

CROSSROADS DRESSAGE & COMBINED TRAINING SOCIETY

THE CROSSING

February 2022, Volume XVII, Issue 2

2021 Officers

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Parliamentarian

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Editor

Coy Jo Bays coyjbays@gmail.com

From Your President

It's 2022---have you made your New Year's resolutions yet? In order to accomplish them, make them SMART—Specific, Measurable, Achievable, Realistic and with a Time element. Just saying my resolution is that "I want to ride more" won't guarantee success. Instead try, "In 2022, I will ride more by riding at least 2-3 times each week (depending on available daylight after work), for a minimum of 45 minutes each ride". You can see how this resolution is now a SMART resolution. As George Reid said, "A dream written down with a date becomes a goal. A goal broken down into steps becomes a plan. A plan backed by action becomes reality". Here's hoping you achieve all your resolutions!

2022 has started and already members have been involved in activities. Rita Dunn, Julie Hall, Trish Burns, Toni Corn and I all participated in the Working Equitation clinic of obstacles and working cattle at Renaissance Farm on January 15. It was a cold day, but we were bundled up and out of the weather in their big indoor arena. A good time was had by all! Renaissance Farm is doing 2 more similar clinics in February and March. The classes are very beginner friendly while also giving the more experienced riders bigger challenges.

Our annual banquet is fast approaching. It will be held Saturday, February 5, 2022 at the Buddy's BBQ Bearden banquet facility, 5806 Kingston Pike, Knoxville, TN 37919. Tables will have fewer chairs and the staff will serve the dinner, to help with Covid precautions. There is still time to make your reservation—reply via the evite you were sent or contact Jean Sullivan at shamrockfarm3100@gmail.com as soon as possible. There will be good food, good drink and good company!

Our banquet committee is working hard to make this another rousing success! The year end awards will be given out and members have been asked to vote for the person they would like to receive the Merry Hour award. We have some great donations for our silent auction— such as services from trainers, farriers and veterinarians—but we can always use more! Your gently used tack and/or equipment may just find a new home when you donate it to the auction! Remember to bring your \$\$ or

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FROM YOUR PRESIDENT - CONTINUED

checkbook, so you can bid on and win the auction items. Make sure Rita Dunn at *piaffe8@gmail.com*, knows what you are donating. FYI, I will now be donating FOUR bottles each of my "home brews", always hot auction items. The Whinny Wine Raffle will also be back, so remember to bring some cash to the banquet to buy your raffle tickets! I can guarantee there will be a surprise or two!

Our next meeting is February 8, 2022 at a venue to be determined and/or via Zoom.

Last year, the slogan for the year was "Have fun in 2021!", hoping that riding would be a joyful experience while the pandemic continued. This year, I have a different slogan. "What are you going to do new in 2022?". This could apply to making those SMART resolutions and a plan to carry them out. Are you going to try a new discipline or higher jumps or a new level in dressage? Are you going to attend any clinics (riding or auditing) or go to different shows? Be sure to share what you do new in 2022 with us, so we can add it to the newsletter!

See you at the banquet!

Carolyn Ordal,

CDCTS President

CDCTS MEETING MINUTES, JANUARY 11, 2022

I. Call to Order

The meeting was called to order by CDCTS President Carolyn Ordal at 7:04 p.m. on January 11, 2022. The meeting was held via Zoom.

II. Roll Call

The following board members were present: Carolyn Ordal, Julie Noe, Melissa Morehead, Susan Hill, Jean Sullivan, Rita Dunn and Julie Hall. The following board members were not present: Jeannie Baggett. The following guests were present: Liz Wager.

III. Approval of Minutes from Last Meeting

Minutes from December 16, 2021 were provided to all members in the January 2022 newsletter. A motion to accept the minutes as presented was made by Rita Dunn and seconded by Jean Sullivan.

IV. Committee Reports

Treasurer's Report:

The Treasurer's Report was read by Melissa Morehead. A motion to accept the Treasurer's Report as presented was made by Jean Sullivan and seconded by Rita Dunn.

Show Committee:

- The spring schooling show will be held at Icon Equestrian Center on May 7, 2022. In addition to our regular classical and western dressage tests, the show will include combined training tests and working equitation dressage test as Test of Choice. The rider will need to provide two (2) copies of the desired Test of Choice to the show management. The show committee will put forth a proposed budget and prize list by the February board meeting so the event can start to be promoted on social media, newsletter and website. Carolyn Ordal will submit a proposed concession budget and ensure proper insurance coverage is obtained.
- Ride a Test Clinic with "S" judge Donna Richardson, a CDCTS club member, will be held at Topperhill Farm, Lenoir City, TN on April 2, 2022. A maximum of 8 riders for this clinic. The cost will be \$70.00 for CDCTS members and \$85.00 for non-members. Auditing fee is \$20.00. The proposed budget will be provided by Susan Hill. Carolyn Ordal will ensure proper insurance coverage is obtained.
- Summer schooling show will be held June 25, 2022 at Walnut Grove Stables, hosted by CDCTS member
 Dene Massengill. In addition to our regular classical and western dressage tests, the show will include
 working equitation dressage and obstacle classes. The show will not include combined training classes.
 Carolyn Ordal will ensure proper insurance coverage is obtained. The club will look into obtaining additional
 working equitation obstacles.
- Discussion about the location for the fall schooling show and Melissa Morehead will continue to search for a venue.
- Membership with USAWE has been renewed for 2022.

Banquet Committee:

- Electronic invitations were sent at the end of December 2021. 29 RSVP's have been received. Reminder emails will be sent out to membership periodically.
- The club will comp the meals of guest speaker Jose Hernandez and his wife, as well as Coy Jo Bays.
- The Silent Auction items are making fantastic progress. Silent auction items include lessons with Jim Kofford, Donna Richardson, Rita Dunn and Susan Hill. Working equitation obstacle lessons, veterinarian services, saddle fitting, decorative tack accessories, trailer services, massage therapists and much more are also included.
- Photographs for the year end awards slide show should be submitted to Coy Jo Bays as soon as possible.

Membership Committee:

• Julie Hall reported the club has 30 members renewed at this time. Membership forms will be available at the banquet.

Welcome Committee:

There are currently no official members of this committee. Julie Hall has agreed to put together a new member packet that contains information about year end awards and volunteer requirements to be sent via email to new members. New members will also be named and a member profile if available will be in the Newsletter as space allows.

CDCTS MEETING MINUTES, JANUARY 11, 2022 - CONTINUED

Education Committee:

This committee is currently on hold.

Social Media Committee:

It was requested that social media be used to advertise the benefits of CDCTS membership. Information to be posted on the CDCTS website should be forwarded to Coy Jo at coyibays@gmail.com

By-Laws Committee:

An updated report was not presented.

V. Old Business:

- The Board will have three (3) openings for the 2022 year. All three positions are "Alternate" positions for the duration of one (1) year. Nominees for these positions should be sent to Dave McAdoo at tobrukfarm@charter.net for consideration.
- A discussion was had about the club's continued support of Riding High and other charitable organizations in our area. It was agreed the club would determine the annual donation amount according to the profit status from the club's previous year's events. A motion to approve up to 25% of net activity profits from the previous year will be given to an agreed upon charity of choice was made by Melissa Morehead and seconded by Jean Sullivan. All in attendance voted Aye. The club agreed to split the donation amount between Riding High and STAR for 2022.

VI. New Business.

- Three nominations were agreed upon for the Merry Hour Award. An email will be sent to the membership with the names and voted upon.
- Review and discussion of CDCTS Year End Awards Program with regard to required qualifying scores
 and review and discussion of Volunteer Requirements/Procedures. Minor modifications to each document
 were agreed upon and will be updated by Julie Hall for publication on the club website, newsletter and new
 member packets.

VII. Upcoming Events.

- CDCTS Annual Year End Awards Banquet: February 5, 2022 at Buddy's BBQ Banquet Hall, Knoxville, TN
- River Glen Equestrian Center Schooling Show: February 26, 2022
- Scenic Flight Dressage Show: March 19-20, 2022 in Cleveland, TN
- River Glen Spring Horse Trials: April 22-24, 2022 in New Market, TN
- CDCTS Spring Dressage & Combined Training Schooling Show: May 7, 2022 at Icon Equestrian Center in Friendsville, TN
- Dressage by the River Show: May 14-15, 2022 at River Glen Equestrian Center in New Market, TN (2 shows)
- River Glen June Horse Trials: June 11-12, 2022 in New Market, TN
- CDCTS Summer Dressage & Combined Training Schooling Show: June 25, 2022 at Walnut Grove Stables, Talbott, TN
- Scenic Flight Dressage Show: July 23-24, 2022 in Cleveland, TN
- Dressage by the River Show: August 20-21, 2022 at River Glen Equestrian Center in New Market, TN
- Scenic Flight Dressage Show: November 19-20, 2022 in Cleveland, TN
- Jim Kofford 2022: 04/14-17; 05/19-22; 06/23-26; 07/21/24; 08/25-28; 09/22-25; 10/20-23; 11/17-20; 12/15-18;

VIII. Adjournment.

A motion to adjourn was made by Rita Dunn and seconded by Julie Hall. Adjournment at 8:45 pm on January 11, 2022. Next regular meeting will be on February 8, at a location to be determined.

Minutes submitted by Julie Hall CDCTS Secretary

AWARDS BANQUET SILENT AUCTION

The CDCTS Awards Banquet will be held February 5, 2022. It always includes a fabulous Silent Auction. We are soliciting your donations to make this a huge success. People are donating lessons, veterinary services, farrier services, blanket cleaning, trailer maintenance, and other trade specialties as well as specialty mixed liqueurs.

We need YOUR specialty! In addition, please ask your veterinarian or farrier or other equine professional to donate. Lightly used equestrian items in good condition are always welcome. Please clean out your closets and tack rooms to help us out.

A REMINDER:

If you have photos for the Awards Banquet PowerPoint Presentation please send them to Coy Jo Bays, *coyjbays@gmail.com*, before February 1, 2022.

ARTICLE OF INTEREST:

USEF Recognizes Kathy Kusner and Howard Simpson With 2021 Lifetime Achievement Award

Talk about breaking the glass ceiling for women - Kathy Kusner has led an extraordinary life and "The Chronicle of the Horse" has a fabulous article about her. The article is lengthy but worth the read.

https://www.chronofhorse.com/article/living-legend-kathy-kusner



Training Tips to Introduce Haunches-In

(Travers)

Haunches-in can be a beneficial training tool when it is correctly applied. In this article, Gerhard Ablinger explains how to determine if your horse is ready to learn haunches-in and shares some tips to introduce it.

GERHARD ABLINGER . UPDATED: SEP 24,20'19 . ORIGINAL SEP 24,2019

Q: I've heard differing opinions on haunches-in (travers). Some say irc beneficial, others say it makes the horse crooked, diminishing his taining. What is correct? -Nancy Owens of Salt Lake City, Utah

A: Whether haunches-in is beneficial for your horse or not is bound by one key factor: Is your horse ready to do haunches-in? You will be able to determine this by researching and applying classical dressage principles. Haunches-in, or travers, is a collected movement. It is performed down a straight line with the horse having an even flexion from the poll to the tail into the moving direction. The half pass across a diagonal is exactly the same movement as the haunches-in, just without the wall and in a different location of the arena. If there were a wall down the diagonal, you could clearly see that the half pass resembles the haunches-in down the long side.

You should not apply this movement if you haven't achieved a certain level of collection. To determine whether your horse's training has advanced to that level, you must follow the training scale: First, is your horse moving at a steady rhythm? This means he should feel like he takes each step or stride at a steady pace and with the same distance.

Next, is your horse able to stay relaxed and move consistently into a steady contact? It is a good first indicator for a relaxed horse. 50 is the fact that he is willing to stretch with a lower neck into a not-too-light and not-too-heavy contact into both reins at any time if asked to do so.

Do you feel impulsion (the controlled power from behind with an evenly supple moving back)? A horse with good impulsion has lots of movement in his body but is still comfortable to sit because of loose but strong muscles.

Now, can you keep your horse straight, not only on a straight line but also on circles and in turns? This means your horse has a bend and flexion, but his hind legs follow exactly in the lines of his front legs. In addition, he maintains the straightness not only at the collected pace but also during half halts and, even better, during half steps (the pace between collected trot and piaffe).

If you can answer "yes" to all these checkpoints, you have achieved the level of collection needed to incorporate haunches-in into your training routine.

COACHES CORNER - CONTINUED

You shouldn't ask for haunches-in before the above qualities are in place because it will make your horse crooked and teach him to avoid carrying weight on his haunches. In this case, it can diminish your horse's training.

If you take a closer look at the haunches-in, you want to especially focus on the inside hind leg during a correct travers. Is the inside hind leg moving underneath the horse's body and, therefore, carrying sufficient weight? This is the key factor, as the collection must be maintained. The horse has to stay together and be willing to carry weight on the haunches with you focusing on driving the inside hind leg forward and under during this movement. Haunches-in is not just a sideways movement with the rider using only the (sideways-driving) outside leg. Oftentimes, we see both hind legs traveling extremely sideways but lacking collection, which is measured by how much the legs carry weight by stepping under the body. In a correct haunches-in or half pass, the outside hind leg crosses over the inside hind leg and the inside hind leg is making a good effort to travel straight and forward underneath the horse's body to carry weight.

This is not a simple task to consistently achieve. Therefore, if I teach haunches-in or half pass to a young horse who has not achieved the required level of collection, I will surely teach him that it is acceptable to travel only sideways without the joints in the hind legs flexing and the haunches lowering. The horse learns the movement incorrectly and, over time, his hind legs will make short steps and completely avoid collection.

If your horse has learned the movement that way and you are having a difficult time improving collection and the way the inside hind leg is traveling, try improving first the collected gaits on mostly straight lines with lots of half halts, as much as possible. Give it time. Slow, steady and continuous correct training will make your horse stronger and more balanced.

When your horse has achieved enough carrying power within the gaits, but is still trying to avoid staying collected during haunches-in or half pass, then try the following:

- 1. Ride a few steps of shoulder-in at trot or canter, making sure the horse's spine is evenly flexed from the poll to the tail.
- 4. continue with a few more steps of haunches-in with little angle, then ride forward again at the trot or the canter.

This exercise works best at the half pass (down the centerline) rather than in the haunches-in (down the wall). Make sure your horse promptly responds to your inside le8, moving straight forward. Also, keep sitting into the moving direction to help your horse stay balanced and support the inside hind leg to carry more weight during this movement. You need to feel a sideways- and forward-moving horse.

Finally, remember that all movements and exercises require us to keep checking on the points of the training scale and maintain them in that order: rhythm, relaxation, contact, impulsion, straightness and collection.

Gerhard Ablinger is a German certified Pferdwirtschaftsmeister FN (formally Reitlehrer FN) and has earned his U.S. Dressage Federation (USDF) bronze, silver and gold medals.

CDCTS CLASSIFIED CORNER

<u>Trailers for Sale. Tobruk Trailers</u>. Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email <u>tobrukfarm@charter.net</u>.

<u>Pasture Board</u>. Topperhill Farm, Lenoir City Area. 10 minutes from Baker's Creek. Large arena with sand and crushed rubber footing. Four board fencing. Contact Susan Hill, call or text 865-789-5048.





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> 196 Wolfe Branch Rd. Bulls Gap, TN 37711

CDCTS CLASSIFIED CORNER- CONTINUED

Being a horse owner for over 25 years, I understand the requirements for good equine property.

If you are looking to buy or list your house, or know someone who is, I would appreciate you giving them my name and phone number. My business grows from referrals!

As a multi-million dollar producer of residential, commercial, and equine properties, I can find you your next dream location.

Being a horse owner for over 25 years, I understand the requirements for good equine property.

If you are looking to buy or list your house, or know someone who is, I would appreciate you giving them my name and phone number. My business grows from referrals!

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Available for dogs also (10 oz bag); Cider Bites (med.-larger dogs), Cider Mini Bites (small dogs), \$12.00

For more information and to order go to https://ciderwafers.com/.

Reach the audience you want through an ad in our newsletter

AD Size	Member Rate	Non-Member Rate
Full Page (7"wide X 10" high)	\$10 per month	\$20 per month
Half Page(7"wide X 5"high)	\$5 per month	\$10 per month
Quarter Page (3.5"wide X 5" high)	\$2 per month	\$5 per month
Business Card (3.5"wide X 2" high)	FREE	\$2 per month
Classified Ad	FREE	\$1 for each 25 words

Please send ads, via email to *coyjbays@gmail.com*. Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Melissa Morehead, 11045 Friendsville Road, Lenoir City, TN 37772

ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSSING*. Deadline for articles is the 20th of each month. Send your article by email to: coyjbays@gmail.com.

2021 EVENTS

CDCTS Annual Year End Awards Banquet: February 5, 2022 at Buddy's BBQ Banquet Hall, Knoxville, TN

River Glen Equestrian Center Schooling Show: February 26, 2022 Scenic Flight Dressage Show: March 19-20, 2022 in Cleveland, TN

River Glen Spring Horse Trials: April 22-24, 2022 in New Market, TN

CDCTS Spring Dressage & Combined Training Schooling Show: May 7, 2022 at Icon Equestrian Center in

Friendsville, TN

Dressage by the River Show: May 14-15, 2022 at River Glen Equestrian Center in New Market, TN

<u>Three Bulls Classic Working Equitation Show</u>: May 20-22, 2022, Bulls Gap, TN. For more information email <u>mblackstone2021@gmail.com</u>.

River Glen June Horse Trials: June 11-12, 2022 in New Market, TN

CDCTS Summer Dressage & Combined Training Schooling Show: June 25, 2022 at Walnut Grove

Stables, Talbott, TN

Scenic Flight Dressage Show: July 23-24, 2022 in Cleveland, TN

Dressage by the River Show: August 20-21, 2022 at River Glen Equestrian Center in New Market, TN

Scenic Flight Dressage Show: November 19-20, 2022 in Cleveland, TN

Jim Kofford 2022: 04/14-17; 05/19-22; 06/23-26; 07/21/24; 08/25-28; 09/22-25; 10/20-23; 11/17-20; 12/15-18

Next Meeting January 11, 2021 Location to Be Determined

6 p.m. for dinner, 7 p.m. for meeting







Region 3 USDF GMO #0319

CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

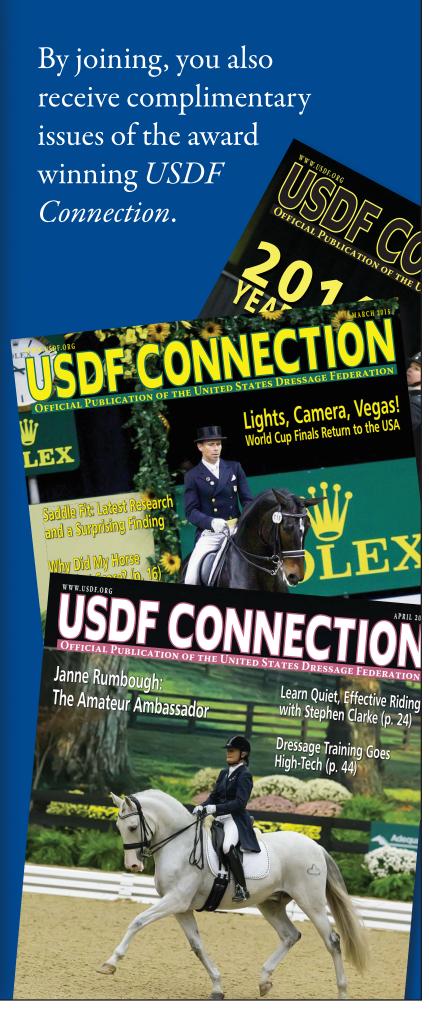
By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at <a href="https://www.cdc.com/cdc.

Become a member today and stay connected with your local dressage community!







Crossroads Dressage and Combined Training Society 2022 Membership Application



CDCTS membership year is 1 Dec 2021-30 Nov 2022. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO and its members are automatically USDF Group Members. For Participating Membership, members must apply directly to USDF. \$24.00 of your primary GMO membership fee goes directly to USDF for your Group Membership. Electronic copies of CDCTS applications will be held until funds are received.

First Name:	Middle Initial: Last N	lame:	USDF#:		
Street Address:					
City:		de:			
	Secondary I	Phone: ()			
Primary Email address:					
Birth date:	(required by U	SDF for all riders under	er 21 years of age, and		
requested for those over 21	years old to assist in limiting do	ubled entries at USDF)			
	new: Crossroads Dressage and ber 2022 in the following category:	_	iety for the membership year		
a. Charter Member (Founding	member of the club whose member	rship has not lapsed)	X \$23.00		
b. Adult Member (Over 21 years old as of January 1, 2022)			X \$52.00		
c. Junior/Young Rider Membe	r (21 years old or younger as of Jan	nuary 1, 2022)	X \$28.00		
d. Family Membership (\$52 Primary Member + \$13.00 per each additional member)			X \$52.00		
			X \$13.00		
e. Early Bird Discount (Payme	nt before November 10, 2021) ded	uct \$5.00	-\$5.00		
		NG WITH PAYPAL?	IF YES, ADD \$2.00		
			Total:		
List the Additional Family Me					
Name:		Phone #:			
Horse shows:Scribe,S	oport the club in the following areas Scorer,Runner,Ring Stew		Set up and Tear Down,		
Website,Sell Advertisi		Write for Newsletter	,Publish newsletter,		
Other:					
Please make your check pay	able to CDCTS and return to:		_		
Julie Hall, CDCTS Secretary	y Office a	action: Date Received:			
P.O. Box 10801					
Knoxville, TN 37939	oxville, TN 37939 Amount:				



Crossroads Dressage and Combined Training Society 2022 Professional/Business Membership Application



CDCTS membership year is 1 Dec 2021—30 Nov 2022. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For participating Membership, members must apply directly to USDF.

Professional/Business membership dues are determined annually by the board. For 2022, there is no fee to become a Professional/Business Member of CDCTS.

Primary Contact: First Name:	Middle Initial: Last Name:
Business Name (if applicable):	
Mailing or Street Address:	
City: State:	Zip Code:
Primary Phone: ()	Secondary Phone: ()
Primary Email address:	
	ossroads Dressage and Combined Training Society for the membership year a Professional or Business Member (please select one)
a. I/we wish to provide a lecture or training	g series with the following details:
	Schooling Show for the following amountor with the Please select Spring or Fall Show or both.
c. I/we wish to sponsor a Spring or Fall Show or both.	(trophy, ribbons, neck sashes, etc) in a schooling show. Please select
d. I/we wish to sponsor a year end award.	Please specify which award and amount.
e. I/we wish to support the club in another	manner. Please specify below:
Please fill your form out and mail it to: Julie Hall, CDCTS Secretary P.O. Box 10801	Office action: Date Received:

P.O. Box 10801 Knoxville, TN 37939