

JANUARY NEWSLETTER



Monroe Dance Academy

FEBRUARY 3, 2022



Shining bright in the New Year!

It was so much fun welcoming our dancers back to the studio!
We've already had a great start to the New Year and are super excited to see what 2022 has in store.

Here are just a few of our ***favorite January moments!***

Top Left: Dancers in our *Intermediate Ballet* class strike a pose while stretching out before working on their splits!

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Top Right: Our newest members of Monroe Dance Company were super excited to try on their new company warm ups!

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Right: Dance besties who wear leg warmers together, stay together!





PARENT APPRECIATION WEEK

Parent Appreciation Week was a huge success! We want to remind you all again how much our staff and students appreciate all that our MDA parents, grandparents, and guardians do.

thank you



COSTUME ARRIVALS!

Costume arrivals are always so much fun! We spent a few moments this month trying on costumes in preparation for our Gala performance in June. Here's a sneak peek of some of the costumes that have arrived so far!

Costumes will be sent home with dancers closer to the time of MDA's Gala performance.



HAIR & MAKEUP TUTORIALS

Monroe Dance Company prepped for competition season with an in-studio hair and makeup session!

Stage makeup is certainly an art form in itself! Dancers and their fabulous parents spent an evening this month perfecting their skills to ensure our company members look polished and professional onstage this season!



NEW STAFF ALERT!



Join us in welcoming our newest staff members, **Kristen & Heather!**

<<< **KRISTEN BROWN**
Tap Instructor

HEATHER CORWYN >>>
Client Experience Team



Kristen is a North Haven, CT native. She fell in love with tap as a competitive dancer for Dance Unlimited LLC where she trained with Anthony Morigerato. She went on to receive her BFA in Musical Theater with a minor in Business Management Studies from Syracuse University. Credits include: Chasing Rainbows: The Road to Oz (Paper Mill Playhouse, Swing); Elf on the Shelf: A Christmas Musical (National Tour); 42nd Street (The Palace Theater NH), The Light Princess (The Summer Theater of New Canaan, "Princess"), and Little Women (Skyline Theater Company, "Meg").

Heather is a 25-year-old dancer, health coach, yoga instructor and personal trainer (in training) from Newtown, CT. She is delighted to join the MDA family doing office and administration work. Heather graduated with a BA in Dance from Muhlenberg College, is certified in Vinyasa Yoga from Health Yoga Life, has her health coach certification from the Institute for Integrative Nutrition (IIN) and is currently studying through the National Academy of Sports Medicine (NASM) to receive her Personal Training certification. Besides dance & all things health, she loves tea, the beach, elephants (and all animals) and sunflowers!



FEBRUARY: WHAT'S TO COME



MDC Winter Showcase: Feb 5th @ 3pm

Monroe Dance Company is thrilled to perform in our 4th Annual Winter Showcase! Dancers will be presenting a lineup of this season's competition dances!

Show your support for these dancers by viewing the showcase via Zoom! Stay tuned for details on how to join.

Bring-a-Friend Week: Feb 7th-12th

MDA's Bring-a-Friend Week is BACK! And the theme is...

DECADES WEEK!

Bring your besties to dance and wear your fave outfits from decades past! We're already so excited to meet your friends!

[Click here](#) to learn more.



Love to Dance Bingo: Feb 7th-14th

Inspired by Valentine's Day? We are too!

Join in MDA's Bingo challenge to help spread the love this year!

The rules are simple: just complete **every square** on the Bingo board by Feb 14th! Bingo boards are available in the office starting Feb 7th - just ask a staff member!

Win a prize for completing your board! First person to complete their board wins the grand prize!

Valentine's Day Apparel Week: Feb 14th-20th

Spread the Valentine's Day love by wearing your favorite pink, white, and red apparel to dance class!

We can't wait to see all your Valentine's themed outfits!



Studio Closings

Feb 18th-21st • Mid-Winter Break

