

ORANGE CRUSH POLE VAULT

SPARTAN POLE VAULTING has long been a powerhouse for track and field in this district! Our student athletes know that to continue our winning tradition, they must be committed and dedicated to jumping year round. In the past four years:

- 17 athletes qualified for the Area Meet
- 14 athletes qualified for the Regional Meet
- 2 athletes qualified for the State Meet
- Six different school records have been set on the boy's side.
- One school record set on the girls side

ORANGE CRUSH POLE VAULT is dedicated to promoting the sport, teaching proper technique, safety, and most of all having fun. The summer sessions will include drills, gymnastics training, and of course pole vaulting. The summer sessions are open to athletes of all ages and ability level. There will be opportunities to compete throughout the summer months (see back page) and I will keep you updated as more are added.

Where: Seven Lakes High School Track (located south of the school)
9251 S Fry Rd Katy, TX 77494

When: Tuesday and Thursday mornings 7:00-9:00
Starting June 12th - July 18th

Cost: \$10 per 2 hour session (Tuesdays/Thursdays) or sign up for the summer long Orange Crush Program for \$175 and attend the sprint training on Mon, Wed, Fri as well as the vaulting on Tuesdays and Thursdays.

PLEASE NOTE: *** Do not pay the Orange Crush Running Club rate if only attending Tuesdays and Thursdays. The Pole Vault is separate and charged per session attended.*******

Who: Coach Scott Kenney
Assistant Track and Field
Head Boys' Cross Country Coach

What we need from you and other information!!

1. Complete the Athlete Information Card. Please print all information legibly. If we cannot read it, we cannot contact you!!!
2. **IMPORTANT AAU MEMBERSHIP INFORMATION!!!!!!!**
 - a. YOU MUST GET AN INDIVIDUAL AAU MEMBERSHIP
 - b. THE AAU WEBSITE IS [HTTP://AAUSPORTS.ORG](http://AAUSPORTS.ORG)
 - c. OUR CLUB CODE IS WYTBW7
 - d. SIGN UP FOR INDIVISUAL MEMBERSHIP AND INCLUDE YOUR TEAM CODE. PRINT OUT MEMBERSHIP CARD TO SHOW YOUR COACH (you will keep the card)
3. Track and Field practice begins the first day of school. **All forms, physicals etc. must be done before this date!!!**
4. **Remember that most of our athletes are involved in summer programs. Waiting until the 1st day of practice to begin training will put you at a severe disadvantage. If you are interested in these opportunities contact me at: scottkenney76@gmail.com**

Information for updates pertaining to summer practices and competitions

Athlete Name: _____

Age: _____ Birth date: _____

School attending 2018/2019: _____

Athlete Phone: _____

Athlete Email: _____

Parent Name: _____

Parent Phone: _____

Parent Email: _____

If you have any questions feel free to contact me at scottkenney76@gmail.com

Attach AAU proof of payment to your registration information. Do not give me your AAU card! I just need proof you joined (sign up receipt copy)

**Release Form
Parents Release and Indemnity Agreement to: Orange Crush Pole Vault**

We (or I) hereby request that you accept the application for enrollment in the 2019 Orange Crush pole vault. On dates set forth in this application, and in consideration of your acceptance of the application, we (or I) hereby release the Orange Crush Running Club and all of their employees and agents from all claims on account of any injuries which may be sustained by our (or my) daughter/son while attending the Orange Crush Team practices and competitions now and in the future and its employees and agents for any claim may be hereafter presented by our (or my) minor daughter/son.* I understand that medical coverage is the sole responsibility of the parent/guardian (not provided by Orange Crush Running Club). I certify I am the parent/guardian of the above named student /athlete.

Parent /Guardian (Print Full Name) _____

Parent /Guardian Signature _____

Home Address _____