

Psalm 139:23-24 (Ref. Psalm 139)

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1. Solitude - The State or situation of being \_\_\_\_\_
2. Self-Reflection - deliberate time set aside to slow down in the \_\_\_\_\_ of your life to look back on your day, month, or year in an attempt to \_\_\_\_\_ from your experiences.
3. Often times we are too busy trying to stay on top of everything to have any time to sit back and reflect on what you are \_\_\_\_\_ or how you're \_\_\_\_\_.
4. Or maybe, when you aren't busy, you focus your energy \_\_\_\_\_ by spending time watching tv or on your cell phone.
5. When you \_\_\_\_\_ in moments of solitude and self-reflection, you can ask questions like.....
6. "Am I satisfied with what I'm \_\_\_\_\_?"
7. Or, you can ask God, "Is my \_\_\_\_\_ orchestrated in such a way that it is clear that my \_\_\_\_\_ with you is a priority?"
8. In our \_\_\_\_\_, we tend to become so busy that we forget \_\_\_\_ we are busy.
9. We need more \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_ for God in our lives.
10. Failing to make the necessary room for God and making time to \_\_\_\_\_ on your life and relationship with God, you'll likely operate on \_\_\_\_\_.
11. Reflection \_\_\_\_\_ us to be driven by the Spirit of God rather than by \_\_\_\_\_ and community.
12. \_\_\_\_\_ times of self-reflection and solitude are aimed at creating space for you to sit with God and ask \_\_\_\_\_ questions about life and your relationship with Him.

13. Why seek God in solitude? God knows me \_\_\_\_\_ and \_\_\_\_\_.

14. I need to self-reflect because:

a. I am never \_\_\_\_\_ of God. (v.7-10)

b. I don't \_\_\_\_\_ as much about myself as I might \_\_\_\_\_. (v.11-12)

15. \_\_\_\_\_ knew me before I knew \_\_\_\_\_. ([Jer. 1:5](#))