CLASS SCHEDULE

XEN PILATES STUDIO

	29/4/2024 Monday		30/4/2024 Tuesday		1/5/2024 Wednesday		2/5/2024 Thursday		3/5/2024 Friday		4/5/2024 Saturday	
8:00 am	**SEMI PRIVATE**		**SEMI PRIVATE**		**SEMI PRIVATE**		**SEMI PRIVATE**		**SEMI PRIVATE**	**SEMI PRIVATE**	**SEMI PRIVATE**	**REFORMER**
	Amelia		Amelia		Amelia		Nicky		Kerry	Amelia	Nicky	Amelia
9:00 am	**REFORMER**		**SEMI PRIVATE**		**REFORMER**		**SEMI PRIVATE**		**SEMI PRIVATE**	**SEMI PRIVATE**	**SEMI PRIVATE**	**REFORMER**
	Amelia		Amelia		Amelia		Nicky		Kerry	Amelia	Nicky	Amelia
10:00 am	**SEMI PRIVATE**		**SEMI PRIVATE**		**SEMI PRIVATE**		**SEMI PRIVATE**	**REFORMER**	**SEMI PRIVATE**	**REFORMER**	**SEMI PRIVATE**	**REFORMER**
	Amelia		Amelia		Amelia		Nicky	Caryn	Kerry	Amelia	Nicky	Amelia
11:00 am			**SEMI PRIVATE**				**SEMI PRIVATE**		**SEMI PRIVATE**		**SEMI PRIVATE**	
			Amelia				Nicky		Kerry		Nicky	
12:00 pm				**REFORMER (CORP)**				**PRIVATE**	**STRETCH CLASS**			
				Amelia				Caryn	Kerry			
1:00 pm												
2:00 pm			**SEMI PRIVATE**									
			Kerry									
3:00 pm			**STRONG BIONES & BALANCE**									
			Kerry									
4:00 pm		**REFORMER (CORP)**	**SEMI PRIVATE**				**SEMI PRIVATE**					
		Monika	Kerry				Maria					
5:00 pm	**SEMI PRIVATE**	**GROUP WUNDA CHAIR**	**SEMI PRIVATE**	**GROUP WUNDA CHAIR**			**SEMI PRIVATE**					
	Nicky	Monika	Kerry	Monika			Maria					
6:00 pm	**SEMI PRIVATE**		**SEMI PRIVATE**	**GROUP WUNDA CHAIR**			**SEMI PRIVATE**					
	Nicky		Kerry	Monika			Maria					
7:00 pm	**SEMI PRIVATE**											
	Nicky											