KANSAS HORSE COUNCIL NEWSLETTER. NEWS FOR KANSAS AND THE EQUINE INDUSTRY.

# February 2023 EDITION

News, announcements and events from around Kansas, regarding the Kansas equine industry.

Legislation, Insurance, Equipment & Retail discounts are just some of our membership benefits! Visit our website to learn more.

Join our herd!



Visit our Website!







2023 Upcoming Events and Calendar

There are many fun upcoming opportunities to get out with your horse this month, from to barrel races, barrel racing clinics and trail rides! There are also ways to get involved such as the BCH-KS annual meeting in Emporia, or KLA's tri-county scholarship.

# See them here: Calendar of Submitted Events

Any questions regarding events, please call us at 785-776-0662

If interested in more information or to register for an event, please email us at

director@kansashorsecouncil.com

# Ovation Protégé Helmet Recall Notice February 2023

There has been an important fast track recall from the Consumer Product Safety Commission (UPSC) and English Riding Supply.

On February 9, 2023, English Riding Supply recalled about 55,000 Ovation Protégé equestrian helmets for failure to meet the impact requirements of ASTM F1163-15. These helmets pose a risk of injury to someone who falls while wearing the helmet.

This recall involves Ovation Protégé model equestrian helmets manufactured from December 2020 through December 2022 and sold in multiple colors and finishes. The Ovation Protégé is an equestrian helmet that is certified by the Safety Equipment Institute (SEI) to the ASTM F1163-15 standard. An SEI certification label, which includes the model name and date of manufacture, is located inside the helmets. "OV" is printed on the front of the helmets.

Consumers should immediately stop using the recalled Ovation Protégé helmets and return them to the retailer they were purchased from or to any Ovation authorized dealer for a free replacement Ovation Deluxe Schooler helmet or contact English Riding Supply for a \$60 refund. The replacement helmet or refund will be provided upon return of the recalled helmet OR proof of destruction of the recalled helmet. (Consumers are not required to return the physical helmet to English Riding Supply.) To destroy recalled helmets, consumers should cut off the harness straps. Consumers should email a photo of the cut harness and a photo of the interior manufacturing label, clearly showing the manufacturing date and serial number, to

helmets@englishridingsupply.com. The manufacturing label is located on the interior foam liner underneath the comfort liner, so consumers will need to remove the comfort liner to access the manufacturing label. To learn how to destroy your helmet and receive a refund, or learn more about the recall, you can

visit <a href="https://www.ovationriding.com/ProtegeRecall/">https://www.ovationriding.com/ProtegeRecall/</a>

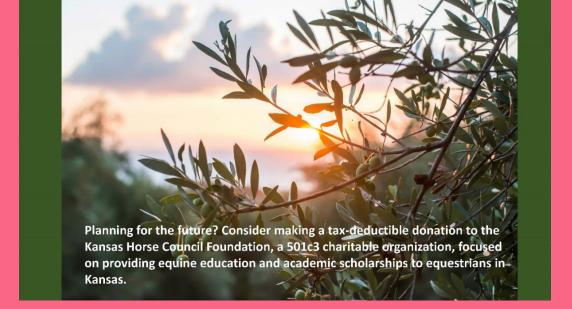






Giving a shoutout to these participants and the hours they've logged enjoying time with their equine friends!

1500 Hours - Karen Carr 1000 Hours - Diane Ransom 500 Hours - Rosie Sweeten



# Tips for Transitions With Buster McLaury

By Buster McLaury with Andrea Caudill for The American Quarter Horse Journal

Transitions in horseback riding are important, necessary. The more you intend to do with a horse, the more important transitions are.

There are transitions from standing still to the walk, from the walk to the trot, from the trot to the lope and more. Then, within those gaits, there are about three different speeds. You should be able to transition between those speeds at any given time.

#### Getting Started

- Buster starts colts in a 150-foot pen with a helper on an older horse.
  That way, the first ride or two, whoever's riding the colt can just do
  a little bit with their legs, but the helper can use a flag or rope to
  help the colt.
- Get out in the pasture and ride around once you get the colt where you can bend him pretty good in the corral.
- Every once in a while, stop the colt with one rein, bend him a little bit, then go again.
- Always prioritize release as much as pressure. Reward is just as important as introducing a new cue.

#### Getting a Feel

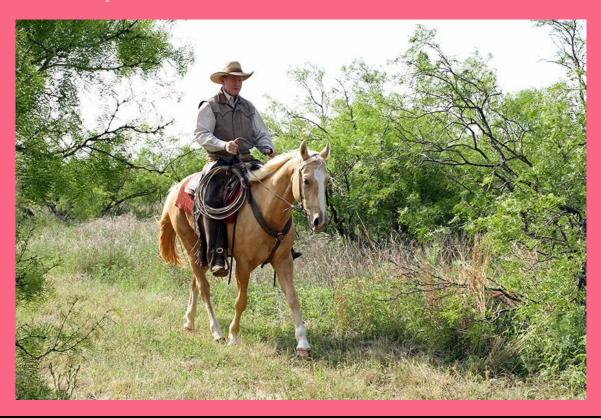
Take time to get a feel of your horse with your legs, and give him the opportunity to get a feel of you. The easiest way for a horse to learn to get hooked on your legs is getting in time with his feet.

- As his right foot comes back, your right leg is coming in, so it sends his foot ahead. Then, apply to his left.
- Give the horse five or six strides to respond if he is young or green.
- Continue at the same speed your horse is tracking you don't quit.
- Take a "little life" out of your leg if you want him to slow down. The horse feels that, and he'll learn to respond to that.

#### Polished Training

A pretty sliding stop in the show ring starts the very first time you pick up the rein on a colt. Set the stage to let him learn to follow feel. A young horse has to learn to stop, turn or complete any other advanced maneuver. That all comes from the first ride, when you were just bending him and stepping hindquarters over. Get him prepared and you'll hardly miss a lead. Over time, do less so the horse has a chance to come up with more. Next thing you know, you'll just be standing still, pick him up and lope off.

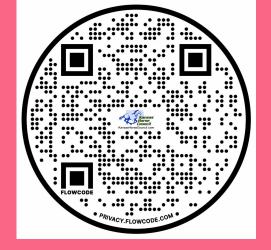
Want to hear more tips and tricks from Buster? See him at EquiFest this March!



# Don't Miss This Great KHC Benefit:

Subscription opportunity to
The Horse Magazine at 90%
DISCOUNT off retailOnly \$5 for the year to Kansas
Horse Council Members!





Scan the QR Code to sign-up for your reduced subscription TODAY!!

#### Doc Barr Was A 'Horse Doctor'

By Frank J. Buchman

Thankfully, there are a lot of top veterinarians who can help treat every kind animal back to health.

Horse doctors are included among them. Yet for some reason there is a unique difference, so it seems between veterinarians and horse doctors.

Veterinarians can be horse doctors, and horse doctors can be veterinarians, but horse doctors have a different sense. They seem to have a lot more "horse sense."

Now if that jabbering doesn't sound meaningful then unfortunately acquaintance has not been made with a real horse doctor.

Obituaries always bring sad feelings, and it was even deeper heartfelt loss when reading that of Dr. Bryan Barr. He was a horse doctor.

Generally referred to as Doc, Dr. Barr was frequently also known personally as Bryan or Bryan Barr, whatever.

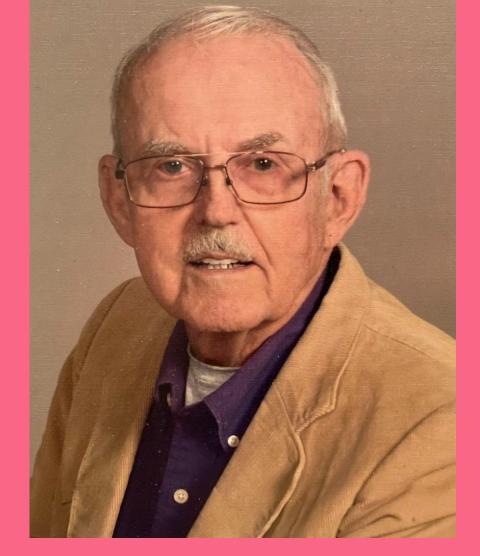
First meeting with Doc was decades ago stopping at his Emporia clinic with a racehorse-in-training enroute to the Eureka racetrack. The owner asked Dr. Barr to give a calming drug to the nervous horse wearing himself out before race time.

There forward, Doc became a friend who gave acknowledgement whenever paths passed, not too often actually. Conversations almost immediately generated to horses.

Privileged to judge several Lyon County horse competitions, Doc and his family were always in attendance. Son Wade was a friend of everybody with congenial, bright, shining smile, quick

wit, and positive attitude. Sure, a semblance of his dad Doc and mom Gelane. Following in Doc's bootsteps, son Lee was a great horseman, now reflecting his participation in a Western riding class. An event then new to 4-H shows, and still now not seen too often. Riders are supposed to change leads of their horses loping through a series of maneuvers. His horse never changing leads once, Lee still won because he completed the pattern while no other 4-H riders did. With Doc as partner and coach, Lee became and is a champion roper. Whenever the horse issue was above and beyond local veterinarian treatment, Doc was called. professionally dedicated Doc's "horse sense" far exceeded college levels. When castrations were required, Doc would readily drive 75 miles from his office to perform the surgery. Every male horse has two naturally God-given testes yet sometimes they fail to descend into the scrotum scientifically called cryptorchidism. Not an easy procedure, Doc always knew what to do. One time with such a young stallion drugged out on the ranch lawn, Doc had a difficult finding the second teste. Never one to give up, Doc's knowledgeable perceptive hand kept searching inner body of the colt. He finally located and removed the missing testes about the size of a pea. Abdominal hernias are another common issue in horses showing up as a bulge at the bottom of the body wall. Readily treatable by most veterinarians, Doc had a personal knitch for remedying the problem without surgery or any extra pain. Just a certain kind of tree twig clamped above the bulge and within a couple days it'd fall off. Always present for the ranches horse sale, Doc was called the following day when a baby colt treated for lameness was extremely ill. Doc and Gelane readily came back Sunday morning to see what special care could be provided. The colt succumbed later that day, and the owner wrongly made some snide remark to Doc about "killing that colt." Of course, the comment didn't set well with Doc which it shouldn't have. Yet, he remained a good friend always anxious to help anything to do with horses. Maintaining his birthhood ranch holdings in Riley County, Doc made frequent trips there managing the place and cutting firewood. He'd often stop to look at and talk horses. With occasional visits to his clinic, Doc did routine horse health work, always accompanied by philosophical conversation. One of Doc's office wall hangings, "Just Tack 'Em On," taunted farriers a bit. Shoeing his own horses, Doc knew farrier work

required considerable expertise, "horse sense," not always prevalent in certain trade professionals. At his immaculate Lyon County ranchette, Doc had a weedless garden with tall, sweet corn bearing giant ears. Of course, several horses were in the barnyard with horse trailer nearby. After retiring from veterinarian profession, Doc was horseback every day at Buster Wheat's feedlot pour down, blizzard, or record hot sun. A few years ago, unhealthy seniority forced Doc to dismount. "I didn't want to be tempted to ride every day, so I just sold my horses," he said. Still with an interest in everything horses and livestock, Doc regularly attended rodeos and livestock events. With passing of one son, two wives, and parents, Doc's maturity overcame him. Aside his deathbed was Doc's heavily read and worn lifetime Bible scriptures underlined with sidenotes intact. Proof of never-failing belief in God the Almighty as his savior for eternity in Heaven. One of the shortest obituaries likely ever printed didn't do justice to the humblest of "horse sense." Funeral attendance wasn't large, but substantial number of cowboy boots and hats verified Doc was the most admired horse doctor.



Dr. Bryan Barr of Emporia was a horse doctor with "horse sense."

The new <u>EquiFest Website</u> is out! Check back on it daily as new information is added.







#### Del Shields

Decked out in Leather.
Iron foot shod.
The ancients,
they worshipped him,
as a statuette god.
He was mighty in battle,
through thousands of years.
When he fell with his comrades
they mourned him with tears.

Nation per nation, he built with his strength. Of his service and faithfulness, there's no end to its length. With eye big and bold, he is calm but alert. He continues to serve us, though his joints ache and hurt.

He speeds at the rodeo. He's slow down the trail. He's submissive and true, from his nostrils to his tail.

He stands in his glory atop sunset lit hill.

Yet he's willing to follow and surrender his will.

His size and his shape and his color matters not.

He gives us his all, and its all that he's got.

This creature's a healer of spirits and hearts.
God uses him often, to give the broken new starts.

We thank God that He joined us, with this beast on our course. Let us humbly bow and give thanks for the horse.

Joint membership with KHC & BCH-KS for you!



## **Kansas Chapter**





#### **JOINT MEMBERSHIP AVAILABLE IN BOTH ORGANIZATIONS!**

Individual: \$80 (\$15 to BCHA/\$15 to BCH-KS/\$15 to KS Chapter of Choice/\$20 for insurance/\$15 to KHC Family: \$100 (\$15 to BCHA/\$15 to BCH-KS/\$15 to KS Chapter of Choice/\$40 for insurance/\$15 to KHC

Trails Advocate Level Individual: \$80
Trails Advocate Level Family: \$100

One enrollment to support two organizations!
Simple and makes sense!



Hydrotherapy to Rehabilitate and Condition Horses

by Erica Larson

What researchers and veterinarians are discovering about equine

#### aquatic conditioning and rehab

Veterinarians have been using swimming, underwater treadmill work, and other forms of hydrotherapy in equine rehabilitation and conditioning protocols for years. Historically, they've based their recommendations largely on anecdotal evidence and personal experience. While questions remain, in recent years researchers have learned a significant amount about how aquatic therapy benefits horses.

#### Aquatic Exercise 101

Swimming pools, underwater treadmills, cold-water spas, and even beaches are gaining popularity as equine conditioning and rehab tools.

"The main benefit of exercise in water, whether that's walking on a water treadmill or swimming in a pool or open water, is the ability to exercise the horse with reduced loading or concussive forces," says Persephone McCrae, PhD, who studied water treadmill use in horses for her doctoral degree. "Musculoskeletal injuries are typically associated with repetitive overloading of the structures within the limb," and buoyancy limits these forces.

And, she adds, because water is denser than air, horses must work harder at slower speeds during aquatic exercise, leading to improved cardiorespiratory fitness and muscle development.

The reduction in weight-bearing also promotes range of motion, or flexibility, through the limbs and back, says McCrae, now the lead scientist for research and development in the Animal Science Division at Myant Inc., a textile computing company in Ontario, Canada. "This is important in terms of reducing the risk of future injury, as well as for promoting rehabilitation through improved biomechanics, even while the horse may not be fully weight-bearing on ground."

Read more about it here!





#### Chef Alli's Goulash

#### Ingredients

- Avocado oil spray
- 1 Medium Bell pepper Diced
- 1 Medium Onion Diced
- 2 TBSP Italian Seasoning
- 2 tsp Paprika
- 1 tsp Garlic powder
- 1 Pound Ground Beef 96/4 is what i used
- 126 oz. Can Diced tomatoes
- 3 Cups Beef broth
- 2 Bay leaves
- 10 oz. Elbow Macaroni
- 4 oz. 75% Reduced fat cheddar cheese Cabot is what i used
- 1/4 Cup Velveeta Shreds
- Salt & Pepper to taste
- Fresh Basil & Parsley To garnish

#### **Instructions**

- Sauté the bell pepper until tender
- Add the diced onions an sauté until translucent
- Now add the Italian seasoning, Garlic powder & Paprika. Sauté for a few minutes to bloom the spices
- Now its time to add the ground beef. Cook until browned
- Add the canned tomatoes , beef broth and bay leaves
- Season with salt and pepper to taste
- Pour pasta in, Cover and let the pasta cook until it is al dente
- Remove the bay leaves

- Time to add the cheeses in. Mix until melted
- Season with more salt and pepper if needed
- Garnish with basil and parsley

#### Kansas Horse Council Specialty License Plate

- Kansas Horse Council license plates are available at your local County Treasurer's office.
- You don't have to be a member to sport one, on your car, truck or trailer!
- Show your love of horses with this colorful statement plate!

KHC License Plate Info





# Sally Batton on changing the way we use our bodies while riding so we correctly prepare our horses for downward transitions

Never forget! Horses are rear-wheel drive, so they need to do both upward and downward transitions from the hind legs first. But what does this really mean? Imagine you are riding a bicycle extremely fast, then apply only the front brakes to bring it to a stop. Worst case scenario, you flip over your handlebars and, at a minimum, you are likely to get whiplash when your front tire stops suddenly while the back one keeps spinning. Horses are the same way: if you just pull with your reins, it is akin to slamming on the front brakes of your bike.

Proper use of the seat helps prepare the horse to use his hind legs during the downward transition.

Try This Exercise: Finding the "Drop Down" Point
Our horses do not always make it easy to ride correctly with our whole

body. When a horse pulls or gets heavy in his downward transitions, many riders revert to using their arms instead of their seat. There is a spot right below the shoulder blades where the rider needs to "drop down" her weight in order to stay balanced and prevent the horse from pulling her out of the tack. To help a rider find this spot, I stand in front of the horse, hold the reins right behind the bit, and tell her to prevent me from pulling her out of the saddle. Usually, she resists purely in her shoulders and fists, and I am able to pull her out of the tack. I then place my hand right below her shoulder blades and ask her to put her weight into my hand without leaning back.

Most riders don't figure out how to do this until I tell them to use what I call the "ice-cream-scoop mechanic": in order to replicate the "forward swing" feeling of an engaged seat, think of your tailbone as an ice cream scoop. Use your abdominal muscles, without slouching over, to pull the ice cream scoop forward. If you try to push the tailbone forward with your gluteal muscles, you will become stiff and tuck the tailbone too far under. Pulling the "scoop" with the lower abdominals engages the core and drops your weight down into the saddle. Riders should use their ice-cream-scoop mechanic in every downward transition they ride.

To read more of Sally's tip click here or come see her at EquiFest!





#### BACK COUNTRY HORSEMEN OF KANSAS

What's the best way to stay informed of BCHKansas news and activities?

#### Follow Facebook.

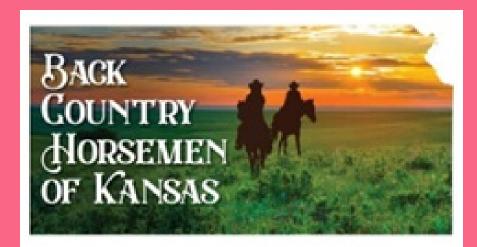
There are several Facebook pages set up to keep BCHKansas members and all equestrians up-to-date on activities on several of our public trails. Here's a list:

Back Country Horsemen of America Kansas Chapter
Sunflower Chapter of Back Country Horsemen of Kansas
Saddle Ridge Chapter of Back Country Horsemen of Kansas
Tuttle Creek Chapter of Back Country Horsemen of Kansas
Saddle Ridge Chapter
Big Hill Lake Riders
Friends of Randolph State Park
Friends of Rockhaven Park
Let's Ride—Perry Lake
Kanza Rail Trails Conservancy

Receive notifications of workdays or see reports on trails-maintenance or campground improvements. Join in on workdays whenever possible!

Follow the <u>www.bchkansas.com</u> website.

Encourage a new member to join BCHKS and be entered into an end-of-year drawing.



### Kansas Horse Council Rewards Programs



#### DILLONS COMMUNITY REWARDS PROGRAM:

• When you shop at Dillons and use your Rewards card, KHC will earn a percentage rebate based on your Dillon's purchases!

To link & register your rewards card click here: Dillons Rewards Link and log into your existing account. Search for Kansas Horse Council or enter our NPO number, KS920 and click Enroll. New users will need to create an account which requires some basic information, a valid email address and a \*Rewards Card. \*You must have a registered Dillons Food Stores rewards card account to link the Community Rewards program to Kansas Horse Council. (Cards are available for FREE at any Dillon's customer service desk.) SHOP: Purchases will not count towards rebates for KHC until you register your rewards card and link to Kansas Horse Council here: DILLONS REWARDS LINK Registered Rewards Cards must be swiped at checkout or use your phone number registered with your Rewards Card when shopping for purchases to count. This program does not affect your Fuel Points balance. Points will still accumulate for your personal use. Rebate program is based on purchases at Dillon's stores payable to Kansas Horse Council as a Non-Profit Organization. Thank you for your continued support to the voice of equine enthusiasts in Kansas!

# Funny February

My friend is half horse...

And always the centaur of attention.











Saddle up with
Kansas Horse
Council
Horsemanship
Rewards
members only
program! Earn
prizes for
spending time
with horses!

Be sure to renew your KHC membership for 2023 and pay your HRP renewal fee- \$15, to rollover your hours into the New Year!

Logs are submitted quarterly.

Saddle up, ride and earn rewards...it's a great way to start a NEW year!

For more details visit:

Horsemanship Rewards Info

Thanks to our <u>Friends of KHC Sponsors</u> below for their support of the HRP program!

KHC would like to thank you for sponsoring our HRP program!





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#### Learn About Kansas Horse Trails! RIDE Kansas!

Saddle Up and RIDE Kansas! Visit our Kansas Department of Wildlife and U.S. Corps. of Engineers equestrian facilities. Visiting and riding or camping shows support of our parks, and keeps them open for future use and possible funding of improvements. Always leave only hoofprints behind. Share our multi-use trails. Call before you haul if in doubt before your visit. KDWP State Parks info.

Do you have your copy

of our Equestrian
Trails in Kansas?
Copies are provided
FREE at all Kansas
Horse Council events,
or \$3 for s/h and
we'll mail you one.
These guides are also
available at all KDWP
offices.

Trail info is also available online here:

Public Trails in Kansas

Stay tuned for our updated trail book this spring!





Kansas equestrians deserve a big pat on the back for another impressive year of volunteer work on public trails! Our public land managers and other trail organizations continue to be impressed by the dedication of equestrians to taking care of the trails we love to ride.

BCHKS volunteers reported the following for 2021 - 3,783 hours, with a value of \$259,326 in labor and supplies.

Since BCHKS started keeping track in 2014, equestrian volunteers in Kansas have contributed - 23,000 hours, with a value of \$1,250,943 in

labor and supplies! We do make a difference!

# Happy Valentine's Day













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