



Preschool Academic Schedule

7.30am	Arrival – Free play
8.00am	Breakfast
9.15am	Circle time activities and class development (Thematic Projects)
	Small groups activities
10.30am	Snacks
10.45am	Centers / Individual work
11.15am	Outdoor playing / Science / Gardening
11.50am	Yoga / Meditation
12.00pm	Lunch
12.30pm	Nap time / quiet time
2.45pm	Bathroom
3.00pm	Snacks
3.30pm	Centers / outdoor playing
4.00pm	Dismissal Preschool
4.00pm – 5.30pm	After Care: free playtime, playground / arts & crafts

This is a general guideline of our daily activities; our schedule may vary due staffing, children's age groups, special activities, children's needs, weather, etc.