

**IRON MAN  
CONSTITUTIONAL  
CHALLENGE**



**Suggestions for Sponsorship: £1 for each level completed.**

**I.E £1 for a Madras, £2 for a Vindaloo, £3 for a Tindaloo,  
£4 Phall & £5 for a “House Special”**



**Add 25p to every £1 you donate – at no extra cost to you. Providing you are a UK taxpayer, please tick the Gift Aid box and ensure that you complete your full name, address and postcode.**

Please tick the box headed Gift Aid below if you want to allow F2FM to reclaim the tax you have paid against the gifts you've made to F2FM. F2FM is a registered charity in England and Wales no. 1152483

Title	First Name	Surname	Full home address(this is essential for Gift Aid)	Post Code	Amount Pledged	Gift Aid	Contact email

**A minimum of £20 per person is needed to cover the costs of the food, which can be raised through sponsorship. You can enter as an individual or a Team.**



**You can also support us Online via the **JustGiving** Web Page.  
[www.justgiving.com/ConstitutionalChallenge](http://www.justgiving.com/ConstitutionalChallenge)**

**Or you can Text **FTOF50** £ (your support value) to **70070**  
Via **Just TextGiving** by Vodafone**

