



rodmersham
squash
& **fitness**
club

Junior Squash

Coaching Sessions



For 6 to 16 year olds
Learn to Play an Exciting Sport for Life.

Racquet Skills, Improved Fitness, Co-ordination & Team Building

England Squash Qualified Coaches



Wednesday 4.30 – 5.30 (Booking Essential)

Saturday - 10.00 to 11.00 & 12.00 to 1.00

£5.00 Non-Members & £3.50 Members

Rodmersham Squash & Fitness Club

Bottles Lane, Rodmersham, Sittingbourne, Kent ME9 0PR Tel: 01795 422121

E-mail: thesquashclub@live.com www.rodmershamsquashclub.co.uk