

CENTERBURG SENIOR SERVICES
182 W. HOUCK ST, CENTERBURG OH
M-F 9AM-3PM 740-625-5056

JANUARY 2024

Holiday hours

Center will be closed on

January 1st for New
Years

January 2nd for New
Years

Closed January 3rd –
for quarterly pest
control spray.

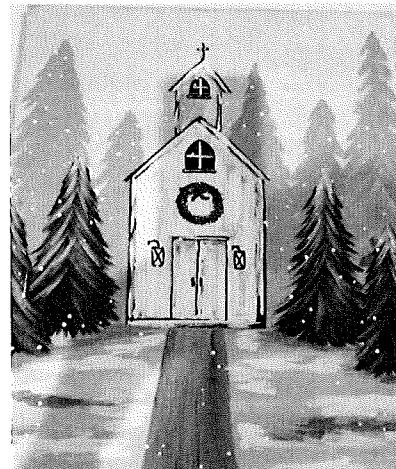
Amy will be delivering
Meals on Wheels on
the 3rd.



Closed Jan 15th for Martin Luther King Jr. Day

PAINT CLASS MONDAY JANUARY 8TH AT 1PM

Angie McCutcheon will instruct us step by step. This class is open to anyone age 60 or over, regardless of where you live. She normally puts a \$10.00 on the class, but this month will be a donation only. Come try it out! Call to be added.



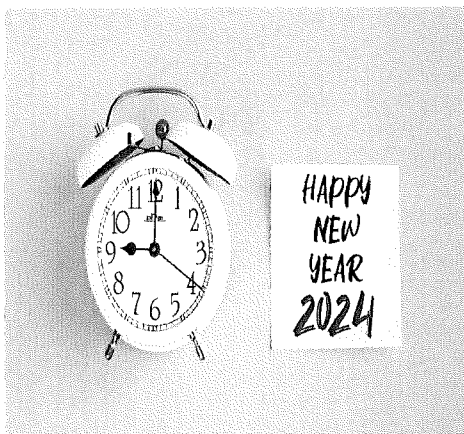
Bingo sponsors – THANK YOU!!!

Tyler Griffith – ReMax PEAK

Katherine Davison – CountryView Sunbury

Curtis Farlee – Laurels of Mt Vernon

Courtney – Centerburg Pointe



CSS breaking news!!!!

Starting January 1, 2024, Patty McDowell will become a full-time employee of Centerburg Senior Services. Our center has grown so much, and continues to grow, that we have decided to move Patty to a 40-hour week. She will serve as a room helper and assist Lisa W with more clerical work as we move forward.

Lisa Keen will be going to Florida for the first quarter of the year and will help Lisa W with the grant remotely. In her absence, Stephanie Binns will be filling in for Lisa K until she returns in April.

This will be a transition for all of us, so please be patient with us!

Angie's January Craft Class – Monday Jan 22nd at 1pm Cost is \$15.00



Call 740-625-5056 to be signed up for this class. Must be age 60 or over, open to all counties. Cost is \$15.00

Massage Day with Katie

Monday January 29th will be massage day. Please stop in or call to schedule your appointment. She will do a 15 min massage for \$10.00. If there are any open slots the day prior to her arrival, you may sign up for an additional spot. If you would like long appointments, please schedule in her home studio. These appointments are just for a few minutes of relaxation 😊

Cribbage change of time:

Cribbage will now start at 11:30 every Friday. We have more people interested in playing so we will bump it up a little to give us enough time to play a couple full games.

New game added.

Looks like Sequence is becoming a popular game! Let's put it on the schedule for every Wednesday at 11:30am and see how it goes! This game requires a minimum of 2 people and can play up to 6 at a time. We have multiple boards so we have lots of room!

Reoccurring weekly activities at the center:

Monday – Pound Exercise 10am

Tuesday – Chair Exercise 10am, Cards (3-13) 1pm

Wednesday – Cardio Drumming 10am, Sequence 11:30am, Canasta 1pm

Thursday – Yoga 10am, Bingo 1pm

Friday – Cardio Drumming 10am, Cribbage 11:30am, Euchre 1pm

Meals on Wheels Program:

We offer a hot meal delivered to seniors age 60 or over living inside the Centerburg Village, Hilliar, Milford and Liberty Townships. We ask for a \$3.00 recommended donation towards each meal. We have them prepared at KCH, once our driver picks up and delivers, each meal costs CSS approx \$7.50. The \$3.00 helps us out tremendously!

No movie for the month of January. Unfortunately with the Knox County Senior Levy grant due much earlier than normal, we have decided to not do Movie day this month.

We normally play a movie same day as massages, but the quiet time will allow us to finish up the grant and have it submitted by the Jan 31st deadline. Thank you for understanding!

Mon	Tue	Wed	Thu	Fri
1 Happy New Year! Closed	2 Closed	3 Closed - Pest control spray Meals WILL be delivered	4 10am - Gentle Yoga 12pm - COJFD health checks 1pm - Bingo	5 10am - Cardio Drumming 11:30am - Cribbage 1pm - Euchre
8 10am - "Pound" Exercise 1pm - Painting Class	9 10am - Chair Strength 1pm - Cards	10 10am - Cardio Drumming 11:30am - Sequence 1pm - Canasta	11 10am - Gentle Yoga 1pm - Bingo	12 10am - Cardio Drumming 11:30am - Cribbage 1pm - Euchre
15 Martin Luther King Jr Day -	16 10am - Chair Strength 1pm - Cards	17 10am - Cardio Drumming 11:30am - Sequence 1pm - Canasta	18 10am - Gentle Yoga 1pm - Bingo	19 10am - Cardio Drumming 11:30am - Cribbage 1pm - Euchre
22 10am - "Pound" Exercise 1pm - Craft Class with Angie	23 10am - Chair Strength 1pm - Cards	24 10am - Cardio Drumming 11:30am - Sequence 1pm - Canasta	25 10am - Gentle Yoga 1pm - Bingo	26 10am - Cardio Drumming 11:30am - Cribbage 1pm - Euchre
29 10am - "Pound" Exercise 11am - Massage Day	30 10am - Chair Strength 1pm - Cards	31 10am - Cardio Drumming 11:30am - Sequence 1pm - Canasta	1 10am - Gentle Yoga 12pm - COJFD health checks 1pm - Bingo	2 10am - Cardio Drumming 11:30am - Cribbage 1pm - Euchre



HAPPY NEW YEAR



Wordsearch

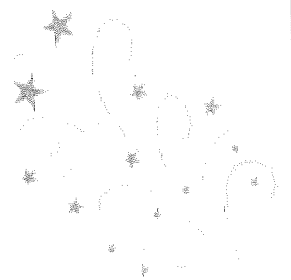
Search for the words going up, down, left and right.

C	S	L	L	X	N	O	I	T	U	L	O	S	E	R
A	Z	N	A	G	A	V	A	R	T	X	E	I	Q	I
G	G	A	T	H	E	R	I	N	G	W	Z	N	P	N
A	F	O	T	S	W	O	S	D	R	W	L	O	L	V
D	I	D	R	O	Z	T	H	G	I	N	D	I	M	I
H	R	T	A	H	F	Y	T	R	A	P	W	S	E	T
F	E	B	D	F	B	I	N	H	M	G	Y	E	U	A
N	W	Q	I	Q	A	Z	F	G	D	C	G	M	S	T
N	O	I	T	A	R	B	E	L	E	C	Q	A	J	I
L	R	M	I	Y	R	A	U	N	A	J	L	K	H	O
K	K	H	O	C	V	W	T	R	D	A	Q	E	J	N
I	S	K	N	X	V	J	O	I	B	U	E	R	Z	N
Y	Z	P	H	C	O	U	N	T	D	O	W	N	S	M
H	W	W	J	M	U	H	N	U	X	X	O	U	Q	R
L	F	A	A	H	S	E	Q	S	I	O	C	O	F	G

CELEBRATION
 FIREWORKS
 JANUARY
 PARTY

COUNTDOWN
 GATHERING
 MIDNIGHT
 RESOLUTION

EXTRAVAGANZA
 INVITATION
 NOISEMAKER
 TRADITION



New Year's Word Search

J A N U A R Y F R I E N A C E
F R I E N D S Y A S R I L A H
N E Y S E R T I E M O W B L C
B S I L Y F A E N E I Y A E O
N O C R N V N V E Y D L B N U
A L D C L O C K L T I E Y D N
R U V E W M I D N I G H T A T
V T O A S T W S N O L Y I R D
G I A N I N G S E V E U A R O
C O N F E T T I T M I N G S W
R N O L C E L E B R A T I O N
A J A N U E L V E I M K E R A
Y P A R T Y H A A P Y S E V W
N E W Y E A R C L O K S O R Y
S H A P P Y E B A L L R E S O

BABY
BALL
CALENDAR
CELEBRATION
CLOCK
CONFETTI
COUNTDOWN
EVE

FAMILY
FRIENDS
HAPPY
JANUARY
MIDNIGHT
NEW YEAR
NOISEMAKER
PARTY

RESOLUTION
TOAST

