. Why is this significant? The vast majority of people in the United States live in an acid state - their bodies contain an excess of hydrogen ions and their blood pH is lower than 7.45. Such persons greatly benefit from exposure to high concentrations of positively charged ions, bringing their bodies back into a more balanced acid-alkaline state because of our poor diets, high stress, disease and frailty, we tend to accumulate and store excessive quantities of waste products.

The ion foot spa creates an ion charged environment similar to a walk along the beach, only more powerful, because your feet are immersed in the ions being generated in the footbath. Neutralized particles and waste material are pulled out of your body via osmosis. Vibrant color changes in the water are just a partial indicator of the toxins that are leaving your body. The unseen, microscopic effects are much more profound. Ions: they may be tiny, but they are fierce!

The combination of electrolysis in the array, ionization of the water, and the flood of toxins purged from your body, are evident just minutes into an ion session.

The powerful, natural forces at work in the ion are extremely gentle on your system and can be used with confidence and in conjunction with most any health regimen. Ask your health care provider how essential body detoxification is in fighting sickness and disease. A growing number of clinicians believe it is a core element of total body health

* Some people such as those with pacemakers and organ transplants and some others should not use the ion foot bath except under the directive of a physician. Day Spring Wellness Centre does not make any medical or therapeutic claims and does not give any type of medical advice. All information is for information purposes only.