



Are you a creative or entrepreneur that seeks connection, expression & inspiration?
Are you interested in having fluidity & creativity in all of your projects, relationships & endeavors?
Have you felt like there is a deeper yearning calling you to your TRUE self?

Welcome!

*“When like minds and hearts gather to potentiate each other's creativity & inspiration
- miracles reveal themselves and we begin to see the HEARTist way.”*

Oak Run, CA

Mt. Shasta Immersion

July 7th - 14th

What is the ‘Heartist Way’?

The Heartist way is the answer to all of your questions towards your Purpose, Passion, Projects & Play.

Many of us have an improper structure to support the Heartistry of our lives.

Our intention with this immersion is to create a solid foundation (first) from Spirit - then our body, then our mind & lastly expressed through our instrument/tool or creative modality. The Heartist way does not have to be the hardest way.

If we are hard on our art - we are hard on our heart.

“A positive outlook on your art is a positive inlook of your heart.”



Our Beliefs & Inspiration:

We believe in non-dualistic art.

Where there is no such thing as 'bad' art - and in that, there is no such thing as 'good' art.

There is just perfect art.

We lovingly believe ALL humxns are unique artisans who each have a story to share - a story that the world needs to hear, see, taste & feel.

“There are as many Artists as there are sentient beings in the universe, everything & everyone is art.”

We know fully, ALL humxns have a gift deep within themselves waiting to be tapped into.

We also innerstand that there is a pressure on many artists today, to create from a place of relevancy. A fear of being forgotten about, unnoticed, or placed on the back burner. Or the opposite, the fear of being seen and showing your true self to the world.

And that this fear may hinder many from fully tapping into our limitless, unique and creative potential.

Because of this fear, people create from a place that's sometimes furthest from their truest “WHY”.

And we are here to inspire and encourage the remembrance of your “WHY”.



What is the 'Why'?

The why is your own personal avenue of passion & expression.

It's what excites and liberates your heart each day - each moment.

This comes through our feelings and not the stories.

The realm of creativity is not held by circumstances, it's within you.

The story may look like you're 1,000 different kinds of artists. As artists, our aim is to balance the mind, body & spirit - to liberate our creative and organic flow.

Cultivating habits that allow us to be our truest selves, will help tune and balance our will to create
- with ease and grace.

"When we are out of tune, our tune will show it."

"When your mind, body & spirit is aligned, your greatest brilliance and creativity can shine!"

You will be magnetized to your 'why' when you shift your attention from outside to inside.

Discovering our 'why' is foundational before art is created.

We believe that art is here to cultivate relationships.

We are confident we can help you find your 'why'.

We believe our gift will make room for our life - not the other way around.

Many of us try to squeeze our gift into our life, however your gift shall make room for you to live.

When you innerstand this, your craft & your life become one in the same.

Your only goal is being undeniably YOU within the structure of your authentic self.

There is no approval, status, check mark or award that will verify this more than you looking in the mirror and saying it to yourself.

(So before you read the rest of this codex, let's say a few affirmations)



Speak with boldness:

I am brilliant.

There are divine ideas that have chosen me as a host.

I am a conduit of pure brilliance.

I am a clear instrument of the Divine.

A steward of these precious ideas.

I trust & have the ability to respond.

And in this responsibility, I honor my 'response' ability.

I bring forth these ideas through inspiration & imagination.

These ideas will ripple, flutter & spin whichever way they do.

I master the flow state & create from my overflow.

I am eternally replenished always in all ways!

In full faith, with the utmost respect, care & certainty.

soul it is.

Ase.

The HEARTist Way

Immersion

The Experience

- Communion & Quality Time with Brilliant Artisans
- Clean, Bright, Organic Meals - On-Site Organic Chef
- Nature Reconnection - Hikes & Meditations
- Cacao & Gong Fu Cha Ceremonies
- Hidden Language of the Universe
- Deep Breath-Work & Sound Journeys
- Leadership Empowerment
- Experience Mt. Shasta
- Yoga & Qigong
- Nutrition & Wellness Wisdom
- “Activate Your Senses” Playshops
- Digital Alchemy Immersion
- Voice Activation Ceremony
- “What is Prayerformance?” Initiation
- Plant Ally Connection/Green Breath
- Creativity Mastermind & Heart Gathering
- Bodywork - Massages, Guasha & Electrostatic Therapy
- Ecstatic Dance Drum Journey & Movement Remembrance

Location & Details

Where:

Oak Run, CA

Mt. Shasta Immersion

29276 Bullskin Ridge Road, Oak Run Ca 96069

When:

July 7th - 14th

Airport:

Sacramento International Airport (SMF)

Transportation:

Shuttling to & from provided

Pricing:

\$1,234 - Shared Tent

\$1,777 - Individual Tent



Body & Mind Preparation

*Our philosophy is, if the mind & body are in alignment the quality of our art follows.
The following isn't necessary, however we hope it inspires you.*

The HEARTist Fast

Abstain from the following

- Meat
- Sugar
- Dairy
- Oils
- Alcohol/Other Drugs
- Sex/Masturbation

*This fast will assist us collectively and bring a more
harmonious essence to the Group container.*

Imagine inviting "Creativity" over to your house...

This fast is like preparing your home for the guest of "Creativity".

Meet your Facilitators:



Maggie Rose

Maggie Rose is a soul intuitive & energetic and verbal stream of consciousness for the highest frequencies of love, joy and beauty. As an intuitive, through her work she helps individuals consciously shift into new energies and transform their lives in extraordinary ways. Her sacred work is deeply rooted in the wisdom imparted by revered healers & her mentors. She has been trained in KES (Krystic Energy System®), Bio-energy Mechanics, Neo- Shamanism, Energy Healing, Sound Healing and BioDivinity® (Nutritional Wellness.) She excels in working with the intricate Bio-Energy field, skillfully releasing blockages and core wounds to restore balance within the energy body. Through personalized sessions or immersive group settings, she joyfully shares her gifts, traversing the realms of healing and spiritual growth.

In addition to working extensively with the Bioenergy field, Maggie Rose harnesses the power of music as a transformative tool, delighting in the gift of song and mantra. Overcoming her initial struggles with a closed voice, she experienced a miraculous energetic healing from her mentor, Beloved Shekinah Ma, which opened her voice and unleashed not only her singing voice, but speaking voice as well. As they are both so interconnected with healing and being able to speak up for yourself & your truth in a loving way.

Inspired by this profound gift, Maggie Rose is devoted to helping others unlock the healing potential of their voice. After that, she came across paths with some other incredible song mentors & vocal teachers that helped her open even deeper. She gratefully imparts the wisdom gained from other song mentors, energy healers and teachers who have profoundly shaped her musical journey, passionately assisting others in finding their own authentic voice.

Maggie shares the tools she has learned through opening her voice and shares vocal clearings to step deeper into our soul's essence and inner power. She is a grand wayshower of how to connect deeper with nature; vortexes, the elemental guardians.

To learn more about Maggie please visit her website: <https://www.krysticlight.com/>



Uni Agape

Uni Agape is a Prayerformance Heartist, Shamantrepreneur and High Priest of the Mystic Arts who helps visionary Loveolutionaries upgrade their body/mind/spirit intelligence and selfless service to humanity.

Uni Agape has over ten years of experience collaborating with diverse communities, families, fortune 500 executives, online platforms, and studying with masters of Ceremony, Shamanism, Herbalism, and Mysticism. He unites people globally to synergize the physical, emotional, mental, communal and spiritual dimensions, to co- create solutions for our lives, communities and well being, way-showing a depth of connection with nature, sound, breath, body and energy. Uni is devoted to enhancing our human and planetary temples with the integration of master plants, bio-refinement, neutraceuticals and "underground" technologies.

Uni and the Rose Heart Union facilitate full spectrum healing and transformational experiences online and in person, gathering like-minds for deep initiations at potent sacred sites in secluded tropical islands, and forest wonderlands. They offer masterfully guided initiations that are like "5 years of deep work in 5 days." His greatest honor is to support others on the path as a mentor, founder, and curator of high level experiences, masterminds, initiations, and global consecration gatherings. All proceeds contribute to building the "Haven" a golden age sanctuary and community supporting birthing facilities, children's academies, and wellness centers.

Bridging heaven and earth.



St. Finnikin

<https://linktr.ee/st.finnikin>

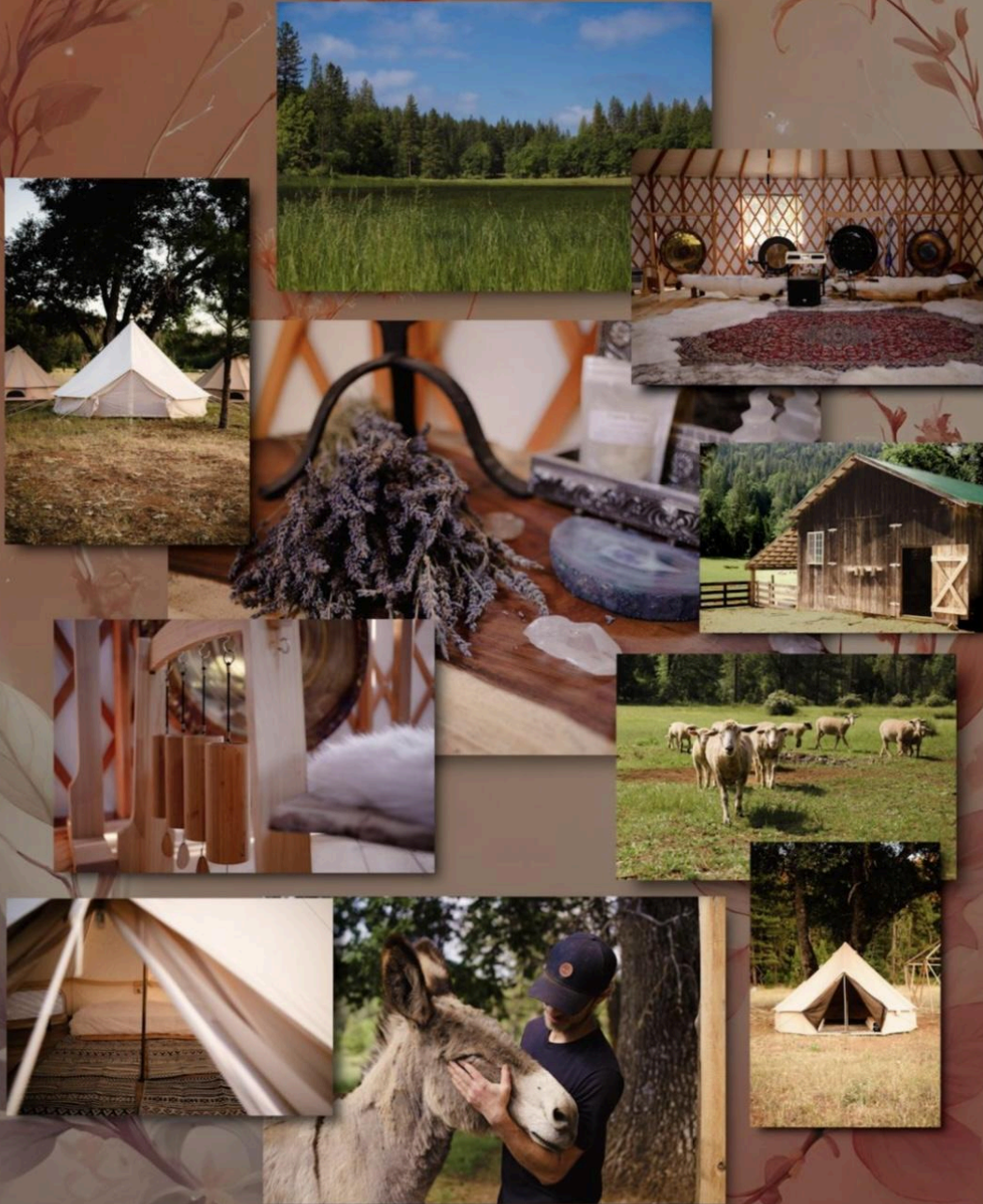
St. Finnikin is a Remembrance Teacher, Storyteller & Sonic Holy Alchemist who helps guide you back to your authentic, undeniable self through artistic expression. He specializes in helping people remember the language of the Divine. He believes that the Divine is always speaking to us, but many of us are too distracted to pick up on the language. That the Divine is showing us hints and keys all around us to assist us along our journey. St. Finnikin believes that we each have a specific language. “If a bee flies by your face, do you swat? Or do you stop and smile because the Divine is hinting you to relax and just Bee?” He believes building this language with the Divine will strengthen all of your senses; which in turn will only heighten your creativity so that the art is directly funneled through you in its purest form.

He feels we are all artists down to the core - there is no prerequisite to creating other than an honest desire to create and simply that. Finnikin believes there is no such thing as “bad” art. He alchemizes the requirements necessary for any skill set, enhancing peoples natural passionate nature through feeling; guiding beyond prerequisites and leading you straight to your hearts yearn for expression.

He has spent the last three years creating a space called Energy Hospital where he has been composing individual curated songs for peoples healing journeys all over the world. Songs that can be used as tools to assist movement in areas that may have felt blocked & stagnant. Finnikin believes the path to remembrance involves the relationship & interaction with Mother Nature. It resides in the canopy of trees, the feeling of wind & within the taste of an orange. “True art is indeed an equal partnership between the inspired & the creator - 50/50. That life itself is a co-creative project encouraging us to be free from constraints and to incorporate the element of play.”

His reverence, devotion & care taking of our planet & people is felt within all facets of his love & expression.

Where We Are Gathering Origin Shasta



<https://www.originshasta.com/alchemy>



Open Schedule

(rest time if needed - depends on group energy)

Sunday - July 7th - Day 1

Arrival (EARTH)

12-6pm - Arrival, Bedrooms, Elixir & Showers
6:30pm - "Tuning Circle & Prayer" (in main yurt)
7:00pm - Group Offering to the Land
7:30pm - Dinner
8:30pm - Introductions & Sharing (in main yurt)
9:30pm - Silent Meditation
10pm - Gong Fu Cha Ceremony
11pm - Rest

Moonday - July 8th - Day 2

Initiation (WATER)

8am - Rising Smoothie
9am - Spontaneous Qigong & Ecstatic Dance
10am - Plant Ally Connection/Green Breath
11am - Outside Sound Bath
12pm - Lunch
1pm - Integration Time
3pm - Breathwork
3:30pm - Water Purification Ritual
5:30 - Music Circle Under Trees/ Journaling
6:30pm - Dinner
7:30pm - "Activate Your Senses" Playshop
9:30pm - Gong Fu Cha Ceremony
10:30pm - Rest

Tuesday - July 9th - Day 3

Ritual (AIR)

8:30 am - Rising Elixir

9:30am - Yoga

10am - Fruit & Pack for Hike

10:30am - Mt. Shasta

12pm - Hidden Language of the Universe

1pm - Lunch

2pm - Integration

2:30pm - Nature Excursion to Sacred Sites on Mount Shasta

4:30pm - Return Home

5:30pm - Shower & Unwind

6:30pm - Dinner

7:30pm - Maggie with Devotional Singing & Mantra

9:30pm - Gong Fu Cha Ceremony

10:30pm - Rest

Wednesday - July 10th - Day 4

Remembrance (FIRE)

Bodywork - Massages, Guasha & Electrostatic Therapy
(bodywork will begin today & throughout the following days)
massages will be 8am, 11:30am & 9pm*

8am - Gong Fu Cha & Elixir

9am - Voice Activation Ceremony

10:30am - Drum Circle Invitation

12:30pm - Lunch

1:30pm - Integration

2:30pm - Nature Walk - Bring Journal

4:30pm - Return Home

5:30pm - Trauma Release Breathwork & Drum Journey

6:30pm - Dinner

8pm - Soul Gaze & Camp Fire

9:30 - Gong Fu Cha

10pm - Rest

Thursday - July 11th - Day 5
Lifted (AIR)

continued bodywork - massages will be 8am, 11am & 9pm

9am - Beautiful, Bright, Bold Breakfast
10:30am - Breathwork
11am - Wind Sound Bath
12:30pm - Lunch
1:30 - "What is Prayerformance?" (outside)
2:30pm - Open Floor Prayerformance/Collaboration
4:30pm - Integration
6:30pm - Dinner
7:30pm - Leadership Empowerment
8:30pm - Sunset & Gong Fu Cha
9pm - Early Rest

Friday - July 12th - Day 6
Purification (WATER)

continued bodywork - massages will be 8am, 5:30pm, 9:30pm

8am - Gong Fu Cha & Elixir
8:30am - Spontaneous Qi Gong
9am - "Activate your Senses" (Playshop)
10am: Snack & Pack
11pm - Waterfall Hike
12pm - Guided Meditation Maggie Uni & Finn Music
1-3:30 pm - Picnic & Play
3:30pm - Return Home
4:30pm - Shower
5pm: Creativity Mastermind & Heart Gathering
6pm - Gong Fu Cha Ceremony
6:30pm - Dinner
7:30 - Integration
10pm - Rest

Saturday - July 13th - Day 7
Grounding (EARTH)
Integration

8:00am - breath work
8:30am - herbal elixir & break fast
9am - body work/massage
3:30pm - lunch
4:30pm - Creativity Mastermind & Heart Gathering
7:30pm - last super gathering
9:30pm - gongfu cha tea ceremony
11pm - rest

Sunday - July 14th - Day 8
(AETHER)

Digital Alchemy Immersion
Psychic playshop
Orchestrator playshop

We love you souuuul much!



Love all - Serve all!
Blessings & Blissings,
Maggie, Uni & Finnikin