



University Interscholastic League

Swimming & Diving Championships

Friday and Saturday, February 9, 10, 2024



WELCOME: “*Bienvenidos a Laredo historic city on the border*”. Laredo is located deep in the heart of Southwest Texas on US Interstate 35 the beginning of the Lone Star State, and travel experience, which is Mexican, Texan, and American all in one.

This location lends itself to a perfect blend of culture, language, culinary influences and a ambiance that can only be found deep in the heart of Southwest Texas. Starting as a small Spanish Villa founded in 1755 on the banks of the Rio Grande, Laredo grew to become a Republic and to finally a State in the United States. Experience the history as you walk around historic downtown discovering landmarks that are significant to both the birth of Laredo and its pride of having been a Republic on its way to become a State within United States.

Historical landmarks include San Agustin Plaza, Republic of the Rio Grande Museum and San Agustin Cathedral. Laredo is an International port and the 15th largest city in South Texas. The United Independent School District is pleased and honored to have hosted UIL District 29-6A and this year UIL District 30 Championships as well as the Region VIII Interscholastic Swimming and Diving Championship for the next two years.

LOCATION: United Independent School District’s Carroll E. Summers Jr. Aquatic Center is arguably one of the fastest pools in Southwest Texas. The Carroll E. Summers Jr. Aquatic Center is located at 5208 Santa Claudia Lane, Laredo, Texas 78043. If you are traveling South on US I-35, take the Bob Bullock Loop 20 to the State Highway 359 exit. If traveling west on US -59 turn left at the I-20 Loop and exit On Texas 359, If traveling West on US Hwy 83 exit take the I-20 Loop to Texas 359, and turn left at the Bill Johnson Student Activity Center. The Carroll E. Summers Jr. Aquatic Center is next to the United ISD Football Stadium.

FACILITIES: The Carroll E. Summers Jr. Aquatic Center can be configured with one 25 yard, 8 lane competitive pools, with non-turbulent lane lines. Eight (8) short course lanes will be available for continuous warm up during competition. The Carroll E. Summers Jr. Aquatic Center also includes four 1 meter, Duraflex series “B” Springboard *Cheeseboards*. The Daktronics Omnisport 2000 timing and scoring system will be utilized during the competition. The swimming events will be run using Hy-Tek Meet Manager. The diving event will utilize E-Dive Meet and Pro-Dive Software.

LIABILITY: The University Interscholastic League, the United Independent School District, and the Carroll E. Summers Jr. Aquatic Center accepts no responsibility nor liability for injuries sustained by any individual, athlete, official, meet volunteer or spectator while traveling to and from or while participating in the meet.

SPECTATORS: Competitor seating will be assigned to bleachers on the pool deck. Spectators are not allowed on the pool deck at any time. Reserving seats between or during sessions is not allowed. Please see attached “The Carroll E. Summers Jr. Aquatic Center Rules, Regulation, Prohibitions, and Deck Access” attachment for specific information.

ONLINE: available at <https://gofan.co/> Adults \$5.00 Students \$3.00
GATE PURCHASE: Adults \$7.00 Students \$5.00

TEAM INFORMATION: Team Packets containing meet information are available at the Carroll E. Summers Jr. Aquatic Center Lobby the first day of the meet, upon arrival.

ELIGIBILITY: All participants must be eligible under the University Interscholastic League guidelines as outlined in the UIL Swimming & Diving Manual for 2022-23.

For the latest meet information and entry forms, please visit:

<https://www.usid.net/aquatic-center>



University Interscholastic League

Swimming & Diving Championships

Friday and Saturday, February 9, 10, 2024



ENTRY LIMITATIONS:

The top 6 finishers from each event in the District Championships will advance to this meet. A **maximum of four entries** per individual event (including diving) and **one team** in a relay event per school may advance. In relay events eight individuals may be designated on the relay entry form. Any of these eight individuals may swim in the finals provided he/she does not exceed the permitted entries for the meet. Only the four swimmers declared on the event relay card, which shall be submitted at the specified time and place prior to the start of the event, are permitted to report to the blocks and compete. Team relay times are determined by the **actual time** that relay team achieved in District Championship competition.

ENTRY FEES:

\$8.00 per individual competitor and \$10.00 per relay entered. Relay only swimmers are required to be on the team roster and pay Competitor Entry Fees. Entry Fees will be calculated based on the total number of Swimmers/Divers on the roster as well as relays entered, **including relay alternates.**

Make Checks payable to: United ISD

Mail to:

C/O Rosie Cruz

5208 Santa Claudia Lane
Laredo, Texas 78043

ENTRY PROCEDURES:

The deadline for submission of meet entries to the Meet Coordinator is **12:00PM (noon) Monday, February 5, 2024. (lfruia@uisd.net)**

District meet directors shall **e-mail** (*the preferred method*) the following files or submit a **Hy-tek HY3** or SDIF compatible disk containing the following files to the Meet Coordinator upon the conclusion of their respective District Championship as stated above:

- (a) A **(.HY3) file** containing the 6 advancers in each event.
- (b) A .doc or pdf file listing the meet results in single column format.

Swimming and Diving entries must be generated by Hy-Tek Team Manager. Competitors in the diving events must be included in the Team Manager entries. **Send entries to: lfruia@uisd.net with subject containing "Region VIII-6A".** A confirmation email will be sent once entries are received and successfully loaded.

Each Head Coaches shall not be required to fill-out the official UIL entry form. The Hy-Tek report files are sufficient with district entry fee check or P.O.

Relays qualify by schools and may be changed before then entry deadline. No more than eight relay swimmers shall be listed on entry forms. Any of these eight individuals may swim in the prelims, swim-offs and/or finals provided he/she does not exceed the permitted entries for the meet. It shall not count as an entry unless the competitor actually competes in the event.

All dive sheets must be submitted through [CleanEntries.com](https://www.cleantentries.com).

Dive sheets are due at the same time Swimming and Diving entries are due. Dive sheet changes and/or corrections are due to check in table, no later 1 hour before the competition begins.

This meet will be conducted as a championship meet. The 1-meter diving shall consist of five voluntary dives and six optional dives and follow NFHS Rule #9, Section 4 Article 1, Section a, b, c, & d.

For the latest meet information and entry forms, please visit:

<https://www.uisd.net/aquatic-center>



University Interscholastic League

Swimming & Diving Championships

Friday and Saturday, February 9, 10, 2024



The Meet Coordinator shall, upon receiving each e-mail, notify the appropriate party of the receipt and any problems noted with the files within 24 hours. **If you receive no reply within the specified time, please contact the Regional Meet Coordinator immediately.**

Individual school coaches should inform their District meet directors of any scratches prior to the entry deadline. The District meet director will, in turn, inform the Meet Coordinator of the scratch, and the name and qualifying time of the alternate for the event in question.

Please review Rule 3, Section 1, Article 1, and Section 2, Articles 1, 2, 3, and 5 of the NFHS Swimming and Diving Rules Book concerning meet entries and meet conduct for championship meets. **No scratches will be honored after the entry deadline.**

ORDER OF EVENTS:

Standard high school order of events, with diving Prelims running on Friday. All 8-dives (prelims) and (Finals)-last 3 dives being performed on Saturday, February 10, 2024.

SCORING:

The top 16 shall advance from preliminaries: the fastest (8) to the finals and the next (8) to the Consolation finals in each event, scoring will be to sixteen places. The point values will be as follows:

Championship Finals

Place →	First	Second	Third	Fourth	Fifth	Sixth	Seventh	Eight
Individual	20	17	16	15	14	13	12	11
Relay	40	34	32	30	28	26	24	22

Consolation Finals

Place →	Ninth	Tenth	Eleventh	Twelfth	Thirteenth	Fourteenth	Fifteenth	Sixteenth
Individual	9	7	6	5	4	3	2	1
Relay	18	14	12	10	8	6	4	2

AWARDS:

U.I.L medals will be given to the top three competitors in each event. There will be a team award for the winning and runner-up team (male and female). Swimming & Diving awards will be presented during finals after the following each event: **200 Medley Relay, 50 Freestyle / Diving, 500 Freestyle, 100 Breaststroke, and 400 Free Relay.** Team Awards will follow the 400 Free relay Awards.

Diving Awards to be presented on Saturday, February 10, 2024 after all diving is complete.

SCHEDULE:

Swimming & Diving Preliminaries: Friday, February 9, 2024

Region VIII 6A Warm-up 10:30 am
 Clear the competition pool 11:30 am
 Coaches meeting 11:40 am
 National Anthem 11:50 am
 Region VIII 6A Meet Start Time 12:00 pm

Swimming & Diving Finals: Saturday, February 10, 2024

Region VIII 6A Warm-up 10:00 am
 Clear the competition pool 10:30 am
 National Anthem 10:45 am
 Region VIII 6A Meet Start Time 11:00 am

For the latest meet information and entry forms, please visit:

<https://www.usid.net/aquatic-center>



University Interscholastic League

Swimming & Diving Championships

Friday and Saturday, February 9, 10, 2024



WARM-UP

PROCEDURES: This will be an open warm up for prelims and finals. Eight (8) lanes will be available during the meet for continuous cool-down and warm-up. The last 15 minutes of warm up in the competition pool will be 1 way starts in lanes 1, 8 and push pace in lanes 2, 7. *(Assigned warmup times may be given at discretion of the meet director)*

MEET ADMINISTRATION

6-A Swim Meet Director	6A Diving Entries Coordinator
Janelly Mendoza, Operations Officer United Independent School District Office: (956)473-6175 E-mail: Janelly.mendoza@uisd.net	Jose O. Mandujano, Facility Supervisor United Independent School District Office: (956)473-6172 E-mail: Jose.mandujano@uisd.net
6-A Swim Meet Referee	6A Dive-Meet Referee
TASBO Official Mr. Calvin Snyder USA-Swimming (Still-OPEN)	TASBO Official Mr. Calvin Snyder TASBO Official Ms. Annalise Colon

The Carroll E. Summers Jr. Aquatic Center Rules, Regulation, Prohibitions, and Deck Access

Security personnel are empowered to enforce regulations that have been established by Carroll E. Summers Jr. Aquatic Center Policies.

Only participants, coaches, event administrators, and event volunteers are allowed on the pool deck – all spectators and parents must remain in the grandstand.

Participants and spectators are not allowed to use other areas of the Carroll E. Summers Jr. Aquatic Center complex during this event Without purchasing a pass at the Services Desk located in the facility lobby.

Each competing team is permitted one temporary banner, placed at the discretion of the Carroll E. Summers Jr. Aquatic Center Director. Team banners must not exceed 5' by 8'.

Absolutely no tobacco, alcohol products, or glass containers are allowed anywhere on United School District property. This applies to the parking lot.

Coolers are allowed provided they do not contain glass items. No chewing gum allowed.

Betting and gambling is strictly prohibited.

Shaving is not permitted anywhere within the entire Carroll E. Summers Jr. Aquatic Center Complex.

Teams are expected to police their respective areas at the conclusion of the competition.

Running or any other sort of activity that might be interpreted or described as "horseplay" is prohibited throughout the entire Carroll E. Summers Jr. Aquatic Center Complex.

Diving equipment such as trampoline, spotting rigs, dry-board apparatus, and Hot Tubs are not to be used.

The use of flash cameras at the start of any race is prohibited.

Blocking or restricting fire lanes or emergency exits, and the use of emergency exits for non- emergency is prohibited.

Access to the deck of the Carroll E. Summers Jr. Aquatic Center is restricted by pass to the following:

- Athletes from competing teams ● Administrative support personnel ● Coaches of competing teams ● Facility/District Staff ● Officials ● Marshals ● Timing System operators ● Security personnel ● Computer systems operators ● Lifeguards ● Lane timers ● Service and supply vendors ● Credentialed media personnel ● Hospitality personnel ● One photographer from each competing team ● Medical support personnel

For the latest meet information and entry forms, please visit:

<https://www.uisd.net/aquatic-center>



University Interscholastic League

Swimming & Diving Championships

Friday and Saturday, February 9, 10, 2024



OFFICIALS:

Swimming & Diving Special Note

As per UIL regulations, all deck officials must be currently registered with UIL / NFHS.

- ✓ In order to properly staff a meet of this size, it is helpful that each school submit a minimum of one certified official.
- ✓ The Meet Referee will attempt to make all deck assignments prior to the meet. Therefore, all officials who desire to be assigned to deck positions should notify the Assigned Meet Referee of their intentions and availability.
- ✓ Please specify the sessions for which you will be available
- ✓ Please submit your information to:

Officials' Uniform of the day will be as follows:
Preliminaries – white shirts over khaki pants, skirts.

Finals – navy blue shirts over khaki pants or skirts

TIMERS: Back-up timers will be provided by the United Independent School District.

MEET

COMMITTEE: A meet committee will be appointed by the Meet Referee.

VIDEOTAPING/ FILMING:

Filming or videotaping will be permitted in the spectator area (see All American Diving exception). Videotape or film will not be used in judging any swimming/diving event. Please use the extreme wings of the spectator area for filming. Please be sensitive to the other spectators.

ALL AMERICAN DIVING:

Schools may appoint one individual to film/ videotape the diving competition. This person will receive a media pass from the school packet and will be permitted to film from the deck during the diving competition. All other videotaping is prohibited.

HEALTH: UISD is committed to the health and safety of all participants. The Carroll E. Summers Jr. Aquatic Center utilizes **& SAFETY:** Advanced training and technology and adopts the Centers of Disease Controls (CDC) "*Healthy Swimming Policy*". This policy has proven to assist in protecting participants from poor air or water quality hazards typical with indoor-swimming pools caused by microorganisms and chloramines. The cornerstone of this policy is based on CDC guidelines which mandate safe practices such as requiring all to shower before entering the pool or spa. Please notify all participants there is no shaving at the facility.

USA Observation: This is a varsity meet that swimmers are resting for and could be swimming new best personal times. Therefore, we would like to request this meet be observed by USA swimming, so their times will count in the USA swimming database.

For the latest meet information and entry forms, please visit:

<https://www.uisd.net/aquatic-center>