

ANDANTE AVOCADO TOAST



SERVINGS: 1

PREPPING TIME: 5 MIN

COOKING TIME: 10 MIN

INGREDIENTS

- 1/2 Lemon
- 1 Gluten Free Bread/Bagel
- Pinch of Salt
- Pinch of Paprika
- 1 Avocado
- Pinch of Garlic Powder
- 1 egg (optional)
- Fried shallots optional

DIRECTIONS

1. Toast bread until your liking
2. Slice Avocados
3. Put avocados on bread and garnish with salt paprika and garlic powder
4. Squeeze lemon on top of the toast

OPTIONAL

1. Add egg for extra protein (I like mine over hard!)