

The Pfive Point Process

(Summary)

Introduction

The Pfive Point Process will encourage and guide you in the exploration of how you can harness the power that comes from making conscious choices in the pursuit of your convictions and objectives.

The Pfive Point Process is a directive process for identifying your Beliefs, Actions, Supportive Resources, Interests and Commitments which directly effect your success in the achievement of your overall mission and it's supporting goals and objectives.

The Concept of COBASIC (Conviction and Objectives)

The concept of COBASIC is the idea that the achievement of a Conviction is supported by the achievement of objectives; furthermore, objectives are achieved through the collaborative work of beliefs, actions, supportive resources, interests and commitments which complement the objectives and conviction.

The concept of COBASIC is primarily focused on starting the Pfive Point Process (BASIC) with a Conviction and it's supportive Objectives. The five points of Beliefs, Actions, Support, Interests, and Commitments have to have an objective and conviction to be directed towards.

The Concept of BASIC

Convictions are maintained and Objectives are met by assuring that convictions and Objectives are complimentary to each other. Convictions and Objectives have to also be complimentary with our Beliefs, Actions, Support, Interests and Commitment (BASIC).

The concept of BASIC, the Pfive Point Process, is the driving force in our endeavors, objectives and missions in life. The Pfive Points work together to compliment and make stronger every other point. Each point tends to feed from and gain strength from the other points and their working together towards the same objective.

Changes in our current Beliefs, Actions, Support Resources, Interests, and Commitments usually have to occur in order to achieve the Objectives and Convictions which have been established.

The BASIC concept of the Pfive Points Process is that, for us to be productive and progressive in our Conviction and Objectives, our Beliefs, Actions, Support Structure, Interests, and Commitment must be in sync with each other, and in favorable accord with our Conviction and Objectives.

Beliefs

Our beliefs and perceptions are the basis of the paradigm from which we begin to set our convictions, objectives, and desires. Our beliefs and perceptions will set the stage for our actions and the identifying of supportive resources. Our beliefs are perceptions. Perceptions are seldom the truth; rather, only what we view the truth to be from our own perspective. Our Beliefs are a product of our own unique experiences, emotions, and education. There are many beliefs we share in common. However, our complete inventory of beliefs will always be different from someone else's set of beliefs.

We have individual Beliefs of what we desire, what exists, and what is required. Beliefs require us to assess our life and look for beliefs which will empower us to reach our desires. We can also adopt beliefs of others which we feel will be of benefit to us. The more education and experience a person has access to, the more opportunity an individual has to identify a greater arsenal of beliefs which can guide them toward their Conviction and Objectives.

Recognizing that beliefs are individual as well as universal allows us to approach our desires in unique ways and think, "outside the box." We have the ability to be unique in solving problems because of our unique set of beliefs that come from our unique makeup of experiences and knowledge.

Beliefs set the stage of how the Pfive Point Process, or the remaining four points of Action, Support, Interest, and Commitment will be carried out and utilized. The Beliefs you hold about your Conviction and Objectives will create the direction you will go in attaining those desires.

Actions

Beliefs set the stage for our attaining our Conviction, Objectives and desires. Beliefs set the stage with knowledge, experiences, expectations and perceptions. However, it's Action which brings the stage to life. Action is the key to exercising our Beliefs in order to attain the conviction we hold and the objectives we desire.

Beliefs are useless until we put them into Action. There comes a time when we need to shift our focus a bit from beliefs and give more attention to putting those Beliefs into Action. Those Actions will either move us closer towards realizing our Beliefs, Objectives, and Conviction; or our actions will have a negative effect and move us away from what we know will bring us closer to our conviction and desires.

Support Resources

If Beliefs set the stage and Actions bring Beliefs to life; then, our Support system and resources sustain us and give us the power to perform the effective actions. Our support system and resources are abundantly found in, as well as, outside of our self.

We discover Support and resources when we explore the social, spiritual, physical, intellectual, financial, emotional areas of our life. We also find abundance of support and resources in people, places, and things which surround us and we have access to.

Interests

Beliefs set the stage. Action brings life to beliefs. Support structure and resources assist and sustain actions. Interests are the tangible delights we find in our endeavors. Interests motivate us to work and move towards our Conviction, Objectives, and desires. Interests are the recognizable happies you experience on a regular basis. Interests are the positive reinforcements received from the time you start your objective to the time you achieve your objectives and conviction. Interests are the milestones we look forward to along our journey.

Interests can be compared to the periodic paycheck we get while we are working in our job or career. Interests are like scenic stops while on a long road trip. Interests are the memories and events we experience that bring us happiness during the relationships we have. Interests are motivators that we look forward to while pursuing our Conviction, Objectives and desires.

Commitments

Commitment is what keeps the pursuit going – No matter what. Beliefs set the stage. Actions bring the stage to life. Support and resources assist and sustain the pursuit. Interests motivate and encourage with delights and blessings.

Commitment is the internal force that keeps up the pursuit when Interests are low, Support and resources are scarce, Actions appear to be counterproductive or inactive, Beliefs are attacked, Objectives and desires are questioned, and our Conviction is challenged. Commitment is the innate satisfaction we have in our mind and spirit that propels us to complete the race when things seem bleak.

Commitment is developed with self-introspection, observation, development, and practice. Commitments are the result of interests. When we recognize the extraordinary level of interests we have in someone or something, we become devoted to them. As our devotion grows, so does our commitment. If you desire to increase your commitment to someone or something, increase your interests by finding more and more interests answered. Increase commitment by increasing interests.