

Essential Oils

*When you give the body the support it needs,
the body can heal itself.**

- Essential Oils are the most powerful part of the plant.
- They are distilled from shrubs, flowers, trees, roots, bushes, fruit, rinds, resins, and herbs.
- In humans, they provide support for every system in the body. Including support for healthy weight management and emotional support.*
- There are three main ways to get oils into your system: rub on the skin, diffuse to inhale, and as a dietary supplement (only use Therapeutic Grade Essential Oils Internally).

**For More Information or to get your Essential Oils
Contact Toshia at 919-758-7102 or visit
www.seedsthatlast.com.**

*This Statement has not been evaluated by the FDA. This information is not intended to diagnose, treat, cure or prevent any disease.