







PSJA ISD RGVSCA Tri-City Winter Classic 2023 Nov. 30th-Dec. 1st

LOCATION: PSJA-Pharr-UTRGV Natatorium

3001 N. Cage

Pharr, Texas 78577

FORMAT: **Diving** warmups start at **2:30 pm on Thursday**. Finals start at 3:30 pm.

Swimming warm up begins on **Friday**:

Warm-up 1: 7:30am-8:00am

Warm-up 2: 8:00am-8:30am.

Warm-up 3: 8:30am-9:00am. (if necessary)

Warm-up 4: 9:30am-10:00am. (If necessary)

Extra warm up (If necessary)

Coaches Meeting at conclusion of last warm up.

Meet Starts 15 minutes after the last warm up.

ENTRIES:

- Each swimmer/diver may enter 4 events, only two of which may be individual events. Unlimited individual entries per event, only two scoring relay entries per event.
- This is a time standard meet and will require proof of time. This proof of time can be accessed on Team Manager. We will be running two courses.
- This is an 11-dive meet.
- Once the meet reaches 450 athletes, we will no longer accept entries! Please get them in ASAP!

Event Time Standards

	200 Free	200 IM	50 Free	100 FLY	100 Free	500 Free	100 Back	100 Breast
GIRLS	3.05.00	3.18.00	33.50	1.40.00	1.17.00	7.12.00	1.35.00	1.44.00
BOYS	2.37.00	2.40.00	29.00	1.19.00	1.09.00	6.18.00	1.30.00	1.24.00

ENTRIES DUE: November 27 at 11:00pm-Email HY-TEK entries to:

PSJAswimNdive@gmail.com Enter your divers via Team Manager and email dive sheets to leslie.ortiz@psjaisd.us.

***No Late Entries Accepted, First Come First Serve

SCORING: Top 16 places will score in each event

AWARDS: Medals 1st-3rd & Ribbons 4th-8th

DUTIES: Bring two timers per school. No exceptions- we cannot start meet without timers!! Please

provide the name of the timers with your entries.

FEES: \$150 per team per gender. If you bring a boys and girls team, total would be \$300. Teams

with 5 or less athletes per gender can pay \$10 per swimmer.

SEND ENTRY

Please make checks payable to Rio Grande Valley Swim Coaches Association

FEES:

Mail to: Alexandra Trevino, 2007 Tomatillo, Weslaco, TX 78596

email: atrevino@wisd.us

^{**}No food or drinks will be allowed on deck except for water. Please keep swimmers in your team's designated seating area if they are not racing.

^{**} Please fill out and return Timer's Form with entries.









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School:	
Coach's Name: _	
Timer:	