

**CROSSROADS DRESSAGE & COMBINED TRAINING SOCIETY** 

# THE CROSSING

November 2021, Volume XVI, Issue 10

### 2021 Officers

President Carolyn Ordal carolyn.ordal@youthvillages.org

Vice President Alece Ellis alece@earthlink.net

Secretary Julie Hall cdctssecretary@gmail.com

Treasurer Melissa Morehead melissa@fleetfootfarm.com

Parliamentarian Rita Dunn piaffe8@gmail.com

Member at Large Susan Hill *lurahill@aol.com* 

Alternates Jeannie Baggett *jvbaggett@hotmail.com* 

Julie Noe noeluck@gmail.com

Jean Sullivan Shamrockfarm3100@gmail.com

Editor Coy Jo Bays coyjbays@gmail.com

# **From Your President**

A great big THANKS! to **everyone** who attended and/or helped out at the CDCTS Fall Schooling Show at Walnut Grove Stables in Talbott on September 25! As they say, "Teamwork makes the dream work" and I appreciate y'all for coming together and making this show successful. We had 53 dressage rides scheduled plus the fun classes. Arielle Blackstone gave a good briefing for the obstacle classes prior to judging them and I heard so many positive comments about Judge Valerie Cheatham for her remarks and explanations. And of course, thanks to Dene Masengill for hosting the show! We can't do these shows without our volunteers.

Congratulations to our High Point Winners. We give these out to the Adult (Open or Amateur) with the highest dressage score; the Youth with the highest score and the person with the highest score in Western/Gaited dressage.

Kudos to Adult rider Madeline Thompson on Southern Heritage with 74.04% in Training Level Test 1; Nicole Lockhart on Surfer Dude in Western Dressage Intro 3 with 70.75% and our Youth Winner, Millie Bronstad-Hay on Mercedes (in their very first dressage show!) with 67.81% in Intro B.

We also give out the special Judge's Choice award. It is exactly that the judge can decide who gets this ribbon for any reason—it could be someone who handled a naughty horse well or someone who showed good sportsmanship or best "matchy-matchy" outfit—it's the Judge's Choice! Valerie decided to give the Judge's choice award went to Jose Hernandez he was the only male rider (brave soul) and handled his stallion well.

The next event is the Fall Fun Day on October 30 at beautiful River Glen Equestrian Park—our last event of the year. If you didn't enter, come out and cheer on your friends.

(Continued onto next page)

CDCTS is a USDF Group Member Organization and all members are automatically USDF Group Members. For USDF Participating Membership, members must apply directly to USDF.



### **PRESIDENT'S REPORT** - CONTINUED

I do need volunteers to help out. I'll need help setting up Friday, October 29 at 4 p.m. as well the following needed volunteers: 2 timers, 2 folks on course for the poker run card exchange, jump judges and help cleaning up on Saturday.

Thanks in advance to Mike Sullivan and Diane Carlson for doing the concessions. **Please text me at 443-670-2108** for when you can help. Last chance to get those volunteer hours in for year-end awards!

Membership dues are coming up! Remember, the 2022 year starts December 1, 2021 and ends November 20, 2022. The cost of membership is staying the same, BUT we are offering a \$5 discount IF you get your membership renewal in by November 10. There will be 2022 membership forms available at the Fall Fun Day, October 30. And of course, we always publish a membership form with this newsletter.

On a somber note, our deepest sympathy and prayers go out to our show secretary, Marge Williams, as her husband passed away shortly after our Fall Schooling Show. We appreciate you so much, Marge, for all you do for our club. Our hearts go out to you and your family and we wish you peace and comfort as you grieve.

Our next meeting is (6 p.m. for dinner, 7 p.m. for meeting) November 9 at a place to be determined. We will let you know as soon as we determine a place. Enjoy your fall activities and remember to "Have fun in 2021"!

Carolun Ordal.

CDCTS President

### CDCTS YEAR END AWARDS AND VOLUNTEERS NEEDED

December 1, 2021 Deadline to submit your application for year-end awards. (Application Form is on page 9 in this newsletter)

Your last opportunity to get volunteer hours is at the Fall Fun Day. (unless you are a Junior then you have until the November newsletter

issue to get a written article submitted in lieu of volunteer hours.)

#### Volunteers are needed for this weekend.

Set up on Friday, October 29 at 4 p.m. During the event on Saturday, October 30 we need: 2 timers, 2 folks on the course for the poker run card exchange, jump judges and help cleaning up

TEXT Carolyn Ordal if you can help - 443-670-2108

# **CDCTS MEETING MINUTES, OCTOBER 12, 2021**

#### I. Call To Order

The meeting was called to order by CDCTS President Carolyn Ordal at 7:00 p.m. on October 12, 221 at Ruby Tuesday, Lenoir City, TN.

#### II. Roll Call

The following board members were present: Carolyn Ordal, Jean Sullivan, Julie Noe, Melissa Morehead, Susan Hill, Alece Ellis, Rita Dunn and Julie Hall. The following board members were not present: Jeannie Baggett. The following guests were present: Susan Michaud, Janice Butt and Lynn Holtman. Zoom was not offered.

#### **III. Approval Of Minutes From Last Meeting**

Minutes from September 14, 2021 were provided to all members in the September newsletter. A motion to accept the minutes as presented was made by Alece Ellis and seconded by Susan Michaud.

#### **IV. Committee Reports**

#### Treasurer's Report

The Treasurers Report was read by Melissa Morehead. Melissa reported a profit for the Fall schooling show. A motion to accept the Treasurers Report as presented was made by Alece Ellis and seconded by Susan Hill.

#### Show Committee

- The September 25, 2021 Schooling Show was held at Walnut Grove Stables with 53 dressage rides and many new faces from the Morristown/"northern" area. We started on time and ended on time. Consideration should be given to allow more time for judge's comments between scheduling rides and an assistant scorer for future events. Much thanks to Dene Massengill for letting us have the show at her farm; Valerie Cheatham and Arielle Blackstone for judging the classes and all the volunteers who helped with setting up on Friday, runners during the show and tearing down on Saturday. Thank you to Dave McAdoo and Melissa Morehead for trailer transport, Susan Hill for delivering the obstacles, Mike Sullivan and Diane Carlson for concessions, and all others for helping out! We can't do this without you!
- Just prior to the show date, a new CDCTS club member and registered participant was injured in a horse related accident and was unable to attend. The Board agreed to defer her CDCTS membership to 2022 and to give a credit for the spring 2022 Schooling Show.
- Volunteers are needed for Fall Fun Day at River Glen. All types of volunteer positions are needed set up is Friday, October 29, 2021 at 4:00 p.m. A four-wheel drive vehicle is needed to mark trails. We need help setting up the concession/secretary tents and marking the jump course with decorations. On Saturday we are in need of timers, 1-2 people on course and help packing things up at the end of the day. On Saturday October 30, 2021, volunteers should plan to arrive by 8:15 a.m., and concession volunteers should plan to arrive by 9:00 a.m.

If you are able to help, please contact Carolyn Ordal at Carolyn.ordal@youthvillages.org

#### Membership Committee

- Julie Hall reports there are currently 61 members. One 2021-2022 Professional membership and two 2022 regular memberships were received at the September 25, 2021 schooling show.
- We are offering a \$5.00 reduction for 2022 new or renewal membership if paid by November 10, 2021. This information is reflected on the membership forms found on the website and included in the monthly newsletter.
- Julie Hall suggested a limited 2022 CDCTS club membership at a reduced cost for new membership applications received after September 1, 2022. After a discussion it was agreed that effective September 1, 2022, with a fully paid 2023 membership, the new member would receive the member discount for the 2022 Fall schooling show and 2022 Fall Fun Day but would not receive full CDCTS privileges until December 1, 2022. A motion to accept this was made by Melissa Morehead and seconded by Alece Ellis. All others in attendance voted aye. This information will be publicized via social media beginning September 1, 2022.

#### Welcome Committee

There are currently no official members of this committee. Julie Hall has agreed to continue reaching out to new members via email when membership applications are received. New members will also be profiled in the Newsletter as space allows.

<u>Education Committee</u> This committee is currently on hold.

<u>Social Media Committee</u> It was requested that social media be extensively used for advertising of the Fall Fun Day.

<u>By-Laws Committee</u> An updated report was not presented.

#### V. Old Business

The CDCTS Awards Banquet will be held February 5, 2022 at Buddy's Banquet Hall on Kingston Pike, Knoxville, TN. More information to follow as we approach that date. In order to be eligible for the Year End Awards, the member must have 4 hours of volunteer time. The deadline to submit your scores for the year end awards is December 1, 2021. This information can be sent to Melissa Morehead at *melissa@fleetfootfarm.com*. The application can be found on the club website.

#### VI. New Business

- The use of volunteer earned vouchers and scholarships was discussed. It was agreed that a five (5) year expiration date would be applied to each. Future vouchers and scholarships would have an expiration date reflected. It was agreed that vouchers can be used at show or clinics and scholarships could be used at the awards banquet. Carolyn Ordal made a motion to accept the five-year expiration date and Melissa Morehead seconded.
- Discussion was had about potential 2022 schooling show venues.Susan Michaud agreed to pass
  information along to the new manager at Winfield Oaks as a potential venue for 2022 and invite her to a
  future club meeting.
- At the September meeting Melissa Morehead proposed the Club consider co-sponsoring a body works clinic conducted by Cara Greenacre. The anticipated timeframe of October and November was discussed, and it was agreed this time frame was not practical at this time. Alece Ellis has agreed to audit the upcoming October clinic and report to the Board with her suggestions for potential sponsorship of future clinics.
- The Board will have three (3) openings for the 2022 year. All three positions are "Alternate" positions for the duration of one year.

Nominees for these positions should be sent to Dave McAdoo at tobrukfarm@charter.net by January 1, 2022.

#### **VII. Upcoming Events**

- Jim Koford clinic dates: November 18-21, 2021 and December 16-19, 2021. Contact information can be found on the CDCTS website.
- CDCTS Fall Fun Day at River Glen, October 30, 2021. Closing date is October 26, 2021
- Scenic Flight Dressage Show, November 20-21, 2021 in Cleveland, TN
- River Glen Horse Trials November 12-14, 2021

#### VIII. Adjournment

A motion to adjourn was made by Rita Dunn and seconded by Janice Butt. Adjournment at 8:00 pm on October 12, 2021. Next regular meeting will be on November 9, 2021 at a location to be determined.

Minutes submitted by Julie Hall CDCTS Secretary

# **CDCTS Welcomes New Members For 2022:**

Elizabeth Augustus, Junior Linda Bird, Dressage Millie Bronstad-Hay, Junior Jose Hernandez, Professional

# **CDCTS FALL SCHOOLING SCHOOL 2021**

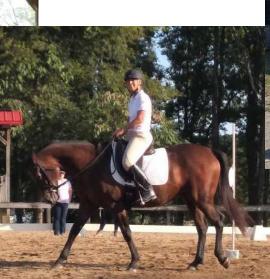


# CDCTS FALL SCHOOLING SCHOOL 2021- CONTINUED















As posted on the WDAA website By Sue Hughes and Mary Lynne Zylstra

Show season is almost here. Are you nervous? First time in the dressage ring or working hard to get those scores up from last year?

Whatever your goal is, Mary Lynne Zylstra, board member of the Western Dressage Association of Michigan, said she scribed a lot during our last live season. She was so amazed that riders lost lots of points because they neglected those little things, she called the basics. The basics of test/ring riding.

She and I are writing this article to see if we can help.

When you first begin to show, you must learn two difficult skills. One is "how to get around the ring". The other is "how to ride your horse at the same time to show the basics of his super training." No wonder this is hard!

Let us start with the entry. Plaster that grin on your face as you enter and keep it there for the judge to see. Really. You are coming through the "proscenium arch" of your stage and you want to look confident. No one can feel how dry your mouth is!

Come in with the working or collected gait called for by your test. Enough tempo to show off. Keep your eyes on the judge at C and your horses' withers straight on that line.

Mary Lynne emphasized that she saw many problems with the halts both at the beginning and end of the test. She strongly suggests that you go back to groundwork like in Halter or Showmanship classes. There you must present your horse to the judge standing straight and square in short order. This takes consistent practice, but once your horse understands what is expected of him and knows the square stand cue, he does it instantly. Then extend his knowledge to under saddle. This skill needs lifelong practice.

Come to a halt through a few steps of active walk if the test requires that. Or trot to halt after first level and canter to halt in Fourth level. Breathe and dare to pause. There is a rule that all entry and ending halts shall be held for 3 seconds. Salute. Give your horse a tiny warning that move off is coming. Get contact, legs on and go promptly.

Two turns face you: at C and in the corner. Your aids for those should be so routine on a daily basis that it is easy for your horse.

Dressage tests are written in phases. Usually trot work comes first, walk in the middle and canter at the end. They try to be mirror images, so you do the same figures and movements one way and then the other. Get an overall picture of your test in your mind. It helps to memorize it that way instead of letter to letter.

But do not forget the letter thing. The body of the rider should be at the letter mentioned. Coming across the diagonal there is about 2.5 feet of horse in front of you, so that reaches the letter first. Then it is your turn to be there, so aim his withers at your end point not his nose.

In geometry, circles have no beginnings nor endings. In dressage they do. For example if your test calls for a 20 meter circle at B, your horses' shoulder touches at B, you touch, his hip touches, and by the time his tail gets there, his front end and you are out of the track. At the circle's end, his nose touches the letter, you touch, as required, his hip touches, and you are straight ahead.

# **COACH'S CORNER - CONTINUED**

Here are two big ways to gain points and they are almost always a coefficient score. They are the free walk and whatever is new to the level. A coefficient means that if the judge says 7, the scorer gives you 14. Most important is that you practice these at home. Do not just hope for the best at the show. That is a waste. It is not easy, but the reason the coefficients are there is to Prove that you and your horse are emphasizing back to front training. His engine is turned on. That energy is flowing through him and you and to the bit and back again. That is connection. So, if you allow the reins to slide forward, he will draw the connection/bit down and out to the point that The Top Line Is Released.

Mary Lynne emphasized that by saying "Work On Your Walk "- especially the free walk. Most points are lost here, she observed. "If you think your horse is built too uphill to stretch, think again. Horses graze in the pasture every day with their heads down and walk with purpose to find a good patch of grass. It may seem easier for a Quarter horse vs a Friesian or a Warmblood to stretch into a free walk but think of it as releasing and relaxing and learn a cue for it.

Most horses' muzzles will need to reach down to their shoulder points for that release to happen. That is your goal to reach while practicing at home. You need mirrors or an instructor or a friend to watch and report so you can learn the feel because you cannot see it.

The horse should swing his limbs freely as he marches through the stretchy figure. He needs to have a bit of overstep and show off his beauty as well, so no slowing down!

The ending of stretchy walks and trots is tricky. Do Not Start By Picking Up The Reins. Draw the hindquarters under you with your seat and legs, engage his abdominal muscles with your lower legs, and balance up the front end into contact with the bit. A series of collecting half halts mixed with shortening of the reins works. Actually, the quality of the walk or trot is the essence of stretchy work. But the transitions at either end are strong modifiers. In advanced tests, they even deserve separate scores, so the stretchy parts get a fair shake in the score. Another place where coefficients of two help you are in the figures themselves. It is important to show balance. Mary Lynn adds that "what helps me to keep the horse's balances (both back to front and side to side) is a description I learned in a clinic with Betty Jo Crosby. She said "keep the horses' legs inside the train track. Imagine riding in a circled train track and you must keep the horses' body and legs arced inside the tracks, so you won't 'derail'".

Now here comes the final center line. Plaster that same smile on your face no matter what! Presentation counts!

We hope these tips will help you along "The Journey" in both English and Western dressage.

Dressage Qualifying Scores and Categories			
Test Level	<b>Adult Amateur</b>	Jr/Young Rider	Open
USDF Intro Level	62%	62%	66%
Training Level	60%	60%	65%
First Level	60%	60%	65%
Second Level	59%	59%	63%
Third Level	57%	57%	60%
Fourth Level	57%	57%	60%
Prix St. Georges	57%	57%	60%
Intermediare I	57%	57%	60%
Intermediare II	58%	58%	58%
Grand Prix	58%	58%	58%
FEI Young Rider		58%	
Musical Freestyles $(1^{st} - 3^{rd})$	65%	65%	65%
Musical Freestyles (4 <sup>th</sup> - Grand Prix)	63%	63%	63%

#### Crossroads Dressage And Combined Training Society Year-End Awards Program

#### **General Rules:**

• Awards for Rated and Schooling Shows will be divided into the following categories: AA, JF/YR, and Open. At each level one award will be issued in each category. Minimum qualifying scores apply at each level (see chart above).

**For Rated Shows:** Intermediate I and II will be considered 1 level. Musical Freestyles  $1^{st} - 4^{th}$  will be considered 1 level, and FEI Musical Freestyles will be considered 1 level for awards purposes. All other Levels, Training thru Grand Prix, will be considered separately for awards at Rated Shows.

**For Schooling Shows:** All FEI tests will be considered 1 level for awards purposes. All other levels, Intro thru 4<sup>th</sup>, will be considered separately for awards at Schooling Shows. Musical Freestyles from all levels will be considered 1 level for awards purposes.

- AA and JR/YR status MUST be stated on the front of the score sheet or it will otherwise be considered Open.
- Awards are base on percentage, not placing in the class.
- Awards are based on a horse/rider combination. The rider must have been a CDCTS member at the time of the show. Riders who submit a membership application on the date of the show will also be eligible for year-end awards.

#### Year-End Awards Program

- The horse/rider combination must submit at least 3 scores from 2 different judges at 2 different shows. At least 1 score must be derived from the highest test of that level.
- Tabulation of scores shall be based on an average of the scores submitted for each level.
- All riders are responsible for mailing or emailing in copies of their tests. Original tests will not be returned. Photo copies of tests must be received by November 30, and copies MUST SHOW TEST WAS SIGNED BY THE JUDGE.
- At Combined Test competitions, only horses designated "Dressage Only" will be allowed to send in scores.
- Horse and rider combinations showing at more than one level during the awards year will only be eligible for awards at one level. The rider may choose which level they would like to be eligible for awards, and only submit scores for that level. If scores are submitted for more than one level, only those scores earned at the highest level will be considered for year-end awards purposes.
- Horse/rider combinations are not eligible to win an award at the same level in consecutive or subsequent years with the exception of the FEI levels (Prix St. Georges thru Grand Prix) which will allow eligibility to win an award at the same level more than one time in consecutive or subsequent years.
- Only scores from the current competition year (Dec. 1 Nov. 30) will count towards year-end awards.
- A member must have four volunteer hours to qualify for CDCTS Awards. There will be a sign-in sheet at each event that has volunteer opportunities. You will have already been contacted to volunteer at an event, but it is up to the individual to sign in and out on that particular event's volunteer roster to get the required four hours.
- **Combined Training Awards** will be presented at each level, Novice through Prelim, for both schooling shows and rated events to a rider in each category: Open, Adult Amateur, and Junior/Young Rider. General rules apply.

#### Crossroads Dressage And Combined Training Society Year-End Awards Program

#### NON-RIDING AWARDS

**MERRY HOUR AWARD** – created to honor Carol Grau, as the founding member of the club and her legacy of service to our equestrian community. This award is intended to recognize an outstanding, long-time CDCTS member who has embodied the mission statement of the club, with a long history of service to the club.

**LAUREL ANN CROWE AWARD** – a perpetual trophy presented each year to the club member with the lowest combined training score at a schooling show.

JACK FOSTER PERPETUAL AWARD – given each year to the club member with the highest point score at Training Level or above from a schooling show sanctioned by CDCTS. The Jack Foster Award was conceived by the club in the 1990s as a memorial to the husband of Karen Foster, a past president of the club. At one time the club put on 3-4 rated shows in Harriman. Jack volunteered to announce all day long at every one of them. He died suddenly of a heart attack in his mid-forties. It is a perpetual trophy, and each year a new plaque is added to the base to display the name of that year's award winner. The winner keeps the trophy until the following year, when another plaque is added and another winner takes the trophy home for the year.

**VOLUNTEER OF THE YEAR AWARD** – designed to recognize the member who has helped the club by volunteering personal time and talent throughout the year.

All awards will be announced at the Year-End Awards Banquet, held annually in January.

#### **Non-Riding Awards**

The Merry Hour Award is a perpetual trophy that was created in honor Carol Grau, the founding member of the club and her legacy of service to our equestrian community. This award is intended to recognize an outstanding, long-time CDCTS member who has embodied the mission statement of the club, with a long history of service to the club.

The Volunteer of the Year Award is designed to recognize the member who has helped the club out by volunteering personal time and talent to help the club throughout the year.

**Best Turnout** 

**Unsung Hero** 

**Best Show Spouse/Parent** 

Trainers Challenge – given to the trainer with the most students that submit scores for year end awards

#### **Riding Awards**

Awards will be offered for Schooling Shows and Recognized Shows for both Dressage and Eventing in all levels and the following divisions: Open Adult Amateur Junior/Young Rider

#### **Perpetual Trophies**

**Laurel Ann Crowe Award** – awarded to the rider with the best score in a Combined Test at a Schooling Show

Jack Foster Perpetual Award – awarded to the rider with the highest dressage score from (Training level or above) a schooling show.

#### **Year-End Award Rules**

Adult Amateur or JR/YR status MUST be stated or it will otherwise be considered Open.

Awards are based on percentage (dressage), or low score (combined tests); not the position placing in the class.

Each rider must be a member of CDCTS prior to the time of the show in order to be eligible for year-end awards.

#### Dressage

**RECOGNIZED SHOWS**: A horse and rider combination must submit at least 3 scores for the award level. The scores submitted must be from at least 2 different judges and can result from one or more shows. At least 1 score must be derived from the highest test of that level.

**SCHOOLING SHOWS** : A horse and rider combination must submit at least 3 scores from 2 different judges for the award level. The scores must be attained from at least two shows with 2 different judges. At least 1 score must be derived from the highest test of that level.

#### Eventing

**Rated Shows**: A horse and rider combination must submit 2 scores from 2 different shows with 2 different dressage judges.

**Schooling Shows**: A horse and rider combination must submit 2 scores from 2 different shows with 2 different judges.

All shows: A horse and rider combination may submit scores for multiple levels however they will only be eligible to win at one level.

Horse and rider combinations are not eligible to win an award at the same level in consecutive or subsequent years with the exception of the FEI levels (Prix St-Georges through Grand Prix) which will allow eligibility to win an award at the same level more than one time in consecutive or subsequent years.

Only scores from the current competition year (December 1 – November 30) will count towards year-end awards.

A minimum of 4 volunteer hours must be completed during the current competition year (December 1 – November 30) in order to be eligible for year-end awards. If you haven't earned your volunteer hours, you may pay a \$50 fee to waive them or another member may donate their hours to you.\*\*\*please see below for the MANY ways you may earn your volunteer hours\*\*\*

# All riders are responsible submitting the Score Submittal form and any required paperwork and returned by the due date to be considered for year end awards.

\*\*\*Volunteer hours can be earned by helping at any CDCTS event, writing for the newsletter, serving on the board, donating lessons or services to the silent auction, etc.

#### YEAR END AWARDS SUBMITTAL FORM

RIDER NAME	
HORSE NAME	
USDF NUMBER	USEF NUMBER
EMAIL	PHONE
STATUS: Adult Amateur Jr,	/YR Open
For all Schooling Show Awards, you	must submit copies of your tests signed by the judge
SCHOOLING SHOW Dressage	
Level Shown Show	/Judge
Show/Judge	Show/Judge
SCHOOLING SHOW – Eventing	
Level Shown Show/	Judge
Show/Judge	Show/Judge
For Recognized Shows, please subm	it copies of your tests signed by the judge
USEF RECOGNIZED SHOW – Dressag	e
LEVEL SHOWN	_
1. SHOW/JUDGE	SCORE
2. SHOW/JUDGE	SCORE
3. SHOW/JUDGE	SCORE

USEF RATED SHOW – Eventing	
LEVEL SHOWN	
1. SHOW/JUDGE	SCORE
2. SHOW/JUDGE	SCORE
3. SHOW/JUDGE	SCORE

How did you earn your volunteer hours? (4 hours minimum required) Please list the event or activity you helped at and the person in charge for verification or any donations, you made to the club

**BEFORE SUBMITTING THIS FORM:** Please go to <u>www.cdcts.org</u> and review the AWARDS GUIDELINES to be sure you are providing the correct information.

# **CDCTS CLASSIFIED CORNER**

<u>Trailers for Sale. Tobruk Trailers</u>. Merhow and Cherokee aluminum trailers. Custom living quarters for large horses. Hitches and repairs. Call 865-674-7041 or email *tobrukfarm@charter.net*.

**Pasture Board**. Topperhill Farm, Lenoir City Area. 10 minutes from Baker's Creek. Large arena with sand and crushed rubber footing. Four board fencing. Contact Susan Hill, call or text 865-789-5048.





### **CDCTS CLASSIFIED CORNER-**CONTINUED

Being a horse owner for over 25 years, I understand the requirements for good equine property.

If you are looking to buy or list your house, or know someone who is, I would appreciate you giving them my name and phone number. My business grows from referrals!

As a multi-million dollar producer of residential, commercial, and equine properties, I can find you your next dream location. Being a horse owner for over 25 years, I understand the requirements for good equine property.

If you are looking to buy or list your house, or know someone who is, I would appreciate you giving them my name and phone number. My business grows from referrals!

As a multi-million dollar producer of residential, commercial, and equine properties, I can find you your next dream location.



Marge Williams 423-337-8249 myladyshire@gmail.com Licensed also in Florida

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A hard crunchy treat using only natural ingredients. Sweetened with apple sauce and a honey blend, no additional sweeteners added. Containing APPLE CIDER VINEGAR with MOTHER for many added HEALTH BENEFITS. ie:kill harmful bacteria in body,lower blood sugar levels manage diabetes, improve heart and joint health.

Cider Wafers; \$15.00 a bag (60 wafers per bag)

Available for dogs also (10 oz bag); Cider Bites (med.-larger dogs), Cider Mini Bites (small dogs), \$12.00

For more information and to order go to https://ciderwafers.com/.

# Reach the audience you want through an ad in our newsletter

AD Size	Member Rate	Non-Member Rate
Full Page (7"wide X 10" high)	\$10 per month	\$20 per month
Half Page(7"wide X 5"high)	\$5 per month	\$10 per month
Quarter Page (3.5"wide X 5" high)	\$2 per month	\$5 per month
Business Card (3.5"wide X 2" high)	FREE	\$2 per month
Classified Ad	FREE	\$1 for each 25 words

Please send ads, via email to *coyjbays@gmail.com*. Make checks out to CDCTS (put "advertising" in the check memo line) and mail them to Melissa Morehead, 11045 Friendsville Road, Lenoir City, TN 37772

#### ARTICLES FOR THE CROSSING

Please submit articles for your monthly CDCTS newsletter, *THE CROSSING*. Deadline for articles is the 20th of each month. Send your article by email to: *coyjbays@gmail.com*.

# 2021 EVENTS

Jim Koford Clinic Dates: November 18-21, 2021 and December 16-19, 2021 (contact information on CDCTS website: www.CDCTS.org)

CDCTS Fall Fun Day. October 30, 2021, River Glen Equestrian Park, New Market, TN

River Glen Horse Trials. November 12-14, 2021

Scenic Flight Dressage Show. November 20-21, 2021 in Cleveland, TN.

# Next Meeting

#### November 9, 2021

Joe's Italian Cuisine, 131 Kelsey Lane, Lenoir City, TN

6 p.m. for dinner, 7 p.m. for meeting Please RSVP to our CDCTS secretary as they do have limited space.

#### 2022 Membership Reminder:

There is a \$5.00 early bird discount if you renew by November 10. There have been several who have taken advantage of this.





Region 3 USDF GMO #0319

CDCTS is a USDF Group Member Organization that caters to dressage and combined training (eventing) riders and enthusiasts in the Knoxville area and throughout East Tennessee.

By joining CDCTS, you will be on the fast track to learning about shows, clinics and other great educational opportunities in our area. You will get to meet other like-minded, horse loving people, and you will become part of a group that is continually working to promote dressage and eventing in your area.

In addition, by joining CDCTS, you automatically become a Group Member of USDF, which provides you with many additional benefits in the dressage arena.

Visit us on the web for more information and downloadable content at <u>www.CDCTS.org</u> Find us on Facebook at <u>www.facebook.com/CDCTS</u> Become a member today and stay connected with your local dressage community!



3

Saddle Fit: Latest R and a Surprising Fi

Janne Rumbough:

The Amateur Ambassador

Lights, Camera, Vegas

Learn Quiet, Effective Riding

with Stephen Clarke (p. 24)

Dressage Training Goes High-Tech (p. 44)





YOUR CONNECTION TO THE LOCAL



**Crossroads Dressage and Combined Training Society** 



#### 2022 Membership Application

CDCTS membership year is 1 Dec 2021-30 Nov 2022. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO and its members are automatically USDF Group Members. For Participating Membership, members must apply directly to USDF. \$24.00 of your primary GMO membership fee goes directly to USDF for your Group Membership. Electronic copies of CDCTS applications will be held until funds are received.

First Name:	Middle Initial: La	st Name:	USDF#:
Street Address:			
City:		Code:	
	Seconda		
Primary Email address:			
Birth date:	(required b	y USDF for all riders up	nder 21 years of age, and
	years old to assist in limiting		
	enew: Crossroads Dressage aber 2022 in the following categories	e	ociety for the membership year
a. Charter Member (Founding	member of the club whose men	nbership has not lapsed)	X \$23.00
b. Adult Member (Over 21 ye	X \$52.00		
c. Junior/Young Rider Membe	X \$28.00		
d. Family Membership (\$52 Primary Member + \$13.00 per each additional member)			X \$52.00
			X \$13.00
e. Early Bird Discount (Paymo	ent before November 10, 2021)	deduct \$5.00	-\$5.00
		YING WITH PAYPAL <sup>(</sup> org@gmail.com)	? IF YES, ADD \$2.00
			Total:
List the Additional Family Me	embers below:		
Name:		Phone #:	
	pport the club in the following a Scorer,Runner,Ring S		Set up and Tear Down,
	Committees,Board Memb	per,Write for Newslet	ter,Publish newsletter,
Other:Sen Advertis			
Please make your check pa	yable to CDCTS and return to	):	
Julie Hall, CDCTS Secretar	ry Offi	ce action: Date Receive	ed:
P.O. Box 10801			
Knoxville, TN 37939		Amount:	



**Crossroads Dressage and Combined Training Society** 



2022 Professional/Business Membership Application

CDCTS membership year is 1 Dec 2021—30 Nov 2022. After 1 Dec, the effective date of membership begins the day the form and correct dues reach the CDCTS Secretary at the address below. CDCTS is a USDF GMO. For participating Membership, members must apply directly to USDF.

Professional/Business membership dues are determined annually by the board. For 2022, there is no fee to become a Professional/Business Member of CDCTS.

Primary Contact: First Name:	_ Middle Initial: Last Name:		
Business Name (if applicable):			
Mailing or Street Address:			
City: State: Zip			
Primary Phone: ( ) Se	condary Phone: ()		
Primary Email address:			
I would like to Join: /Renew: Crossroads Dressage and Combined Training Society for the membership year 1 December 2021—30 November 2022 as a <b>Professional or Business Member (please select one)</b>			
a. I/we wish to provide a lecture or training series with the following details:			
b. I/we wish to sponsor a class in a CDCTS Schoolir following goods and/or services	ng Show for the following amountor with the Please select Spring or Fall Show or both.		
c. I/we wish to sponsor a Spring or Fall Show or both.	_ (trophy, ribbons, neck sashes, etc) in a schooling show. Please select		
d. I/we wish to sponsor a year end award. Please specify which award and amount.			
e. I/we wish to support the club in another manner. Please specify below:			

Please fill your form out and mail it to: Julie Hall, CDCTS Secretary P.O. Box 10801 Knoxville, TN 37939

Office action: Date Received: \_\_\_\_