

B POWERFUL FITNESS CENTER TOUR

**SARASOTA YACHT CLUB PREFERRED
FITNESS & WELLNESS PROVIDER**

**FREE FITNESS CENTER TOUR FOR
SARASOTA YACHT CLUB MEMBERS
HOSTED BY CERTIFIED PERSONAL
TRAINER BETHANY REUL**

**WEDNESDAY MAY 8TH
11AM-12PM**

**PARTICIPANTS WILL LEARN HOW TO
USE EVERY CARDIO AND STRENGTH
MACHINE TO IMPROVE YOUR
CONFIDENCE IN THE GYM.**

**NO PRE-SIGNUP NECESSARY!
JUST MEET BETHANY AT THE FITNESS
CENTER**

**FOR QUESTIONS ABOUT THE EVENT,
CALL OR TEXT B POWERFUL OWNER
BETHANY REUL 941-504-4767**

**CALL B POWERFUL TODAY
941-504-4767 TO GET MATCHED
WITH A PERSONAL TRAINER PER
YOUR GOALS AND SCHEDULE.**

