

# SAINT JOSEPH CHURCH + YORKVILLE

February 11, 2024

Newsletter no. 204

This coming Wednesday, February 14<sup>th</sup>, is Ash Wednesday, which is the beginning of Lent. On Ash Wednesday, Masses will be celebrated at 7:00 am, 9:00 am (for our school, which everyone is welcome to attend), 12:15 pm and 6:00 pm. Ashes will be distributed only at Mass and not at any other time. Here are some other things to know about Lent at St. Joseph's Church:

1) Starting on Ash Wednesday and continuing until March 27<sup>th</sup>, the Wednesday of Holy Week, there will be an added Mass every weekday at 6:00 pm, so that there will be more opportunity for those who would like to attend Mass during Lent.

2) Every Friday of Lent the Stations of the Cross will be held after the 6:00 pm Mass.

3) Over the course of four Mondays of Lent I will give a series of talks on the Eucharist at 6:45 pm—in other words, a few minutes after the 6:00 pm Mass. The four Mondays are February 26<sup>th</sup>, March 4<sup>th</sup>, March 11<sup>th</sup> and March 18<sup>th</sup>, and the talks will touch on the Eucharist in the New Testament and the ancient Church, the theology of the Eucharist, eucharistic devotion, and other related topics. The talks will be given in church and will last about a half-hour each, with time for questions afterwards; of course they are free, and all are welcome.

4) Lent is a traditional time for providing financial support to the needy, otherwise known as almsgiving, and St. Joseph's has for years supported five charities during this season, thanks largely to contributions placed in our poor box in the back of the church. The five charities are a) Operation Rice Bowl, under the auspices of Catholic Relief Services; b) Bread for the World, a Christian group headquartered in the US which advocates for an end to world hunger; c) The Life Experience and Faith Sharing Association, which caters to homeless and formerly homeless people in East Harlem; d) Search and Care, and e) Health Advocates for Older People, both of which serve elderly people on the Upper East Side. (Health Advocates uses our parish hall, under the church, to run a chair yoga program on Saturdays at 11:00 am, after which they show a feature film.)

In addition, remember that Lent, apart from Sundays, is also a season during which restraint in terms of food and drink is emphasized. For persons between their 18<sup>th</sup> and 59<sup>th</sup> birthdays the Church recommends eating and drinking moderately during Lent, and even eating less than usual, or giving up certain things like sweets or alcohol. Apart from food and drink, one may certainly fast from other things as well, like parties and video games and television, to name a few. Also, Ash Wednesday and the Fridays of Lent, especially Good Friday, are days of abstinence, which means that meat dishes are not allowed on those days for persons over the age of fourteen.

Although the Sundays of Lent are referred to precisely as Lenten Sundays, they are not counted among the days of Lent, and so some of the rules that apply to Lent—like fasting and abstinence—don't apply to them. Sundays are always days of celebration, not of penance. A relief to those who take Lent seriously!

Father Boniface

PS For those who regret that Valentine's Day falls on Ash Wednesday, you should know that you can't spell *Valentine* without Lent!

## Mass intentions for the period from February 10<sup>th</sup> to 18<sup>th</sup>

### Saturday-Sunday, February 10<sup>th</sup>-11<sup>th</sup>

4:00 pm: John A. Martin (D)  
8:00 am: St. Joseph's Parishioners  
10:00 am: William Sams, Jr. (D)  
12:00 noon: Frank J. D'Anna (D)  
2:00 pm (Hungarian): Antal and Anna Csonka (D)  
6:00 pm: Katherine Folz (L)

### Monday, February 12<sup>th</sup>

7:00 am: Susan Gunn (D)  
12:15 pm: Erna Wallner (L)

### Tuesday, February 13<sup>th</sup>

7:00 am:  
12:15 pm: Louis Thomas (D)

### Ash Wednesday, February 14<sup>th</sup>

7:00 am:  
9:00 am (School Mass):  
12:15 pm: Living and Deceased Members of the Frazzetta and Canning Families  
6:00 pm:

### Thursday, February 15<sup>th</sup>

7:00 am:  
12:15 pm: Timothy and Shannon Canning (L)  
6:00 pm:

### Friday, February 16<sup>th</sup>

7:00 am:  
12:15 pm:  
6:00 pm:

### Saturday, February 17<sup>th</sup>

8:00 am:  
12:15 pm: Nora Hickey (D)  
4:00 pm: Howard Eckert (D)

### Sunday, February 18<sup>th</sup>

8:00 am: Michael Fitzmaurice (D)  
10:00 am: Colum O'Brien (D)  
12:00 noon: Ludwig Umscheid (D)  
2:00 pm (Hungarian): Franciska and Ferencz Harangozo (D)  
6:00 pm: St. Joseph's Parishioners