



Transporting your cat to Evergreen Veterinary Hospital

If you are having some trouble transporting your cat to Evergreen Veterinary Hospital, try some of these tips to alleviate some of the stress related to the trip. Any of these tips and tricks can be used any time your cat needs to travel in the car!

- ❖ Making the cat carrier a part of your cat's every day environment can help reduce the stress and uncertainty associated with it. Use it as part of the cat furniture they use every day.
- ❖ Carriers should be spacious enough for your cat to comfortably lay on his or her belly with a few inches of space between the head and the top of the carrier lid. Placing a soft blanket or towel for them to lay will make the space even more comfortable.
- ❖ Try feeding your cat treats, one meal, or even all meals in the carrier, so that it becomes a comfortable and happy place where they receive food.
- ❖ Take your cat on short car rides in the carrier around the neighborhood. Taking them on car rides only to return home can help decrease the association of *only* veterinary office visits whenever they are in the car.
- ❖ Feliway is a product that mimics calming pheromones released by mother cats to their kittens. It can help alleviate stress and fear. This product comes in sprays, diffusers or wipes and is available at Evergreen Veterinary Hospital.
- ❖ Playing classical or relaxing music in the car can help relieve the stress associated with car rides.
- ❖ Implementing any of these tips as kittens will reduce stress associated with the carrier, car rides and veterinary visits!
- ❖ Nutraceuticals and/or pharmaceuticals can also be utilized in calming your cat during a car ride, veterinary visit, or other stressful events. If your cat tends to get car sick, there are medications available for that, too.

Ask us today how we can help relieve your cat's stress and make the veterinary visit a more enjoyable visit for them!