

**FORTUNA 5-8 INVITATIONAL
ORDER OF EVENTS
APRIL 25, 2024**

3000 METERS (7th & 8th event, but younger kids may run)	3:30	7 th -8 th
100 HURDLES	4:00	5 th -8 th
4 X 100 RELAY	4:25	5 th -8 th
1500 METER RUN (2 races: girls first)	4:45	5 th -8 th
400 METER DASH	5:10	5 th -8 th
100 METER DASH	5:30	5 th -8 th
800 METERS	6:20	5 th -8 th
200 METERS	6:40	5 th -8 th
4 X 400 METER RELAY	7:00	5 th -8 th

- All running events will be run girls first except for the distance races which may consider combining boys/girls.
- The 100 meter races will be run on both sides of the track, with two divisions run at the same time.
- Each athlete may compete in a maximum of 4 events. Please try and limit number of entries to 4 in a single event:
- (i.e. 4 -6th gr. girls in the 100 M.)
- Field event times are approximate. If an event is completed early, the next division will be given first call immediately.

Field Events

Shot Put (3 Throws)		Shot Weight	Long Jump (2-3 jumps each*)	
5 th /6 th girls	4:00 PM	6 lb	7 th /8 th boys	3:30 PM
5 th /6 th boys	4:50 PM	6 lb	7 th /8 th girls	4:20 PM
7 th /8 th girls	5:40 PM	6 lb	5 th /6 th boys	5:20 PM
7 th /8 th boys	6:30 PM	8 lb	5 th /6 th girls	6:20 PM

High Jump		Opening Height	Discus (3 throws)	
5 th /6 th boys	4:00 PM	3'6"	7 th /8 th girls	4:00 PM
5 th /6 th girls	4:50 PM	3'4"	7 th /8 th boys	4:50 PM
7 th /8 th boys	5:40 PM	4'0"	5 th /6 th girls	5:40 PM
7 th /8 th girls	6:30 PM	3'10"	5 th /6 th boys	6:30 PM

Triple Jump (times may change if we can use both pits or if the long jump is completed faster than expected)
 7-8 girls and 7-8 boys (younger jumpers may participate) Time will be announced at the meet

***We hope to have 3 jumps and throws for all athletes, but may have to allow two if there are too many entrants.
 Triple Jump (7th & 8th only together- open pit after Long Jump has been completed)**