March 2024 - Block of the Month Jacob's Ladder-Under Ground Railroad





Materials Needed

- 1. 7 dark 5- ½ " squares
- 2. 6 light 5- ½ " squares (one extra for possible errors)
- 3. 4-1/2" square ruler
- 4. Cutting mat, rotary cutter, and iron.

Instructions: *HST= Half Square Triangle

- 1. Lay a 5-1/2" dark square on a 5-1/2" light square and mark the diagonal. Sew 1/4" on either side of the line and cut along the center line. Trim to 4". Make (4) HST like this.
- 2. Make (2) four patches with alternating colors. I superimposed two 5 ½" squares, marked the center line and sewed the blocks 1/4" away from the line. I then cut on the center line and rotated the blocks to alternate the colors. I repeated finding the center and sewing 1/4" away and cutting on the center line. That resulted in two 4 patches. Repeat for a total of (4) four patches. Lining up the opposite colors.
- 3. Line up your ruler so that the 2" lines of the 4-1/2" ruler cross exactly at the center of the 4 patch and check that the 4 blocks will be the same size (double measure if necessary) then trim so that the block measures 4".
- 4. You will have unused dark squares that you need to trim to 4". Press your pieces (seams to the dark side or open), then lay the pieces like in the photo above.
- 5. Sew the vertical blocks together using a heavy 1/4 "seam first. In the right vertical there will be a dark square, followed by a HST, with the light side to the bottom right, and then a 4 patch, with light in the upper right and lower left. The Center vertical has the top a HST with the light side to the bottom right, a 4 patch with light in the upper right and lower left, and a HST, with the light side top left. The lighter sides of the HSTs will touch the light squares in the 4 patch. The last vertical has a 4 patch, with the light square in the upper right and lower left, a HST, with the light side top left and then a dark square.
- 6. Press the overall block
- 7. Trim to roughly 10 inches or the size you selected for your Log Cabin block from the January BOM.