Rio Grande Valley Swim Coaches Association Swimming and Diving Los Fresnos Invitational

Date: Thursday and Friday, December 14th - 15th, 2003

Location: Los Fresnos Aquatic Center, 32477 TX 100, Los Fresnos, Texas

Events: Official high school order with timed finals. Diving will consist of 11 dives.

Scoring: Top 16 places will score in each event.

Awards: Medals for 1st-3rd Ribbons for 4th -8th places.

Entries: Each team may make an unlimited number of entries in individual events. Swimmers may be entered in no more than four events, two of which must be relays. Each school is limited to two relays in each relay event. All entries must be submitted on Hy-Tek software. A confirmation email will be sent when entries are received. Scratches will be appreciated as soon as possible.

Deadline: Entries are due to Jamie Perez on **Tuesday**, **December 12,2023** to <u>ArnoldP75@msn.com</u> and CC <u>japerez@lfcisd.net</u> Diving sheets will also be due on this same day.

Fees: \$150 per girls team and \$150 per boys team. The fee for teams with less than five athletes will be \$10 per individual. Please make checks payable to Rio Grande Valley Swim Coaches Association and mail to: Alexandra Trevino, 2007 Tomatillo, Weslaco, TX 78596 email: atrevino@wisd.org

THIS IS AN ASSOCIATION MEET SO ALL TEAMS WILL BE EXPECTED TO HELP, PLEASE PROVIDE A TIMER, THANKS!

Meet Times: Diving warm-up 10:00a.m., Thursday, December 14, 2022 Diving start time 11:30a.m., Thursday, December 14, 2022 Friday, December 15, 2022 Swimming warm-up 7:15 a.m-8:00am. (All Brownsville schools, Harlingen Area will warm up at this time.) Friday, December 15, 2022 Swimming warm-up 8:00a.m-8:45a.m. (Weslaco, Sharyland and all other Schools will warm up at this time.) Friday, December 15, 2022 Swimming start time is at 9:00a.m. Friday, December 15, 2022