



STORYBOOK
VILLAGE PRESCHOOL



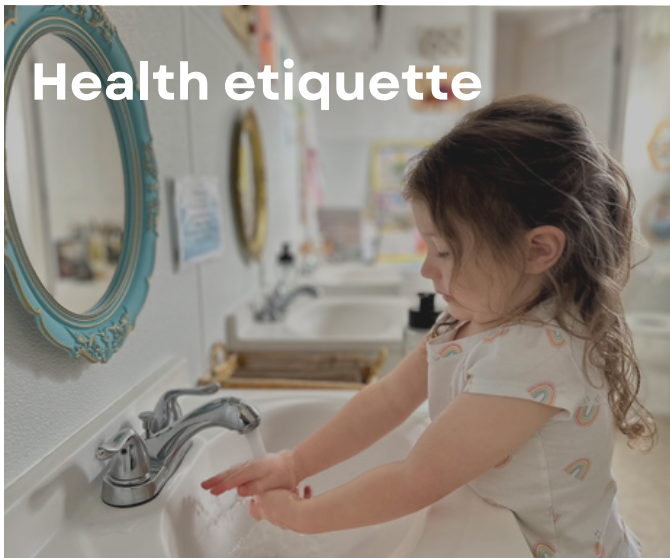
Teaching the Children to Cooperate Through Values Versus Rules

“When the joy goes out of eating, nutrition suffers.”
—Ellyn Satter, *Secrets of Feeding a Healthy Family*

Children can cooperate with requests and learn how to follow expectations as we teach independence in steps during meals. We teach through respectful care, fostering a calm and cooperative experience.

TEACHING PYRAMID ARTICLE FOR FAMILIES

DOWNLOAD



Health etiquette



Cooking and baking together



Children help set the table



Joyful meal exchanges