#### **Admission Information – Item List**

# Turning Point Recovery Center -- Admissions Office (248) 334-7760 54 Seneca Street, Pontiac, Michigan 48342

Men's Recovery Center, 54 Seneca Street, Pontiac, Michigan 48342 - (248) 836-0192 Women's Recovery Center, 54 Seneca Street, Pontiac, Michigan 48342 - (248) 975-7750

Probation Residential Center, 239 State Street, Pontiac, Michigan 48341 - (248) 335-5437

# **Required Items for Admission to Turning Point**

- 1. **Identification**: State issued ID or driver's license with your current address. If you do not have these, please bring a piece of mail showing your current address.
- 2. **Medicaid ID card**: If you have active Medicaid or Healthy Michigan Plan (HMP).
- 3. **Proof of Income**: pay stubs for the last 30 days, or tax forms.
- 4. **If you are prescribed medications, you need to bring a 30 day supply**. All medications must be in their original bottles prescribed to the client. Medications not in their original bottle or expired will NOT be given.
- 5. If there is anyone that you need TPRC to disclose information to, you will need to sign a release of information. This includes Emergency Contact Persons, Probation Officers, Attorneys, Doctors, DHS/CPS workers, etc. You must bring their correct agency name, address, phone number, and fax number.

# **Suggested Items to Bring:**

- 1. AA/NA Book, Bible or any reading material beneficial to your recovery.
- 2. If you want to write letters, bring a pad of paper, postage stamps, and envelopes. We do not sell stamps.
- 3. Seven sets of clothing. Pack for both warm days and cold days. All items/clothing brought to the facility must be packed in plastic garbage bags. (Suitcases, backpacks etc. are not allowed.)
- 4. Laundry soap, fabric softener. -- A clock for next to your bed. (Clock-radios are not allowed.)
- 5. All personal care items. (Soap, shampoo, conditioner, deodorant, tooth brush, tooth paste, mouthwash, etc. **must be alcohol free**). Electric razors, hair dryers, curling irons, straighteners are allowed. (**NO HAND SANITIZER ALLOWED**).
- 6. Shower shoes or flip-flops. (That way you are not barefoot in the bathrooms/showers.)
- 7. Over-the-Counter non-drowsy type pain relievers such as Tylenol, Motrin or Aleve are allowed. All medicines must be in their original package unopened. We do not supply over-the-counter medicines due to us being a non-medical facility. NOTHING over-the-counter that will make you DROWSY is allowed.
- 8. Cigarettes must be unopened in their original packaging. Only single use, unopened, disposable vape devices are allowed.

#### **Items NOT ALLOWED:**

- 1. No electronic equipment such as cell phones, Ipods, MP3 players, or any type of radio, or televisions.
- 2. No guns, knives, or any sort of weapon. No fireworks, gambling items, lottery tickets.

### **Additional Info:**

- 1. If you will be in our Short-Term Program, all appointments (medical, legal, etc.) must be taken care of prior to your admission into treatment, or postponed until you complete treatment. Urgent situations will be accommodated as deemed necessary by your therapist.
- 2. We do not have a detox unit and are not a medical facility which means we do not have doctors or nurses on site.
- 3. You are expected to be physically stable and attend all of your group meetings. Bed rest passes are not allowed.

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