

Central Dauphin Rams Cheerleading

27th Annual Rams Spirit Cheerleading Competition

We would love to have you join us for our 27th Annual Rams Spirit Cheerleading Competition! The competition will be Saturday, November 4, 2023, at Central Dauphin High School in Harrisburg, **PA.** Bring your All Star, Rec, or High School team to compete on our spring floor in our air-conditioned, high school gym.

We understand it may be early in the season and we are happy to accommodate those teams that are not quite ready to put their full routine on the mat but want to run through as much as possible. Choose the "Exhibition" registration option and bring what you have. You'll still receive scores and feedback, and your team will get a chance to shake off the nerves in a friendly, supportive environment.

While you are here don't miss our wide assortment of vendor items and t-shirts, our well-stocked concession stands, and our free and plentiful parking. We have made enhancements this year to make your experience even more organized and enjoyable for this on-time event.

The registration details follow any questions regarding divisions/format/rules; please contact Coach Faith Myers (cdcheerfaith@gmail.com).

We hope you can join us, and we look forward to seeing you. We hope you and your team have a fun, safe, and successful season!

Carla Hagy President Central Dauphin Cheerleading Booster Association cdcheerbooster@gmail.com



Central Dauphin Rams Cheerleading

Saturday, November 4, 2023 Central Dauphin High School 437 Piketown Road Harrisburg, PA 17112

Team Registration:\$150 per team-first performance
(Early Bird pricing of \$125 per team if postmarked by October 2, 2023)
\$50 Game Day Add-On
\$75 Exhibition or Game Day ONLY

<u>Registration Deadline:</u> October 21, 2023: Payment can be made online at cdcheerleading.org and forms emailed to cdcheerbooster@gmail.com or make check payable to CD Cheer Booster Association and remit payment to P.O. Box 126503, Harrisburg, PA 17112.

All Stars: We will accommodate all levels and ages

Youth Recreational Teams:

Tiny Mini (8 years and younger) PeeWee (10 years and younger) Youth (12 years and younger) Junior (14 years and younger) Senior (high school age)

**If your rec team age breakdown differently than listed above, please let us know. We will do our best to accommodate traditional rec and performance rec division differences. Please provide as much detail as necessary about your team and we will break down divisions as appropriate.

School Divisions (Must cheer for the school you are representing):

Pixie

Jr. High/Freshman Junior Varsity Varsity (will split depending on registrations) Co-Ed

- All Stars will follow USASF rules. High School and Youth will follow USA Cheer/NFHS rules.
- Game Day and Exhibition is also available for squads to perform.
- Specialty Awards will be given to squads with exceptional performances in: DANCE, JUMPS, TUMBLING, STUNTS & PYRAMIDS, CHEER EXECUTION, CREATIVITY, and MOST SPIRIT (during the performance.)
- There will be a Jump-Off and Tumble-Off contest open to all registered participants at a cost of \$5.

Performance Format: Any combination of cheer and dance may be used in your routine. Time will begin with the first word, movement, or sound of your music. A three (3) minute time limit will be used. No penalty for routines under 3 minutes. Your squad may begin from any area of the mat. You may not begin your routine in a stunt or pyramid. You will be allowed to set up poms and signs prior to your routine. Please wait for your team's name to be announced before you begin. All decisions of the judges are final.

Order of performance is determined by order of registrations received. Sorry, no refunds.



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Saturday, November 4, 2023 Registration Form (one form per team please)

Name of School or Organization:	
Name of Head Coach:	Phone Number:
Email Address of Head Coach: (all correspondence will be sent to this email address)	
3)	an correspondence will be sent to this email address)
Name of Assistant Coaches:(2 coaches per squad will be admitted free, a	additional coaches will be admitted at the registration table at \$5 per coach)
Please Circle Specific Divisions	
EXHIBITION ONLY OPTION: YE	ES NO
GAME DAY ONLY OPTION: YES NO	
Recreational: Pixie Tiny Min	i PeeWee Youth Junior Senior Other:
Traditional (cheer section in routine): YES NO	
Performance (all music): YES NO	
High School: Junior High/Freshman Junior Varsity Varsity Co-ED	
Game Day Add On: YES NO	
All-Star: Tiny Mini Youth	Junior Senior Coed
Level: 1 2	3 4 5 6 Other:
Please submit current roster with ages/grades included.	
Name of Team (if other than school or organization:	
Team Colors:	
Additional information regarding your team:	