COVID-19 GUIDANCE FOR CHILDREN IN PRESCHOOL

ADAPTED FROM THE CALIFORNIA DEPARMENT OF PUBLIC HEALTH (CDPH)

Handwashing can prevent 1 in 3 diarrhea-related sicknesses and 1 in 5 respiratory infections, such as a cold or the flu.

(Centers for Disease Control and Prevention, CDC)



Child has illness symptoms.

Household **EXPOSURE to** COVID-19*

Child is POSITIVE for COVID-19**

- If child feels sick at any time, Day 0 is first sick dav.
- If never sick, Day 0 is the day child was swabbed

Send home or stay home for new onset of illness symptoms.

Children who are vaccinated unvaccinated, or partially vaccinated.

Children who are vaccinated. unvaccinated, or partially vaccinated. DAY 1-5

Child remains home for at least 24 hours (the entire following day).*

If there is a positive case in the child's household, child stays home for Davs 0-5.

Child stays home.

DAY 5

DAY

COVID-19 testing recommended for ages 2 years or older.**

Child stays home for the full 10 days.

 Guidance requires mask-wearing for Days 6-10 in group care, except during naps and mealtimes, which we cannot enforce

Child can return when:

- No illness symptoms
- Test negative

Testing is not required.

Child without illness symptoms for 24-hours may return on Day 11+



*Please see the Family Handbook for the Exclusion and Returning to Care Policies.

*Exposure for a single person is when they have spent at least 15 minutes in a 24-hour period indoors within 6 feet of a person with COVID-19.

**If exposed, children under 2 years or not tested are isolated for a full 10 days.

***If child tests POSITIVE without symptoms, then feels sick later, Day 0 is now the day they started feeling sick. RÉVISED: 01/12/2024 Restart at Day 0.