



Healing Tiptoes

By Ayumi & Randall

Healing Tiptoes is a small business that consist of 2 components:
Ayumi's Oasis Self Defense & Mixed Martial Arts and Ishita Healing Yoga.
We deliver mobile health wellness, on-line training, and on-site private sessions.

Yoga/Meditation & Tai Chi, Martial Arts& Self Defense services

- *Yoga/Tai Chi & Self Defense for Woman/Children or Senior Citizens*
- *Corporate Yoga/Tai Chi & Self Defense*
- *Event hosting (Yoga, Self Defense or MMA)*
- *Online training for single client(s) and/or Company/Organizations*

Contract

Terms:

- **Certification/Insurance:** *Healing Tiptoes* ensures that all instructor(s)/teacher(s) are certified and possess proof of valid certification/insurance at time of service on file at Healing Tiptoes.
- **Working Space:** The client shall provide a quiet space with the capacity for the requested number of yoga/meditation/self-defense participants. Working electrical outlets and lights are required within the designated area. We will provide the essential equipment for all participants.

- **Session Duration:** Yoga/Tai Chi sessions will last 30 to 45 minutes, and the Self Defense training sessions will last 60 to 120 minutes. The client can choose the option that best accommodates their schedule.
- **Setup & Cleanup:** Healing Tiptoes is responsible for the setup/cleanup for each session. The client will provide Healing Tiptoes access to the designated area(s) at least 45 minutes before the contracted time for setup. Healing Tiptoes request the same allotment of time after the contracted session for cleanup.
- **Breaks:** The instructor(s)/teacher(s) may take an unpaid 30-minute break depending on the duration of the contracted session(s).
- **Payment:** The instructor(s)/teacher(s) will be paid for the hours contracted regardless of the number of client participants.
- **Rate:** The Yoga/Tai Chi sessions last approximately 30 to 45 minutes, and Self-Defense Training will last for a maximum of 45 minutes to 2 hours. There are multiple pricing options available.
- **Employer -Funded:** Yoga/Tai Chi session fees are \$60 - \$120 with a maximum of 30 - 45 minutes/session, in addition to the *Setup & Cleanup* time. The session fees are billed to the client on a monthly basis. The self-defense training fee is \$80 - \$200/session. The session duration is a maximum of 45 minutes to 2 hours.
- **Client Payment Options:** *Healing Tiptoes* accepts Visa, MC, American Express, and Discover. *Healing Tiptoes* must have a valid credit card on file to confirm your event. The credit card will be charged on the last weekday of the calendar month.
- **Gratitude:** *Healing Tiptoes* employees will be permitted to receive tips from employees for services provided.
- **Cancellation:** Cancellation of this contract is available to either party by notifying the other party by written notice no later than 30 days prior to cancellation of the contract. Either party may immediately terminate the agreement, given reasonable cause.

Billing Information

Billing Options:

Name on Card: _____

Card Number: _____

Expiration Date: _____ **CV2/CVV2:** _____

Billing Address: _____

Employer -Funded _____

Billing City: _____

Shared Cost _____

State: _____ **Zip code:** _____

Scheduling

Online Scheduling _____ **(\$10/month)** **Manual Scheduling** _____

Company Name _____

Company Address _____

Phone: _____

Date & Hours of Service

Date _____ **Hours of Service** _____

Monthly _____ **Weekly** _____ **Bi-monthly** _____

~~6 mos.~~ _____

12 mos. _____ **Date of service starts** _____

36 mos. _____ **Date of service ends** _____

Point of Contact (Please Print): _____

Date _____

Point of Contact (Please Sign): _____

Date _____

Total Payment Due: _____

Healing Tiptoes _____

This an agreement between Healing Tiptoes and the “Company/Client” stated above (herein referred to as “The Client”) for Mobile Health Wellness Service& Corporate Yoga and Meditation, Self Defense and Mixed Martial Arts Training services to take place at the address listed above.

Healing Tiptoes

Pflugerville, TX

737-271-8986

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