**SARTECH II PACK**

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**Personal First Aid and Survival Kit**

1 - Plastic bag, zip lock, qt. size, for kit

8 - Matches in a waterproof container

4 - Acetaminophen or aspirin tablets (10)

4 - Antacid tablets (10)

1 - Chemical Light Stick

2 - Antiseptic cleansing pads

1 - Roller bandage (4)

2 - Antihistamine, 25mg Benadryl (10)

2 - Safety pins, large (4)

6 - Band aids, various sizes

1 - Splinter forceps, tweezers

1 - Candle, long burning Survival Type

1 - Space blanket or space sleeping bag

2 - Cotton swabs, non sterile (4)

1 - 1 oz container of hand sanitizer

1 - Duct tape, 5-10 ft.

1 - Whistle

4 - Leaf bags, large

1 - EMT type scissors

1 - Pair Latex gloves (2 pair)

4 - Sterile dressings (4 x 4 gauze pads)

**Personal SAR Equipment**

1 - Pack, 2,400 cubic inch (minimum)

1 - Measuring device, 18 in. (minimum)

4 - Bags, various sizes, zip lock

1 - Metal cup

1 - Mirror, signal

1 - Helmet with chinstrap

1 - Nylon twine or small rope, 50 feet

2 - Carabiners, locking gate (NFPA compliant)

1 - Pad and pencil

2 - Prusik cords (6-8mm; 6 ft. length)

1 - Clothing adequate for climate

1 - Clothing, extra set, suitable for climate

1 - Rainwear jacket and pants,

1 - Shelter Material – 8 x 10 tarp

1 - SAR personal picture identification

1 - Compass, orienteering type

2 - Flagging tape rolls (2 different colors)

1 - Flashlight / headlamp w/extra batteries

and bulb

1 - Extra Flashlight / headlamp w/extra

batteries and bulb (bulb if applicable)

1 - Socks, extra pair

1 - Footwear, sturdy, adequate for climate

1 - Sunscreen lotion

1 - Food, Trail Mix, MRE

1 - Toilet Paper

1 - Gloves, durable, season dependent

1 - Eye protection, clear

2 - Water Containers (1 liter each)

1 - Insect repellent

1 - Webbing, 1” tubular – 25’ length

1 - Knife, multi-tool type or Swiss army type

8 - Wire ties, plastic, self locking

1 - UTM Grid Reader

1 - Pace counter

1 - Safety rope 75’ (1 rescuer = 300 pounds)

1 - Stove (Sterno)

1 - 5’-10’ of 14 gauge steel wire